EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION -EDWARD R. MURROW

mmitsburg

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NEWS

Emmitsburg Considers Dog Park Park will give dog owners without a yard a place to play outside in safety

with their canine best friends. Page 2 Borough Building Bid Accepted

Desire expressed by residents to have a building that meets needs, not just wants. **Page 3**

Thurmont Unveils 2017 Budget

Commissioners balance income expenses without tax increases **Page 4**

Taneytown Art Scene Grows

The Red Door Boutique is the latest addition to Taneytown's growing arts and crafts scene. **Page 17**

COMMENTARY

Words From Winterbilt

The downside of solving social problems with laws is that the solutions often create even greater problems. **Page 12**

The American Mind

What happens when the will of the minority always takes precedence over the will of the majority? **Page 13**

ARTICLES

The Book of Days

An insight into the origin of the names of plants whose names involve reference to animals. **Page 11**

The Retired Ecologist

Everything in nature turns out to be connected when you begin to study it in detail. **Page 14**

In The Country

The annual arrival of the Barn Swallow marks the official start of summer – their return trip is truly remarkable. **Page 15**

Real Science

Fracking brings the promise of endless oil – but it comes with a terrible price. **Page 16**

It's carnival season!

Carnival season has officially started as Mother Seton School kicked off the carnival season May 23rd. Amanda Calis, Mother Seton School Staff member stated that "The Carnival is awesome. It brings together the community, and not just for the fun. The people that come out to volunteer and help us make it so successful, many of whom are alumni or parents of alumni that graduated years ago, really represent the spirit of Mother Seton School."

The carnival is not only a fundraiser for schools such as Mother Seton, but also serves as a fundraiser for other organizations that will use the proceeds to continue their work in the community. Volunteer fire companies around the country are heavily dependent on fund-raising as a means to supplement the often surprisingly low return on donation solicitation campaigns. The most heavily attended and generally most successful fire company-sponsored events are the "firemen's carnivals."

Wayne Powell of Emmitsburg's Vigilant Hose Company, the sole local fire company that does not host a carnival, said the reason was that in 1946, the VHC donated their carnival grounds to the town for use in creating businesses to employ the vast number of local veterans returning from WWII and unable to find employment. "As a result," said Powell, "the VHC is the only local company without a carnival ground, but that's a decision we never regretted."

Events like firemen's carnivals provide an important portion of the sponsoring fire department's annual budget. The proceeds from the carnivals ultimately go right back into the community through the services given by the companies. Len Bowers of the Harney Fire Company said their carnival is the largest fundraiser of the year, the proceeds of which are used to buy needed equipment.

According to Vaughn Zimmerman of the Walkersville Volunteer Fire Company, the profits from their Carnival also are used to purchase apparatus and equipment. "It now takes about six carnivals to buy a new fire engine pumper. This saves Frederick County from purchasing apparatus for us, saving the taxpayers money." said Zimmerman.

Local fire companies also benefit from the sense of community seen while working toward the same goal,

which is providing monies for the equipment to ensure that the volunteer firefighters can respond safely and adequately to emergency situations. Many of our local fire companies can attest to the sense of togetherness that is seen among volunteers and community members while organizing these events. Each year, the volunteers look forward to the challenges of putting on a carnival and are willing to donate their talents and efforts to make it a successful event.

But to rural localities, firemen's carnivals do more than just raise funds; they serve as a social gathering place for community members of all ages. According to Jerry Free of the Rocky Ridge Fire Company, firemen's carnivals: "brings people from all over together for a time of fellowship, in an old fashioned way." It is an opportunity to remind people why rural life is so much better then city life.

If you missed the Mother Seton School Carnival, don't fret; this



Few rides are more symbolic of a firemen's carnival than the Ferris Wheel; this one featured at the Taneytown Volunteer Fire Company's annual carnival, held June 13-18.

is just the beginning of carnival season. The Taneytown Fire Company will be hosting their carnival June 13th to the 18th; Harney Volunteer Fire Company's carnival will begin on June 27th and run until July 2nd; Walkersville will be putting their carnival on during the week of July 4; Thurmont's carnival festivities run in July; and lastly, Rocky Ridge Carnival rounds out the carnival season with their dates set for August 15th through the 20th.

Emergency responders in short supply

The urgent need for volunteers was the hot topic at the Fairfield Fire & EMS quarterly meeting. The Department is asking area municipalities for assistance and suggestions on how to solicit volunteers to support emergency response services.

Hamiltonban Township Solicitor, Matthew Battersby and Bruce Carr, Carroll Valley Borough Council member, brought up the topic of lack of volunteers at their respective council meetings. Battersby stated that the Fire Chief from the Fairfield Department, Bill Jacobs, and his son, Adam Jacobs will be absent for a period of eight months. Battersby noted that these two members respond to one third of emergency calls in Hamiltonban, Highland and Liberty Townships, as well as Carroll Valley and the Borough of Fairfield. Battersby also stated that southwest Adams County has the highest percentage of people over the age of 55 years as well as the highest percentage of the population traveling 2 hours outside the area for their jobs. The pool of volunteers to draw from in this area of Adams County is therefore limited. At the Hamiltonban Board of Supervisor's meeting, Fountaindale emergency responder, Sam Ginn, spoke about the need for surrounding municipality Fire Companies to come up with a solution. Ginn noted that the Fountaindale and Fairfield fire companies already draw from the same pool of emergency responders.

"Sometime in the future," said Ginn, "neighboring fire companies may have to consider collaborative efforts, including consolidation, in an effort to form fewer, larger depart-



.

Bart – A tribute to a beloved horse. **Page 18**

World War I

June 1916 – Jutland – the clash of imperial navies. **Page 26**

Cooking

A look at favorite summertime desserts made with strawberries and rhubarb. **Page 31**

Four Years At The Mount

This month our writers were to write about some of their favorite memories, summer plans, and thoughts on the months to come! **Page 34**

The Arts

A fond farewell to the Thurmont Thespians. **Page 39**

Complementary Corner

"Do you believe that you must be perfect?" If you answered "No," I don't fully believe you. **Page 42** ments thereby better utilizing both human and financial resources." He ended by stating that the need for volunteerism is dire.

Bill Jacobs, Fairfield Fire Department Chief, noted the decline in number of volunteers since he began his time with the department in 1996. "Within the past 20 years, the number of volunteers has dropped by half. Twenty years ago, the Fire Department was averaging 15-18 people per fire hall. The ambulance crew consisted of about 14 volunteers, and now there are only 7. There are also currently only about 8 volunteers per emergency call." Jacobs also mentioned that during every volunteer shift there are people who are dedicated to come in and volunteer. Unfortunately though, this number is dwindling.

If volunteer numbers do not increase both Ginn and Jacobs sus-



Neighboring fire companies may have to consider consolidation in an effort to better utilize both finances and human resources.

pect that departments will have to increase the number of paid staff, which would result in an increase in the local fire tax, which is minimal at the present time.

But the companies are not throwing in the towel yet on recruiting local volunteers. This year's Fairfield Fire Company and EMS Days drew in hundreds in spite of the rainy weather. The open house featured activities for the kids including fire truck and ambulance rides as well as programs for adults. Adams Regional EMS was on hand to provide information for potential volunteers.

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EMMITSBURG NEWS

Dog park in the works

Apotential dog park is in the early stages of discussion within the town. Drawings showing the potential location and appearance of the dog park were done by Jerry Muir, Emmitsburg's zoning technician, and were presented to the Council during the May 2nd Town Council meeting. Some members of the public voiced their concern for the proposed location, which was presented to be placed behind Southgate. The location causes some concern for families with children as well as the potential for high noise levels of the dogs disrupting people in their homes. Another concern with the location was the actual terrain, which is very wet most of the year as it sits at a lower ground level, in a "basin." Costs to build the dog park in this location would be higher due to the necessity of an upgrade to the terrain to allow for proper drainage of the area.

The dog park would be 150 feet by 100 feet and would be divided into two sections, one section for small dogs and one section for large dogs. The proposed fencing was only four feet high, but after voiced concern from the public and the Commissioners, it was agreed that six feet would be a better height. Further research will be conducted to verify proper dimensions.

As stated by President O'Donnell, "there is nothing set in stone yet, the Council has not voted on anything." The proposal of the dog park is in the early stages and other potential locations are being discussed. The only physical limitation hindering potential locations is the plan for a second water plant in the future. Council members discussed possibly placing the dog park behind the baseball field or further away from the homes.

O'Donnell also mentioned that there definitely is an interest

seen among citizens of Emmitsburg for a dog park located somewhere within town. Many people don't have a large back yard for their dog (s) to run around and blow off steam, and the idea of a dog park is seen as a good idea to some. Other Commissioners agree that there may be a need for a dog park, but the location needs to be discussed further. Vice President Sweeney also brought up the idea that having a dog park located in town could potentially be a "tourist attraction" as many people travel to different towns visiting dog parks with their dogs.

Commissioner Mellor wanted members involved with the project to present some additional options of other locations and would like to see further research done for ways to best use the available space. The idea of a dog park is viewed positively, as long as it can be done in such a way as not to bring discontent to the citizens and residents of neighboring homes.



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Senior Advisors:

Eric Glass, Taney Corporation Dan Reaver, Emmitsburg Glass Bo and Jean Cadle, Former Publishers of the Emmitsburg Dispatch Kathryn Franke, MSM Class of 2013, MBA Class of 2015

Executive Editor: Michael Hillman, editor@emmitsburg.com Managing Editor: Angela Smith, MSM Class of 2015, MBA Class of 2017 Assistant Editor: Lydia Olsen, MSM Class of 2016 English Editor: Julianna Mastromatteo, MSM Class of 2016 News Reporter: Danielle Ryan, PSU Class of 2015

Advertising: Sharon Graham, advertising@emmitsburg.com Graphic Design and layout: Brian Barth, timebombstudios.com Photographer: John Zuke

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2017 budget in the works

The Emmitsburg Board of Commissioners received the proposed 2017 budget at their May 16 special budget meeting, and will be composing a list of questions regarding the submission to be addressed by town staff before the June 6 meeting.

In presenting proposed 2017 budget to the board of commissioners, Mayor Briggs said the proposal represents a balanced budget with no tax increases. The proposal includes an additional \$20,000 to be allocated toward the Town square project. Cole Tabler, the Town's Financial Officer was present to review the budget with the Council. The general fund has increased approximately 4 percent in revenues from last year, roughly \$60,000. This increase is due to the Town's amount of state revenue for highway use that was received, which was presented at this meeting.

The real estate tax revenue is approximately the same as last year, 0.36 cents per \$100 assessed, so no tax increase is seen, as stated by Mayor Briggs. However, there is a state revenue increase seen, which is due to the one-time grant from the state highway fund for the state highway use tax. This increase is the only significant change seen in the 2017 revenue total. The total revenues seen for this year are approximately \$1.7 million, which is an increase from last year.

Tabler was pleased to announce that the town's workman's compensation rate and unemployment insurance taxes are both down, meaning town staff injuries and turnover have decreased significantly.

The proposed budget also in-

cludes a shift in salaries and benefits between different departments. This can be explained by the Town's prediction of allocation of time spent on different projects within the departments, and the need to distribute the pay roll appropriately.

In regards to the Water/Sewer budget, decreases in expenses are seen in the Water Department, and increases in expenses are seen in the Sewer Department, both in comparison to last year's budget. The increases seen in the Sewer Department have been attributed to the depreciation of the new wastewater treatment plant, and an increase in the electric required to operate the new system.

The board took no formal action at the meeting on the budget proposal. The final budget will be approved in June upon completion of pubic hearings.

Emmitsburg Area News Briefs. .

Nuisance Ordinance

The Citizen's Advisory Committee met the third Tuesday of April and discussed the Nuisance Ordinance. During the meeting, the Committee brought up some questions regarding the value of the ordinance. Ordinance seems unconstitutional to some. Some Committee members voiced their concern with the wording of the document, stating that there is too much vagueness of some of the wording. It was also mentioned that within the document, there is too much penalty for landlords. A majority of members was not seen at the meeting and therefore a quorum was not met, hindering the ability to vote on the matter officially. Commissioner Joe Ritz brought the discussed points back to the Council. The topic of the Ordinance will be brought up again during the June Town Council meeting in August, after the next Citizen's Advisory Committee meeting in July. the Scott Road Farm Barn. Muir visited the location and spoke about the lack of safety seen within the structure, stating that it is a liability. A request for proposal to demolish the Barn and re-build a sloping, standing seam roof over the cattle shed underneath the barn was presented. Three contractors were present on the site and

main beam needs to be replaced. The electric service needs to be moved outside the barn in order to tear the barn down. Additional water access, in addition to the well already present, will also be installed for use by boy scouts and cub scouts. Muir believes that this stabilization and replacement of the core of the structure is a main contributing factor to the high cost estimate. This project will be accounted for in the new budget. The contract was accepted by the Council with a 4 to 1 vote.

Firstly, why is there a need for the Nuisance Ordinance? If there is a problem with a neighbor, the individual can bring the issue up with said neighbor or contact law enforcement. The idea of a Nuisance

Scott Road Farm Barn Demolition

Zoning technician Jerry Muir attended the May 2nd Town Council meeting and discussed two of them presented a bid. The lowest bid of \$36,255 was presented to the Council. Some stabilization of the walls of the building needs to be done, and a





FAIRFIELD/CARROLL VALLEY NEWS

Tempers flare over proposed Borough building

Residents arrived in droves at the May 10th Carroll Valley Borough Council meeting, likely prompted by the receipt of an anonymous red mailer, which Borough officials state they believe was mailed to all Carroll Valley residents. The mailer depicted the project as government overreach and fiscal irresponsibility. The mailer gave the impression that the project would "raise taxes and was unnecessary."

Prompted by this mailer, residents hoping to voice their concerns regarding this notice and the proposed new Borough building arrived at the meeting, which was set to begin at 7 pm, but began late due to the massive turnout of citizens. With every seat in the council hearing room filled, residents lined up along the perimeter of the room, sat on the floor and even stood outside both doors, all hoping to hear the Council's decision on the building.

Some residents mentioned their concern with neglect to the current borough building, stating that if the necessary maintenance had been done to the building, there would be no need for a brand new building. Council Member Ken Lundberg stated that: "the building is in poor shape; there is inadequate ventilation, black mold is in the walls, and because poor initial construction (especially to the foundation) renovation was just not an option. Demolition was the only real answer."

Residents Tom Wolf and Richard Matthews both spoke out about the "need for a new building, not a Taj Mahal" and their belief that we "need to build a building that meets our needs, not our wants." Some residents expressed concern that the Council is considering too many unnecessary amenities for the new building including the meeting room, holding cell for the police station and even the relocation of the Fairfield branch library.

Residents also expressed concerned that due to the non-guarantee of the receipt of a grant for this project, the possibility of a tax hike to cover the cost of the building is very high. David Hazlett, the Borough Manager, however noted that the current Borough budget anticipated this project in order to afford it without increasing the taxes. The need for a tax increase according to Hazlett is not foreseen in the future as the Borough has been saving money to fund this project for the past ten years.

Questions concerning the consideration of cost overrun of the project were also brought up. Residents wanted to know if there was a contingency plan set aside. Once again, Hazlett answered by stating that the Borough has budgeted for a possible 15% cost overrun.

Once all questions were answered to the satisfaction of the residents, the public comment section ended and a brief break was taken. A majority of the attendees left, satisfied with the answers given during the meeting. Several residents even spoke out about the mailer being misleading, and extended their thanks to Borough staff members for answering their questions.

There were several alternates within the project that were brought up by citizens and were discussed by the Borough Manager, David Hazlett, and the Council members. The Council chose to reject the projected \$65,000 monument sign (with electronic compo-

nent), LED stair railing lighting. The Council accepted the alternate to replace all fluorescent light fixtures with LED lighting, which will be done at no additional cost by Lobar Associates as included in their bid. The remaining alternate concerning the stone in the lobby has been postponed, as the Council may return to this option at a later date as the project unfolds.

The Borough building was put out to bid in late March for a period of five and a half weeks, and six bids were received on April 28. Benedict Dubbs, the architect from Murray Associates who is designing the building, was present and spoke in regards to the bids received for the project. Out of the six bids received, Lobar Associates Inc. presented the lowest bid in the amount of \$3.599 million.

The Council voted 5-2 to accept the bid by Lobar Associates while selectively accepting and rejecting aforementioned alternates.

Liberty Township house numbering ordinance

John C. Bostek Liberty Township Supervisor

ne of the duties of a township supervisor is to provide the means to secure health, safety and well-being for the township citizens. These duties include Police and Fire Department protection, utility planning, building code enforcement, highway construction/maintenance/snow removal, and trash collection contracts. The enforcement of these duties places a certain amount of responsibility with each citizen as well. When providing Police or Fire Department protection few things

are more beneficial than clearly identifying each house or business with its address number.

In November 1991 the Liberty Township board of Supervisors passed Ordinance number 1-91 which basically required all residents to number their house or place of business. The Ordinance required the house or business number to be placed in a "conspicuous place," preferably above or on either side of the main entrance or on a sign post mounted in front of the structure or on both sides

The numbers are to be three inches in height, although four inch numbers are even better. Numbers should contrast with surrounding color, be painted, or made of metal or other durable material, and be placed in full view from the opposite side of the street. When there are multiple mailboxes, both mailbox and building should be numbered accordingly. Do not let your number get covered by vegetation or holiday decorations!

Much has changed since 1991. In years past most homes were built along or very near to the main roads. Today there are more homes in our township and many are located on panhandle lots, cul-de-sacs and private lanes, and may not be visible from the main roads. While Ordinance 1-91 describes a system of identification for the majority of addresses in our township, it requires some personal ingenuity on the part of some residents to cover the special circumstances.

If you live on the type of lot described in this paragraph you may need to look at your individual home identification from the perspective of a emergency responder not familiar with the area and attempting a first response during periods of bad weather and poor visibility. I recommend the use of commercially available signs which combine reflective finish and durable, weather resistant materials, even though Ordinance 1-91 does not specify that type.

The type of sign I am referring to is available at many stores. If you would prefer supporting your local Fire Department and getting help deciding where to locate your reflective sign at the same time, contact the Fairfield or Fountaindale Fire Departments. In a recent mailing they are advertising the signs for \$15 each with installation available!

Remember, house numbers shorten response time when lives are at stake!

Hamiltonban Township News Briefs.

On-lot Sewage Disposal Facilities

At the May 3rd Board of Supervisors meeting, Ordinance 2016-02: Governing Municipal Management of On-lot Sewage Disposal Facilities was passed unanimously. This ordinance applies to all who own any property that is serviced by an on-lot sewage disposal system and to all of those who are installing or rehabilitating onlot sewage disposal systems.

The purpose of Ordinance 2016-2 is to "provide for the regulation, inspection, maintenance and rehabilitation of on-lot sewage disposal systems; to further permit intervention in situations which may constitute a public nuisance or hazard to the public health; and to establish penalties and appeal procedures necessary for the proper administration of a sewage management program." Adoption of this ordinance was mandated by the Department of Energy, and notices will be sent to all residents regarding this adoption on July 1st.

ects. The total, which included oil and chip treatment, bituminous seal, scratch and leveling course and wearing course as well as the equipment and labor involved, was \$179,381. The Board accepted this bid while reserving the right to limit the scope of work.

New Enterprise Stone & Lime Co. was the single bid received for aggregate and Superpave. The total cost for the project was 1.2 million. This includes the cost of Superpave and all associated materials involved as well as delivery of said materials to the site. The Board accepted this bid unanimously.

Reamer spoke about this decision. The plant in Hamiltonban Township was over 40 years old and the DEP regulations have increased over those 40 years. The plant was not designed to handle the treatment to today's standards and was placed under COA (Consent Order of Agreement) to bring the treatment method of wastewater up to date. This COA meant that substantial changes would have to be made to the existing plant or an entirely new plant would have (Orrtanna) Treatment Plant and the Franklin Township Treatment Plant with the plan to build a line to Franklin from Orrtanna to service Hamiltonban customers' needs. Hamiltonban residents have experienced no problems with the transition and their rates have remained



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the same. The Board of Supervisors believes this has worked out well for all concerned.

In further news, Chairman Gordon mentioned that the Old Getty Station located next to the Mini Market on Fairfield Road is in the early stages of being converted to a car wash. No further information is known at this time.



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Summer Road Project bids accepted

The Board of Supervisors opened the bids that were received for the summer road projects and for aggregate and Superpave. One summer road project bid was received by Hammaker East for the four summer proj-

Hamiltonban out

of waste water business

Roadmaster John Harbaugh announced at the May 3rd Board of Supervisor's meeting that Hamiltonban Township is no longer in the wastewater business. Supervisor Coleen

to be constructed. Neither option was cost effective, especially given the small number of residents/businesses connected to that line. Billing rates would most likely have doubled, so the Township decided to seek a private provider that would purchase the system and incorporate the residents affected into their customer base. Pennsylvania American Water Corporation was interested in purchasing both the Hamiltonban

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THURMONT NEWS Thurmont unveils 2017 budget

The Thurmont Board of Commissioners received a proposed budget for the 2017 fiscal year at the May 3rd Town meeting. Randy Eyler, Wastewater Department Superintendent, and Linda Joyce, the Chief Financial Officer, were both present at the meeting and presented the Council with the Sewer Enterprise Fund and the remaining part of the General Fund for the 2017 budget.

There was a discussion regarding the Fund Balance among the Commissioners. Commissioner Burns stated that adding the Fund Balance to the operating budget is an unrealistic, unsustainable way to use the fund. Both Burns and Commissioner Hamrick believed that the money should be allocated toward a Capital Budget or it should be saved/set aside for a "rainy day fund." Last fiscal year, it was decided that there would be a 50/50 split. 50% would be used for the fund balance and 50% would be brought forward. By the end, majority voted that the Fund Balance would be placed into the Capital Funds Budget.

Last year, the Sewer Service fees/ Sewer tax was budgeted at \$1,590,000. This year, the amount received totals \$1,185,809. Based on the actual year to date total of \$1,575,136, the amount comparison from last year was lowered by \$25,000 from last year's budgeted total.

The total expenditures equaled \$1,181,578. This included the cost of salaries, which have not changed, supplies and operating materials, electric, vehicle repair, sledge hauling, training/ education and general operating funds.

Total Revenue is \$1,728,180, and the Revenue over Expenditures be-

fore Capital Expenditures is \$546,602. Both the values of expenditures and revenues will change as the Fund Balance is moved to the Capital Fund.

The capital investments for the Wastewater Department totals \$306,725. Capital improvements presented included a new machine to help with the wear and tear seen on sludge pumps, thereby providing a longer life-time for the pumps, a new garage bay for the trucks, a new snow blower, a complete change to Ethernet including touch ups to the whole program, repairs to trucks and sewer line rehabilitation.

During the second part of the meeting, the general fund budget was discussed. Real estate taxes, presented as a constant yield this year is 0.2931 cents per \$100 assessed value. Assessments were presented to have increased a small amount from last year, total-

Thurmont Business Showcase

The Thurmont Business Showcase has been rescheduled for Saturday, October 15 from 11am-3pm. The Showcase will be held at the Thurmont American Legion Post 168 located at 8 Park Lane. If you are interested in participating in the Showcase you may pick up an application at the town office, or you may download an application at thurmontmainstreet.com under the Visit Thurmont



tab, and then go to events, or contact Vickie Grinder at vgrinder@thurmontstaff. com.

fund balance (\$4,025,799).

The expenses included an additional \$15,000 for a potential part time position office accountant who would be responsible for updating the system. This potential position could reduce the auditor fees significantly.

Thurmont Area News-Briefs. .

Roddy Bridge damaged again!

The covered bridge on Roddy Road was closed for a few days, while repairs were made after an oversize box truck attempted to cross the bridge on May 18th. The top of the truck, which was traveling south on Roddy Road, plowed into the top of the bridge. The truck became stuck under two of the roof's support beams. Portions of the top of the bridge had to be cut away to allow the truck to be extracted.

No word was available as to what part of "a 10-foot truck can't make it through an 8-foot 6-inch clearance" the stupid driver didn't understand.

Thurmont Main Street Farmers' Market returns

The Thurmont Main Street Farmers Market will open Saturday June 4, from 9 - noon at Thurmont Municipal Parking Lot on South Center Street behind the old PNC Bank. The farmers market occurs every Saturday, rain or shine, and will run through September 24.

This year the farmer's market will feature the Thurmont Green Team, a team of dedicated volunteers that has been working hard on obtaining the Sustainable Maryland Community certification. The Green Team will be promoting a plant swap this year by offering residents an option of 3 varieties of tree samplings native to the Thurmont Catoctin area: red bud, locust and tulip.

The vendors this year offer a wide range of locally grown produce and fruit as well as an assortment of fresh baked goods. Come out and support your local growers!

ing \$1,492,227. This year, the person-

al property tax was budgeted separate-

ly, as it is seen as a separate entity from

real estate taxes. The total is \$105,000.

The income tax is totaled at \$640,000,

and the total revenue is budgeted at

\$67,300 with use of 50 percent of the

Town replaces trucks

Commissioners voted to purchase a 2017 Ford dump truck from Hagerstown Ford in the amount of \$102,319. The truck and will have a ten-foot snow plow attachment, stainless steel bed and safety warning lights. The town commissioners were told that the replacement was necessary because the current truck, purchased in 2000, has a large amount of corrosion on the chassis and the body.

The funding for this purchase has been escrowed in the budget cycles over the past few years in anticipation of the need to replace the truck.



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The current amount funded through the Escrow account is \$99,000, which means that only an additional \$3,319 is needed to purchase the truck. Commissioner Burns motioned to take the \$3,319 out of the General Fund. The vote was carried unanimously.

The Town council also approved the replacement of the town's 1997 era pole truck. A bid from National Joint Powers Alliance for a 2016 freightliner chassis, priced at \$208,749, was brought to the Board. The new truck will have a service bucket so it could be used as a third bucket truck if needed. Delivery was promised within 90 days of purchase.

Funding for the truck is available through the Electric Department Loan. There is approximately \$1.2 million of the \$2 million loan left, some of which was used to purchase the truck.

The new truck will accommodate the replacement of poles throughout the town, having the capability to set 55 foot poles. The current truck is a smaller version of the new Derrick truck and is unable to safely set poles any larger than 40 feet, which is becoming an issue as there are numerous 50 foot poles currently located in town.

Town to seek

sustainable certification

The town council has agreed to seek a Sustainable Maryland Certification. In order to obtain this certification, the Town must come up with a green purchasing policy. Chief Administrative Officer Jim Humerick researched different policies currently in place within other municipalities and reviewed the template provided by the University of Maryland. The purpose of this policy is to "ensure that the Town recognizes its responsibility to minimize the negative impacts on human health and the environment while supporting a diverse and vibrant community and economy." This policy also ensures that the materials and products purchased by the Town adhere to a certain level of sustainability in regards to environmental and economic standards. Humerick settled on a Sustainability Procurement policy based off of the one used in the Town of Boonsboro, which has been successful thus far for their Town.



100 YEARS AGO THIS MONTH

June 1916

June 2

Col. John Mosby Dead

Col. John Mosby, the noted Confederate Gen. and Commander of Mosby's Rangers in the Civil War, who after that conflict became a warm personal and political friend of President Grant and served under Grant as the American Council at Hong Kong, died Tuesday morning after a month's illness. He was 81 years old. He was a graduate of the University of Virginia and in addition to being an author, he was also known as a Greek scholar. The many friends of Col. Mosby will remember his frequent visits to Emmitsburg. His daughters graduated from St. Joseph's College, of this place.

Automobile Accidents

On Tuesday, Decoration Day, there were several automobile accidents near Emmitsburg. Bernard Henshaw, a motorcyclist, was hurled over the radiator, breaking the windshield of a Ford automobile, belonging to Morris Gillelan, in a headon collision and badly cut and bruised his face and head. The accident happened on the state road almost in front of St. Joseph's College. Henshaw was going towards Emmitsburg on his way to Gettysburg and Mr. Gillelan was headed towards Thurmont. It is said that Mr. Gillelan was driving along the right side of the road, but as he approached the motorcyclist he turned to the left and then back to the right side. Henshaw was also approaching on the right-hand side and said he started to cross the road when the automobile driver also changed his course and the machines met in the middle of the road. Henshaw's machine was almost wrecked. One of the fenders and the front of the automobile was slightly damaged.

Tuesday night, a horse attached to a buggy driven by John Eyler, of near Emmitsburg, became frightened by the light of an approaching automobile and ran into a team driven by Mr. Harbaugh on the Waynesboro Pike about 2 miles from Emmitsburg. The Harbaugh team was in front and as the other team passed, the wheels locked. Fortunately, none of the occupants nor their horses were hurt.

Frederick County held a rally on the Square calling for sale of liquor to be banned in Frederick County. At the conclusion of the rally, members sang Prohibitionist songs off-key while tossing pennies into the fountain in the forlorn hope of making their wish come true.

Fountain Saves Boozer

Mead Mort, a member of the Former-Former Boozers Association narrowly escaped being burned Thursday night while trying to retrieve the pennies thrown into the Fountain by the Prohibitionist earlier that day. A thoroughly inebriate Mort grew frustrated when the matches he was using to spot the pennies went out when he placed then under the water to get a better view of the bottom of the fountain. In frustration, Mort made a torch out of straw, but the fire quickly grew out of control and Mort was only saved when he fell into the fountain, extinguishing the flame - but not before the light revealed 5 pennies - sufficient for a round in the Hotel Slagel's bar.

Blacksmith Commits Suicide

Desponded because of poor health, James Boyer, a well-known blacksmith near Bridgeport, swallowed the contents of a bottle of carbonic acid at his home Monday afternoon and died half an hour afterwards. Justice of the Peace Cashhour, acting as coroner, found that Mr. Boyer's death was due to poisoning, self-inflicted, and deemed an inquest unnecessary.

June 16

Recluse Accidentally Shot

John Jones, age 49 years, died Monday from the effects of a gunshot wound to his right leg. He lived alone on the mountain, and fearing someone would rob him, loaded a single barreled shotgun, set the hammer, and put it at the head of the steps of the second floor. Monday morning he got up to go downstairs and upset the gun, which went off, the load shattering his kneecap. He lay on the floor for five hours until his cries were heard by a farmer who summoned medical aid. The doctors placed Jones

People's Garage

Nearly Completed

Work on the home of the People's Garage Company on Frederick Street is nearly completed and the company expects to move into their new headquarters the latter part of this week. The structure is thoroughly modern in every way and is built of brick with metal window frames and wire glass, making it entirely fireproof. A large, plain, and very effective sign has been erected in the center of the building over the past few days which adds much to the dignity and appearance of the whole structure.

Frederick-Emmitsburg Road

Word has been received that work will soon begin on rebuilding and resurfacing the state road between Thurmont and Emmitsburg. The results of which will make the state road from Frederick through Thurmont and Emmitsburg to the Pennsylvania state line, one of the best in the county. This section has been the one broken link in the state road system for Frederick County. The news of the State Road Commission plans to begin work will be welcomed by the vast number of auto car users who use this highway.

June 23

Horse Deaths

Saturday evening a horse belonging to Mr. Oliver Koontz, of near Emmitsburg, became sick on Main Street and was taken to the stable of Mr. Frizell. Dr. Brokow was summoned and administered his patented colic elixir. When the horse failed to respond, he shot it.

Three Hurt In Runaway

Several automobile parties made narrow escapes from being run down Sunday afternoon, when the mare of Lewis Martz of Lewistown, attached to a buggy, became frightened and made a mad dash up the state road with Martz hanging onto the reins and two girls sitting in the buggy. The flight of the animal was checked for a few seconds when the buggy, which swung from one side of the road to the other, crashed into an automobile, throwing the two girls from the buggy. Martz was dragged for at least 200 yards and was badly cut and bruised. The two girls were going to a church service when they stopped Martz and asked him to drive them there. He



Drink the Cause of Poverty?

F all the beer saloons were closed and all the men total abstainers, the pall of poverty still would hang over the home of many workingmen because of their enforced idleness at times and the inadequate wages paid for their labor. Intem-perance, as it exists among the poor, is more truly the result of poverty than the cause.

The only way to have a temperate people is to strike at the root of the evil which causes inebriety. Poverty, many hours of labor, nerve-strain, anxiety from the insecurity of their jobs remove all these and in a short time drunkeness would indeed be rare.

Those men who are steadily em-ployed at a living wage do not jeop-ardize that employment. They drink moderately of beer and are physical and mental exponents of true temperance. -Advertisement

knew his horse was skittish, and went to the head of the animal and held her until the girls climbed in. It was then that it started its mad dash. Martz said later that had he been driving his trusty gelding, as apposed to a stupid mare, the accident would never have happened.

June 30

Motorcycle Falls On Boy

Thursday evening around six o'clock Joseph Hopp was painfully injured when a heavy motorcycle fell on him. The machine, one of a number parked on the Square, belonged to a party of tourists passing through Emmitsburg. The lad stepped on the pedal or touched the handle bar in such a manner that the machine fell on him. The boy's cries attracted a number of persons. First aid was given at the Progressive Pharmacy and Dr. Stone was summoned, who removed the boy to his home. The injuries are not thought to be serious.

No Fireworks

Notice is hereby given that ordinance #137 makes it unlawful for anyone to

cast, throw, or discharge any firecracker, canning cracker, or other explosive in or upon any street, alley or public place in town. It is suggested that those who desire to set off fireworks gain permission from the Vigilant Hose Company to use their grounds for that purpose.

Barn Burns After Lightning strike

Fire by lightning during the severe storm on Tuesday evening destroyed the barn on the farm of John Harman, known as the Old Hockensmith Farm, situated about 3 1/2 miles from Emmitsburg, tenanted by Charles Ohler. Through the efforts of neighbors who assisted him, Mr. Ohler was able to save all the outbuildings. 10 loads of hay were burned with the barn together with one wagon, a quantity of harnesses and a number of farming implements. All the cattle that were in the building were rescued. The loss is estimated at about \$2,000.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

Prohibitionist Rally

June 9

in an automobile to take him to Bal-On Thursday afternoon, local memtimore, but he died on the way from bers of the United Dry Forces of loss of blood.

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FROM THE DESK OF ... County Councilman Kirby Delauter

Tthink our County Executive I Jan Gardner has forgotten who pays the bills in Frederick County. Recently there has been all out assault on business in this County. My emails overflow with pleas from local businesses that are questioning themselves everyday as to why they continue to employ people in, and do business in, Frederick County? Let me run through just a few examples of the insanity and then you can ask yourself, if you were going to take on the risk of owning a business, would you do so in Frederick County knowing the attitude toward you would be negative.

Example number one: J&J trash service. A local trash hauler that has had a large segment of their trash business banned from hauling into the County landfill. J&J has a large contract with a firm in Frederick that receives used government surplus furniture, dismantles it, reuses what they can, recycles what they can and scraps the remainder. The scraps are placed in a dumpster on their site, picked up by J&J trash, and hauled to the Frederick County landfill. Recently they were told by the county that they could no longer haul this material to the landfill transfer station because it is "out of county trash". Now, before I go into the insanity of this decision, here is the County Code on trash disposal: "...only refuse which is collected within the confines of Frederick County shall be eligible for disposal in county..."

The County staff argument is that this material is brought from out of county, to this business' location in Frederick, so they consider that, "out of county" refuse. J&J is in a bind, they have a contract to remove the refuse from this business that is located within the county, but being denied access to the landfill in Frederick County. At \$1,000 a load, the county is foregoing hundreds of thousands of dollars over something they are clearly incorrect according to their own code.

Example Number two: Shade Trees and Evergreens. Recently a top Maryland wedding venue Shade Trees and Evergreens was forced to close because of an issue with permitting and zoning. They transitioned into a wedding venue on their farm ten years ago when a downturn in the economy took a hold in Frederick County and made doing business here as a landscape company nearly impossible. In the transition for survival, Shade Trees started a wedding venue on their farm, hosting weddings for those wanting to tie the knot. Over the last ten years, they built this business and became one of the best venues in Maryland, booking hundreds of weddings annually, employing people and paying taxes on the land.

Recently it was found out by the county that Shade Trees was not within the proper zoning, and did not have the proper permits to operate this venue. Yes, ten years after the fact the long arm of regulation caught up to them. The County shut the business down costing hundreds of couples unneeded stress, and also hundreds of jobs, not to mention the lawsuits that will follow. Now you can say, Delauter, you know damn well Shade Trees knew they were operating illegally and it's their fault! I could say that but I know all too well being in business in Frederick County for 30 years how many times the county has showed up on our jobs and stated the rules have changed without notice. That's right, they change county code, no notification to business owners affected, just do as we say, and get over it. Oh, and pay a fee of course.

So I can see where over the years a business could have gone under the radar and with the myriad of regulations these days overlook something. In this case, I think the County Executive should have issued an Executive Order to let the business finish out this year, and in the meantime have county staff work with them to bring them into compliance. This would have not caused them harm while allowing them to get their affairs in order.

An Executive Order you say, Delauter, that's going a bit too far isn't it? Not really, it only

took her one-day after the Ethics Commission issued a favorable opinion on my local business, for County Executive Gardner to overturn that opinion by Executive Order. My point is, the County Executive Gardner will use Executive Orders to hurt business and target those she doesn't agree with, and she will not use Executive Orders to hurt business and target those she disagrees with. I've just given you two of many examples as to why Jan Gardner is bad for business in Frederick County. While she is on track to spend \$70M -\$100 Million more of your tax money in her four year term as Executive, she is also killing the businesses that produce the revenues she spends like water through a fire hose.

This is not a good combination and simple math will tell you this is why I am seriously considering a run for County Executive in 2018. We need business people involved in politics at all levels. You're seeing it on the National level and you will be seeing it on the local level simply because we are running out of other people's money.

A recipe for redistricting

Justin M. Kiska

Have you ever looked at the Maryland congressional districts, or those of the General Assembly? I don't mean looking on your voter registration card or typing in your address on the Board of Election's website to see which district you are in. I literally mean, have you ever looked at a map of the election districts? Did you ever wonder why they look like strange ameba-like creatures devouring the state?

There was a time, not all that

long ago, that the county lines had a lot to do with the district boundaries. Population, naturally, plays a part as well, and districts CAN-NOT be draw along racial or ethnic lines. But there is nothing that says they cannot be drawn along political ones. In fact, that's pretty much how every state determines election districts. Whichever party is in control of the state capital wins the prize. They get to draw the election map in a way to try and help them remain in power for as long as possible.

It's been going on for as long as anyone can remember.

Zurgable Brothers

In Maryland, with the majority of both the State Senate and House of Delegates firmly under the control of the Democrats, it's no surprise that the districts would tent to favor Democratic candidates. I'm not saying if the Republicans were in power they would do any different. But during the last redistricting, under former Governor Martin O'Malley, the Democrats didn't even try and hide the fact they were gerrymandering the election districts. Everyone knows it's done, but you shouldn't look like that's what you're doing. It seems though, that the governor and Democratic powers that be in Annapolis just didn't care.

That is why today Frederick County has been divided up in the most ridiculous fashion, allowing the same congressperson who represents Silver Spring and Takoma Park to represent Walkersville and Emmitsburg, while allowing the same congressperson who represents Gaithersburg and Germantown to represent Hagerstown and Cumberland. When the lines were drawn the last time around, the Democrats wanted to make sure this area was no longer represented by a Republican in Congress. That's exactly what happened.

Again, that's not to say that Republican controlled legislatures around the country haven't done the same thing to Democrats.

Let me ask the question: Is this right?

I hope the majority of people would say it's not. This is just one of the many, many, many reasons our country is being torn apart by politics. It's become a game of one-upmanship. How is this good for anyone?

The answer . . . it isn't.

Earlier this year, Governor Hogan, our state's extremely popular chief executive, proposed the idea of allowing a non-partisan commission to draw the election districts. Talk about a novel idea. The fact is, out of the fifty states, only six use a non-partisan group to create their election maps. The rest do it the old fashioned way, gerrymandering. When the governor proposed the idea of a non-partisan board, it was

very clear, very quickly that the residents of Maryland supported the idea. The leaders in Annapolis, specifically Speaker Busch and Senate President Miller, started out as hesitant of the idea before completely opposing it. They don't want to give up valuable Democratic congressional seats. Someone suggested that Maryland should reform the redistricting system if a Republican leaning state did the same, thereby basically cancelling each other out.

This is how our elected leaders are thinking.

There was also the idea of a regional plan for redistricting so Maryland wouldn't be alone in doing so. Why can't Maryland take the lead on this? Why do the Democrats just want to go along if others do?



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We also do: Lookouts ~ Motorcycle Transports ~ Farm Equipment *I Move Anything I Can Haul* Call us for our competitive rates and reliable service 443-289-5583 410-259-7340 The cry we're hearing more and more from both sides is that the people want to have their say. So why not let them. Allow a non-partisan committee to draw the lines, not starting out by giving the advantage to a Democrat or a Republican, and let the best person win. Shouldn't we want to have elected officials that can bring people from all sides together? Doesn't that make them the best for the job?

I applaud Governor Hogan for trying to take the lead on this and I hope he continues to fight for redistricting reform. It may not sound like the "sexiest" issue to talk about, but it is one that is more important than most people realize.

GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardner

There is a lot of good news to share in Frederick County! The County budget was passed by the County Council providing support for our schools, our Sheriff's deputies and firefighters and many other important services – all while maintaining the same tax rates and living within our means. The economy is booming with almost 3,200 new jobs added in 2015 across a wide variety of industry sectors.

Citizens – Montevue Settlement

I am very pleased to share that Frederick County has signed agreements with Aurora Holdings VII, LLC, to retain the Citizens Care and Rehabilitation Center and Montevue Assisted Living facilities. The county will continue its longstanding mission to take care of its own, honor the 1828 deed on the property and keep the promise to seniors.

Citizens and Montevue have always represented something good and special in our community. I am proud that we will continue this tradition. These agreements replace a bad financial deal with one that saves taxpayers money, retains an important asset and is a good financial settlement for the county. On top of that, no new money is required, as the funding is already included in the budget.

The settlement ends all of the outstanding lawsuits and other pending legal issues between Aurora Holdings, the citizen plaintiffs known as Save Citizens and Montevue and the county. Many of these lawsuits were inherited from the prior administration. Residents in the assisted living facility will continue to receive care for as long as they need it.

Aurora has guaranteed annual profits of at least \$2.5 million to the county while it continues to manage the facility for the next 18 months. Aurora will be paid a below-market management fee of 4.5 percent of gross revenues under the management agreement. Should Aurora fail to provide the county with at least \$2.5 million each year in profits, the county may terminate the management agreement. This agreement demonstrates that this operating model can be financially sustainable as we continue to take care of our seniors in need.

The county's settlement will cost taxpayers half as much as it would have cost to continue down the path to sell the Citizens-Montevue facilities to Aurora. All monies needed for settlement are already in the county budget so no dollars are needed. The county would have had to pay an additional \$15.4 million to close on the sale had the sale proceeded because the last Board of County Commissioners agreed to sell these facilities at a financial loss and the proceeds from the sale would not cover the cost of the mortgage.

These agreements ensure a continuity of care for the residents as well as a stable working environment for the facilities' many employees. I also appointed an advisory board to work with county staff to evaluate and recommend long-term operating options and best practices. At the end of the day, it is all about taking care of people – our seniors who need assisted living or nursing home care and the employees who provide that care.

Livable Frederick

Help shape our future! I recently kicked off a new, exciting, and dynamic long-term planning initiative called Livable Frederick. The objective is to create a vision for what we want Frederick County to look like in 20 years and beyond. The public outreach process includes a survey tool to encourage residents to share their vision and ideas for how they want to live and work in the future. We want you to inspire and inform what Frederick County can become in the future.

It only takes a few minutes to complete our survey at www.livablefrederick.org. Please participate and help to shape the future of Frederick County.

Constituent Services

County government provides important services to Frederick County residents. People depend our on our roads and bridges to get to work, school, and daily activities; enjoy our libraries and our parks; feel safe due to the excellent service of our public safety professionals; and take advantage of many other services ranging from the health services, to aging, to animal control, and transit.

An important part of providing effective and efficient services is to make sure we provide good constituent service when people need help or have a problem that needs to be solved. Serving people is what Frederick County Government does best. Every day, employees help our citizens and businesses. With over 245,000 residents and 6,300-plus businesses, it is not unusual to hear from people who need additional assistance or who are concerned about a specific topic.

With the change to charter government and the responsibility for management of the county resting with the County Executive, it was important that we develop a system to handle constituent services so people would get the help and answers they need. Often citizens contact the County Executive and the County Council with issues. To make sure we had a streamlined process, County Council staff and the Administration's staff met to develop a collaborative process for addressing citizen concerns. The County Council agreed to this process with the objective to get answers and information to our citizens.

We track constituent service requests and in many cases, answers are provided the same day with most issues resolved within a week. Issues are resolved faster because decisions no longer have to be made by committee. Our objective is to get answers for our citizens. And the new process is working! So far this year, 42 percent of requests have been resolved within one business day. That's efficient, effective government.

As the first County Executive, I am pleased that Charter government is working; that superb services are being provided to our residents; that our financials are being managed conservatively and responsibly; and that business under my administration is thriving and growing jobs. Most important is making sure the county government is open and transparent so people can participate.

If you have a concern about a county government service, please let me know. You can call 301-600-1100, or click the "Let Us Know" link on our website, www.Frederick-CountyMD.gov. Our county employees are here to help you. They do an exceptional job of providing nationally recognized services to the citizens of Frederick County.



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FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

t the May 10th Carroll Valley Borough Council meeting, approximately 65 people were in attendance which overflowed the conference room. The topic of interest was the new building and the action to be taken on construction bids received on April 28th. What further added to the interest was the mailing of a flyer by a resident to the general population that stated in bold script, "If you don't want an increase in your taxes, come to the meeting and voice your opposition."

After a two-hour exchange of questions and answers that addressed individuals' concerns especially with regard to taxes, bankruptcy, building alternatives, building size, commercial construction costs, the state prevailing wage law and the grant award process, council voted 5 to 2 to authorize issuing a notice of intent to award to Lobar Associates for the base bid of \$3,599,000 plus alternate #4 (no cost alternate), with a notice to proceed conditioned upon the Architect and Solicitor's review of the contract document submission by Lobar, the execution of a Lease Agreement with the Adams County Library System, and the review and approval by the Solicitor of an agreement for the extension of a water distribution line with York Water. It is my hope our residents will continue to come to future council meetings and ask questions, voice their opinions and provide advice. We all can benefit from such a positive exchange.

This month, we celebrate our chocolate ice cream, national flag, and fathers. June 7th is National Chocolate Ice Cream Day. Couldn't pass this one up. You celebrate by having a scoop of chocolate ice cream and it is OK to be an American. National Flag Day is June 14th. Be proud! Fly the flag that day. Remember the flag is flown from sunrise to sunset. The flag should not be flown at night without a light on it. Father's Day will be celebrated on June 19th. Father's Day originated in 1909 when a woman named Sonora Dodd came up with the idea to celebrate her father who was born in June. She encouraged others to honor their fathers in June. It didn't become an official holiday until 1972 when President Nixon issued a proclamation declaring the third Sunday in June as Father's Day. It is a day set aside to spend some quality time with dad, grandfather, and great-grandfather or father figure.

On June 4th Saturday from 8 a.m. to 2 p.m. the Carroll Valley Community Yard Sale will be held at the Ski Liberty parking lot. Call Charles Dalton at 717-420-0744 for information. Mark your calendar for the Fairfield Fire & EMS and Fountaindale Fire Companies Annual Golf Tournament that will be held on Friday, June 17th. Call Dave Martin at 717-642-8842 for further details.

At 6:34 a.m. EDT on June 20th summer begins. It's a time to relax and enjoy our natural environment. We are surrounded by the aesthetics and natural beauty of Carroll Valley's country scenery and wildlife. But we need to be aware that the summer months represent a time period when the cases of Lyme disease increase. Why? We spend more time outdoors enjoying where we live. Lyme disease is an infection caused

by the bacterium Borrelia burgdorferi. It is carried to people from a bite from a black-legged or deer tick. The disease affects different body systems, such as the nervous system, joints, skin, and heart. Early symptoms may include headache, fever, fatigue and a characteristic circular skin rash. It is treatable. Some of things you should consider when you are out and about are: stay out of tall grass and uncleared areas of the forest floor; don't roll in a pile of leaves, check daily for ticks; and if you plan to use insect repellent, be sure to review the safety information on the label. There are many websites that provide information on Lyme disease. One site you may want to visit www.lymemd.org.

Last month, we discussed regional fire level warning definitions placed on the Smokey Bear sign. This month let's focus on open burning. Open burning is the outdoor burning of any materials wherein products of combustion are emitted directly into the ambient air without passing through a stack or chimney from an enclosed chamber. Before you start a fire, you should read the Carroll Valley Borough Ordinance 6-2008. The ordinance contains such information as what you are

Community Yard Sale

Carroll Valley's spring yard sale will be held in the Ski Liberty Parking Lot on Sanders Rd on Saturday, June 4th from 8am - 2pm. Vendors/ Sellers contact Charles @ 717-642-5844 to reserve your spot!

and are not allow to burn, what your safety and supervisory responsibilities are. Go to the Borough's website www.carrollvalley.org, click Administration > Ordinances. Scroll down to the bottom of the screen and click Open Burning. If you have any questions, call the borough office at 717-642-8269.

Borough meetings to be held are: Planning Commission (June 6th); Public Safety (June 13th); Borough Council (June 14th) and Parks & Recreation (June 22nd). Please be sure to mark your calendar for our July 4th Celebration. Please slow down when driving. Questions call me at 301-606-2021 or email me at MayorRonHarris@comcast.net.

State Representative Dan Moul

Legislation matrixerr help children suffering from egislation that I supported to seizure disorders, veterans with Post-Traumatic Stress Disorder (PTSD) and cancer patients undergoing chemotherapy among others is now law.

Act 16 of 2016, which passed the House and Senate by overwhelming margins, permits physicians to recommend medical marijuana to patients with certain qualifying illnesses. The medicinal strain will be available from centers licensed by a new state board. So far, 23 states have authorized some form of legalized use of medical marijuana.

Another new law will help

families cope with disability-related expenses. Act 17 of 2016 would provide for tax-exempt savings accounts that will enable families to better afford expenses associated with caring for a loved one with a qualifying disability.

The new law creates the Pennsylvania Achieving a Better Life Experience Act (PA ABLE), which provides for a wide range of disability-related expenses including health care, housing and transportation, without jeopardizing eligibility for important programs on which individuals with disabilities depend.

The tax-exempt savings accounts are modeled on Section 529 of the Internal Revenue Code, which recognizes state-established savings programs to meet future college expenses. The Pennsylvania Treasury has been administering the Pennsylvania 529 program since 1993 and will administer the ABLE Program. For more information, visit http://pa529.com/ able.html.

A bill that would give caregivers additional resources to care for a loved one who has been recently hospitalized has been signed into law. Act 20 of 2016 will require health care facilities to record the name of the family caregiver when a patient is admitted to a

hospital. Facilities would also be required to notify the designated caregiver when the patient is to be discharged to another facility, such as a rehab center or home. In addition, a live explanation or video instruction on the medical tasks necessary to care for the patient will be given by the facility. The goal of the new law is to ensure a smoother transition back home and maximize recovery.

For anyone in need of human services in the Commonwealth, the United Way has a free telephone service that is providing much-needed assistance in connecting Pennsylvania residents with help in their communities.

By dialing 2-1-1, residents can be connected to trained caseworkers who have access to a database of health and human service assistance available through government programs, as well as assistance provided locally through faith-based organizations and private nonprofits. The number may also be used in times of disaster, leaving 9-1-1 to be used primarily when first responders are needed.

Currently, six regional 2-1-1 programs provide services to approximately 85 percent of the state's population. At a recent public hearing, service providers advocated for \$1.5 million in state funding in Fiscal Year 2016-17 in order to make 2-1-1 service available statewide, and to expand the database, implement new technology, such as text-tochat, and improve the consistency of services throughout the state. To learn more, visit http:// www.uwp.org/what-2-1-1.

more first responders, the House has endorsed a proposal authorizing local governments to en-





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GOVERNMENT—NORTH OF THE MASON-DIXON LINE County Commissioner Jim Martin

Recently I came across an article from a "Rural Pennsylvania" magazine with a unique subject. It featured the net worth of each Pennsylvania County, that is, the net value of all assets within a particular county's boundaries. When the net worth of each county was shown on a map of PA counties, various geographic trends were noticeable. Relative to Adams County, as one moves across southern PA from east to west, net worth per county declines. The decline stops when reaching Franklin County, which has approximately \$9 billion more in net worth than Adams County. Additionally, what can be seen is that all PA counties boarding Adams County have a significantly higher net worth than Adams County.

What does the above situation reveal and what is the impact? It is my opinion and the opinion of others, that Adams County does not have a strong economy nor a strong presence of commercial infrastructure. Thankfully our economy is steady and we can boast that Adams County presently has the lowest unemployment of any county in PA. This is largely due to the nature of our two largest economic drivers; agriculture and tourism. These two industries in appropriate areas are blending together into a new industry, agritourism, which is evolving and growing. This is good news for Adams County because it offers the opportunity to increase the county's net worth.

Why is net worth important and what would its increase do for Adams County? Net worth represent a major source of investment dollars that can provide the potential to help incubate economic activity in Adams County. When expansion comes in the form of commercial infrastructure, it can exponentially increase our property tax base and help to keep property tax increase in check. This would be in addition to greater revenues and employment that come from economic expansion.

Another reason that a county's net worth is important, is that it serves as a financial resource for philanthropic opportunities. The greater the resources, the greater is the potential for increased giving toward community projects and preservation that can improve the county's quality of life.

My optimism for economic improvement in Adams County has been increasing over the past months. The following examples give cause for my optimism: the new lodge at Liberty Mountain, newly completed Rutter's Service Center, the new Tractor Supply and Appalachian Brewing Company which are both near completion, a new Advanced Auto and a new Day Care Center under construction, large expansion of CA fruit storage, renovations to Sheetz and ACNB, two new Dollar Stores nearing construction, and the ongoing construction of a rental apartment complex.

Other positive projects include the back filling of significant vacant structures. Four, in particular, come to mind; the former Schindler building back filled by a logistics firm, the former Gettysburg Pretzel Factory backfilled by expanding the Fastenal Supply Company, the Bendersville Dal Tile Plant renovated for use by Justice Excavation, and county's renovation of the Herff Jones building.

The acquisition and renovation of the Herff Jones building brings something new to the county; that will be the addition of Mental Health-IDD Services that are lacking in Adams County. This service will bring approximately nine new positions to Adams County. Additionally, the space for this service will be rented at the market rate, providing revenue to the county. This creates a Triple Crown winner, needed services for our residents, new positions in the county, and revenues to the county through rent. I anticipate that there will be more positive outcomes to report from the county's acquisition of the Herff Jones building.

Just as an update, we have completed the final architectural floor plans for the renovation of the Herff Jones building, presently being named the Adams County Human Services Building. These plans are now being sent to our engineers for the preparation of specifications; materials, electrical, plumbing, fixtures, and equipment. When these engineering drawings are completed they will be made available for contractor bidding with the goal of starting renovation by mid-summer 2016. What many people do not know is that many items and fixtures remained with the building following the purchase. The items and fixtures that the county is unable to use will likely be auctioned on site. Such an auction is still in the planning stage and details will be announced in the coming weeks. Any businesses or institutions looking for shelving, office furniture, and or well-constructed cubicles, you will not want to miss this auction.

What else is new to report? Since my last article I had three unique visits around the county. The one visit was my first opportunity to visit Shinning Stars Therapeutic Horse Riding program. It is a well-run program supported by a dedicated group of volunteers. I was amazed to see how physically and emotionally challenged children, youth, and adults are helped in meeting their developmental needs. The program operates in an excellent facility and a well-organized program.

My other two visits were to open houses that showcased the McSherrystown and Littlestown senior centers. Both are well run centers and are supported by proud seniors severing one another. Senior centers such as these throughout the county and the Therapeutic Riding Program are excellent examples of the county's community spirit that makes Adams County a special place. To all the many volunteers throughout Adams County, we the Adams County Commissioners truly appreciate the special touch that you give to Adams County.

State Senator Richard Alloway

Even though I no longer serve as Chair of the Senate Game and Fisheries Committee, sportsmen and women remain very important to me.I have always viewed the role of the committee to protect the health, safety and welfare of the sportspeople in our Commonwealth.

That's why I remain a member of the panel, and that's why I'll continue to advocate for our state legislature to take a lead on Lyme disease education. I recently held a Lyme disease forum in Chambersburg, featuring PA Secretary of Health Dr. Karen Murphy, as one of our guest speakers. Local physicians Tim Stonesifer and Robert Mauss attended as well. Both specialize in the treatment of Lyme disease, a tick-borne illness

The educational event drew more than 100 people to the Chambersburg

Environmental Protection and the Pennsylvania Task Force on Lyme disease and Related Tick-Borne Diseases to better protect Pennsylvanians from the devastating effects of this condition. Sportsmen are at a much greater risk for Lyme disease due to the amount of time they spend outdoors.

In recent years, Pennsylvania, New Jersey and Massachusetts have reported the greatest number of cases. The disease can also cause arthritic, cardiac and neurological problems. It is successfully treated in early stages, - and often in later stages, with antibiotics.

There are steps you can take to be proactive in identifying, preventing and treating Lyme disease. One of the best ways to prevent tick bites is to wear long clothing that covers the skin while walking outdoors and using insect repellent. Avoid gowards on the body for several hours before settling on a feeding site. Be sure to check hidden areas like the hairline, navel, groin and underarms.

One of the first lines of defense is recognizing symptoms. Signs include a rash that resembles a bull's eye near the bite mark, impaired motor functions, loss of vision, joint and muscle pain, vomiting and flu like symptoms. Failure to adequately treat the disease may lead to long-term damage to the heart and central nervous system.

If a tick is discovered, time is on your side because experts believe

the disease is transmitted only after many hours of feeding. All ticks are not deer ticks and not all deer ticks are infected with the Lyme disease bacteria. Recognizing the presence of deer ticks is an important task, but sometimes a difficult one since the adult is about the size of a pinhead and the nymph is not much larger than a pinpoint - and sometimes, bites are not likely to be felt. Remove a biting tick with tweezers by grasping firmly where the head is attached to the skin and pulling out slowly and steadily. If you save the tick, place in a sealed container in rubbing alcohol, and obtain identification information from your

county health department.

I encourage all sportsmen and women to know the facts about Lyme disease! The severe long-term consequences of this disease make it imperative to ensure sportsmen understand the risks and symptoms so they can seek prompt treatment if exposed.

For more information, check out the American Lyme disease Foundation website: www.aldf.com. I have brochures available at my district offices in Gettysburg and Chambersburg.

I am planning other Lyme disease awareness events in the future. Please check out my website at www.senatoralloway.com for regular updates.



Area Middle School.

Lyme disease is one of the fastest growing vector-borne diseases in the country. The ailment is transmitted by several species of deer ticks and once infected, it is 100 percent incurable.

Secretary Murphy stated that it is the department's priority to work with partners such as the Department of ing outside barefoot. Clothes should be light-colored so ticks can be readily spotted. Brush off clothing before entering your house.

Pets are also subject to Lyme disease, and should be checked and brushed before coming indoors. Body checks are an important daily preventative measure. Ticks usually crawl up-

Your IRA shouldn't stop working when you do.



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Edward Jones MAKING SENSE OF INVESTING Member SIPC

THE PASTOR'S DESK

Times of refreshing

Pastor John Talcott Christ Community Church

To master something is not to do something that others can't do, but to do something almost anyone can do; better, faster, or with more power or accuracy. The thing about mastering anything is that whether it's a service of some sort, the arts, craftsmanship, or sports, the precision of their mastery is with such excellence that they perform in a league of their own. And it's the same way in the Christian experience; those who are more masterful in their Christian walk excel not because they can do spiritual things that no one else can do, but because they live their lives doing things anyone can do, and they do it with such consistency and passion that they're able to experience God's presence in a way that most people don't.

The Lord Jesus Christ kept it simple saying that to master the Christian life, "Love each other as I have loved you. Greater love has no one than this that he lay down his life for his friends" (John 15:12-13). And so, when it comes to mastering the Christian life, it's really about mastering the basics, because we all come to God one way, through faith in the Cross of Jesus Christ (Ephesians 2:8). The Apostle Paul expresses the necessity of believers mastering the basics saying, "The only thing that counts is faith expressing itself through love" Galatians 5:6). And so, just as we're saved by grace it's God's purpose that we "in all things grow up into him", becoming spiritual giants and masters of the faith (Ephesians 4:15). We do that by learning to excel in the basic fundamental truths of Christianity.

In the New Testament, there is one specific verse that describes what we need to know in order to master the Christian life. Acts chapter 3 tells us that Peter and John were on their way into the temple when they encountered a crippled man who would sit daily outside the gate and beg. Peter approached him and said, "Silver or gold I do not have, but what I have I give you. In the name of Jesus Christ of Nazareth walk" (Acts 3:6). He then took the man by the hand and helped him to his feet. The man was instantaneously healed and "went with them into the temple courts, walking, jumping, and praising God" (Acts 3:8). This miracle drew quite a crowd since he was well known as having been crippled from birth.

Peter seizing the opportunity, shared the good news that this same Jesus that they saw murdered just weeks before had risen from the dead and it was in his name and through his power that this man had been healed. He then extends an invitation to all the people to embrace this new way of life; not one based on the old way of doing things, but centered on the life, death, and resurrection of the Lord Jesus Christ. In one verse, he tells them how to begin this new life, one that's truly a lifestyle that's pursued every day of our lives, "Repent then and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord" (Acts 3:19). Here within this one verse we find three phrases, three personal disciplines, that when mastered and consistently implemented represent fundamental concepts of victorious Christian living.

The first phrase is "Repent then..." and this is a daily commitment to change the direction of your life by dealing with your negative thoughts, actions, and attitudes. The first step to mastering the Christian life is to admit that God is right and ask the Holy Spirit to reveal to you those things about you that need to change and then repent; to turn away from those things every day. This is practical and purposeful, because it's a decision to correct your thoughts, actions, and attitudes that are less than loving, and taking the responsibility to do something about it.

The second phrase is, "turn to God, so that your sins may be wiped out..." The Greek word here literally means erased, that God forgives your sins, he washes them away, your record is clean, and you can start a new life. The apostle John said it this way, "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness" (1 John 1:9). Therefore, when we examine ourselves and confess our sins we can know that God's forgiveness is complete and Jesus Christ brings us back into a right relationship with each other and most significantly with God (1 John 5:13-15).

The third phrase is, "That times of refreshing may come from the Lord" and I love that phrase, because that's what God wants for his people; that they live their lives being refreshed. It's the presence of God that refreshes us, renews us, and rejuvenates us. It's for that very reason that we're seeking God together in the Emmitsburg Community Park, June 5 at 6 p.m., because being in the presence of the living God charges your batteries, quenches your thirst, and fills you to overflowing. If you're feeling like you're on empty, you've lost hope, and you've got nothing left to give, allow yourself to be refreshed with the presence of God. Christ's



Community Church's own worship team will lead us in praise with Jason Jablonski as the guest speaker Sunday evening at the Community Park. Jason will also be with us at Christ's Community Church for a special Saturday night celebration as well as that Sunday morning. I encourage you to come out and seek the refreshing presence of the Lord, because just like repentance and forgiveness, experiencing times of re-

freshing is an essential part of mastering life.

To learn more about Christ Community Church visit them at www.cccemmitsburg.org or better yet, join them for sunday service 303 West Lincoln Ave., Emmitsburg and at the Emmitsburg Community Park June 5 at 6 p.m. as together we learn to master the Christian life; daily repenting, embracing God's forgiveness, and experiencing times of refreshing.

St. Joseph's Ministries appoints new CEO

In a ceremony held in the Basilica of the Shrine of St. Elizabeth Ann Seton, Carla Brown was installed as the CEO/ Administrator of St. Joseph's Ministries skilled nursing facility. Also commissioned was George Brenton as the Campus Coordinator for the Daughters of Charity Ministries.

Mrs. Brown came to St. Joseph's with a strong background in healthcare. Her abilities as a competent and consistent leader will be a welcome asset to St. Joseph's Ministries, which is striving to broaden and enhance the healthcare services it provides to the local community. In addition George Brenton to the position of Campus Coordinator of the Daughter's of Charity Emmitsburg Campus where he will work closely with Mrs. Brown and other administrators ministries housed on the Emmitsburg Campus, including the Seton Center Outreach Program and Seton Family Store.

The Rite of Commissioning for Carla Brown was centered on the call of the Heritage, Mission, and Vision of Ascension Senior Living. Symbolic tokens were presented to Mrs. Brown representing the core values of Ascension Senior Living: Service of the Poor, Reverence, Integrity, Wisdom, Creativity, and Dedication. George Brenton was called by the Rite of Commissioning to support the Mission, life, and works of the Daughters of Charity in Emmitsburg. Mr. Brenton received tokens representing the core values of the Daughters of Charity Ministries: Reverence, Integrity, Generosity, and Unity. He was also given items that symbolize two personal attributes that define his style of leadership: Transparency and Availability.

The Commissioning Ceremony reflected the high standards and expectations of both St. Joseph's Ministries and the Daughters of Charity Ministries stressing a commitment to not just doing the job well but doing it in a manner consistent with faithbased, Christian values portraying an organization committed to serving the poor, sick and elderly in our community.



Office Phone Number: 301-447-6565



BOOK OF DAYS

Plants named after animals



Cat's Whiskers (*Ocimum grandiflorum*), is a flowering shrub that is one of the major honey plants in eastern Africa. The blooms produce abundant pollen and nectar. It is also used for flavoring and in traditional medicine.

June 12

A great number of plants are recognized, popularly at least, by names involving reference to some animal, or what appears as such. Sometimes this animal element in the name is manifestly appropriate to something in the character of the plant; but often it is so utterly irrelative to anything in the plant itself, its locality, and uses, that we are forced to look for other reasons for its application. According to an ingenious correspondent, it will generally be found that in these latter cases the animal name is a corruption of some early term having a totally different signification.

Our correspondent readily admits that cats love cat-mint, that the bee-orchis and the fly-orchis resemble respectively the bee and the fly, and that the flower of the single columbine is like an assemblage of doves [Lat. columba, a dove,]; hence the animal names are here presumably real. He allows that the crane's-bill, the stork's-bill, fox-tail grass, hare's-tail grass, adder's-tongue fern, hare's-ear, lark's-spur, mare's-tail, mousetail, and snake's-head, are all appropriate on the plain meaning of the terms. He goes on, however, to cite a more considerable number, regarding which he holds it certain that the appellative is a metamorphose of some word, generally in another language, with no meaning such as the term would suggest to ordinary ears.

be more correctly spelled 'Airbell.' Fox-glove, embodying the entire sense of the Latin *Digitalis purpurea*, is

simply the red-glove, or red-gauntlet, for fox or foxy, as the Latin *fuscus*, signifies tawny or red, and hence is derived from the name of the fox himself.

The toad-flax (*Cymbalaria italica*) is so named from the appearance it presents of a multitudinous mass of threads (flax), matted together in a cluster or branch, for which our old language had the significant term tod, which may be met with in several of our older dictionaries, from tot, or total, a mass or assemblage of things.

So the toad-pipe (*Equisetum ar-vense*), which consists of a cluster of jointed hair-like tubes, and the bastard-toadflax, a plant with many clustering stems, both have the term toad or tod applied to them for the same reason.

Louse-wort (*Pedicularis palustris*) appears to be only a corruption of loosewort, the plant being otherwise called the red-rattle, from its near resemblance to the yellow-rattle (*Rhinanthus*), the seeds of which, being loosely held in a spacious inflated capsule, may be distinctly heard to rattle when the ripe, dry seed-vessel is shaken. nut. The horse-mint also is pungent and disagreeable to the taste and to the smell, as compared with the cultivated kinds of mint.

Bear's garlic or the common wild garlic (*Allium ursinum*), may be traced in the Latin specific name, *ursinum*, and this, although it would, at the pre-scut time, be interpreted as 'pertaining to a bear,' may have had what is termed a barbarous origin, viz., curs-inon or urs-inon, the hot or strong onion. The bear gets his own name, *Ursa*, from the same original, as describing his savage ferocity.

The sow-thistle, which is not indeed a true thistle, has the latter part of its name from the thistle-like appearance of its leaves. When these leaves are handled, however, they are found to be perfectly inoffensive—they are formidable to the eye only, being too soft to inflict the slightest puncture; hence sote or sooth-thistle, that is soft thistle.

The duck-weed, or ducks-meat, is by no means choice food for ducks,

but simply ditchweed. It is that minute, round, leaf-like plant which so densely covers old moats and ponds with a green mantle. Its Latin name, *Lemma*, confirms this, derived as it is from the Greek *Limme*, a stagnant pool. The corruption in this case may have originated in a misconstruction of the Saxon word Dig, which signifies both a ditch and a duck. This is still used, in both senses, in districts within our own country where a Saxon dialect prevails.

Colts'-foot (*Tussilago fasfara*) seems to be either from cough-wood or cold-wood, in accordance with the Latin name, which is derived from *Tussis*, a cough. We are disposed to regard it as a corruption, and to conclude that it refers to the medicinal use of the plant, because, in our English species at least, we see no resemblance to the foot of a horse, whereas its virtue in the cure of colds, coughs, and hoarseness, has, whether justly or not, been believed in from time immemorial. Pliny tells us that it had been in use from remote times, even in his day; the fume of the burning weed being inhaled through a reed.

Lastly, the well-known gooseberry is notable for two things of very opposite character: its fruit and its thorns. The latter, hardly less dreaded than the former, is coveted, and within the name given to this tree may be found a combined reference to these two featuresits terrors and its attractions. The old English name carberry probably has the same meaning; and the north country name and the Latin grossularia, scarcely conceal in their slightly inverted form the original gorse, which means prickly. In short, we regard the name gooseberry as simply a modified form of gorseberry. There was a time when goose was both written and pronounced gos, as is shown by the still current word gosling, a young goose, and gorse (the furze or whin) is familiarly pronounced exactly in the same way; therefore the transition of gorse to goose will not be wondered at.

To read other selections for Robert Chambers' Book of Days visit www.thebookofdays.com.



We let him state his ideas in his own way:

The name hare-bell is at present assigned to the wild hyacinth (*Scala nutans*), but properly belonging to the blue-bell (*Campanula rotundifolia*). Harebell may be traced to the Welsh awyr-bel, a balloon; that is, an inflated ball or distended globe or bell, to which description this flower corresponds; the name therefore would Buck-bean (*Menyanthes trifoliata*) is more correctly bog-bean, its habitat being in very wet bog land.

Swallow-wort, otherwise celandine (*Chaelidonium majus*), is properly sallow-wort, having received this name from the dark yellow juice which exudes freely from its stems and roots when they are broken.

Horse-radish takes its name from its excessive pungency, horse, as thus used, being derived from the old English curs, or Welsh gwres, signifying hot or fierce; and the horse-chestnut, not from any relation to a chestnut horse, but for a like reason, namely, that it is hot or bitter, and therein differs from the sweet or edible chest-

COMMENTARY

Words from Winterbilt

Laws, religion and the constitution

Shannon Bohrer

Recently, a few states have passed laws affecting gay and transgender persons. The laws include such things as who is entitled to use what bathrooms, often referred to as the "bathroom bills." Additionally, there are laws that allow religious individuals, in private business, to have the legal right to refuse service to gay and transgender individuals for religious reasons. In response to many of these laws there have been boycotts and threats of refusing to do business in some of the states that have enacted the laws.

It has been reported that the most common reason for the enactment of these laws was the Supreme Court's decision in regards to the California case about gay marriages. When concerning issues of gay and transgender persons, both sides seem resolute and steadfast in their beliefs. Is it wrong for a transgender person to use the bathroom of a gender that is not on their birth certificate? What is the outcome if a business does not serve a gay person? What will happen as a result of these laws is unknown. Currently, we know that both sides have strong beliefs, but the consequences/effects of the laws are mostly unknown.

What we do know is that when a law is enacted there is generally a problem within our society that re-

quires government attention, which is why a law is created. Also, when laws are enacted there are regulations that are also created for the enforcement of the law and for consequences if the law is violated. If we examine the "bathroom bills" that require a person to use the bathroom of the gender that is on their birth certificate, what happens if they don't comply? First, there needs to be a violation, secondly, the violations need to be documented and thirdly, the violation needs to be enforced. Currently, there is nothing in place that I am aware of to enforce the "bathroom bills."

The question is - how does a government's enforcement entity know when a violation occurs? For legal issues I don't believe the business owners would want to enforce these laws. Aside from the possibility of being sued, there would be the additional cost of having more employees. One suggestion of how to document the violations is to assign policemen to commercial and business establishments that offer restrooms to clients and customers. This would be similar to the school police, although they should have a different name. Maybe the bathroom gender enforcement unit (BGEU) could be used. Of course this would be very expensive. Maybe instead of the BGEU being police officers, it could be staffed with non-police. Many governments employ inspectors, like electrical and plumbing, maybe we could have gender inspectors for the BGEU. Although - that does not sound right...

If we are going to have a law that says the gender of a person at birth determines what public bathroom(s) they can use, how do we enforce it? Could we require that everyone carry their birth certificate and then a gender inspector just inspects the birth certificate. What happens with those individuals that won't carry their birth certificate? Can we deny them the use of a restroom? What if they are old and really need the restroom - fast. Maybe we could let them use the restroom and issue them a ticket, for not carrying the birth certificate. My initial thoughts are that the enforcement of the "bathroom laws" may have a few issues.

It seems as we think of more solutions, additional problems seem to develop. I even thought that a simple solution might be to install cameras outside the restrooms, but I quickly realized that would create more issues. Even if we placed cameras outside of the restrooms, how do we determine a violation? I have observed transgender persons on television and I can't tell the difference. If I did not know Caitlyn Jenner before s/he changed, I could not tell the difference. But let's say a person that was not allowed to use a specific bathroom did so, and was caught on film entering the restroom. How do we identify them so they can be arrested?

After giving serious consideration to the enforcement side, I have come to the conclusion that the law(s) may be unenforceable. In the criminal justice community it is often said that a law that is unenforceable, is not really a law. So, I thought of examining incidents and or problems that were responsible for the creation of the law(s). Possibly by examining problems that have occurred we can find a solution. The problem was - I could not find any reports of a transgender person using a bathroom that caused a problem. Maybe the "bathroom bills" were passed to keep a problem from developing.

Other laws that have recently been passed allow private business to have the legal right to not serve gay and transgender individuals, for religious reasons. Again, we may have a problem in that many gay and transgender persons are not recognizable by sight. Do we create a customer questionnaire? What happens if the business refuses service for religious reasons, and the person or group who was refused the service is not gay or transgender, can they file a suit?

Let's go back to the beginning. Passing a law using a religion to justify exclusionary behavior – in itself may have problems. Using religion for not serving someone in many ways seems non-religious. I am certainly not an expert in Christianity, but I do remember my Sunday school lesson; "Do not judge and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven..." (Luke 6:37-42) However, that's my religion and I guess there are many others.

The United States is a great country and it does guarantee our religion freedom with the first amendment to the Constitution. It reads, "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; ..." So the government does not have a religion that they endorse (the separation of church and state) and you can practice the religion of your choice.

So everyone is entitled to practice the religion of their choice. But what happens if the practicing of a religion infringes on the rights of others. While the first amendment secures one right to practice their religion, the fourteenth amendment has the equal protection clause, which reads: "...No State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any State deprive any person of life liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws."

So we just arrived back at the beginning, we can practice our religion, but we can't discriminate. We have a conflict with very strong beliefs on both sides. How this will be resolved, if it is resolved, is unknown. Maybe we should ask the question "What would Jesus do?"

To read past editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.

Common Cents

Junk Bonds

Ralph Murphy

Policy conflicts of both a politi-cal and economic nature have emerged during the ongoing Federal elections. Both government and corporate interests are involved and are manipulating what appears in the media at a time when the nation's debt outpaces earnings, syndicate-mafia links are influencing politics and "venture philanthropists" are billed as the nation's top corporate wage earners. Left to its own devices with minimal support role the private sector would be in balance. As is, it is not in balance... possibly due to post 2008 financial scam manipulation where there was a change in key player leadership who don't know when to quit. This November's Federal elections are for not only the Presidency, but also the entire House of Representatives and 34 Senate seats. Quite a challenge for American voters. If the Republicans can retain the House and Senate there may be enough "loft" to override the hapless, Democratic platform of candidate Hillary Clinton. This platform espouses permissive domestic policies on such issues as immigration, debt reduction and health care while failing to identify funding sources. The list goes on and on and may be based on good intentions, but is devoid of a coherent strategy or design. If and when attacked it could move to the right and face mafia influence- or worse.

How Donald Trump, a man with no political background, some media and real estate interests and with strong, East Coast gambling connections - could be the front-runner for the Grand Old Party is a mystery to conventional thinking. He's hard to beat on the issues as the party platform he preaches is a legacy of the past, but his ties to the "dark side" of low yield, high profile vice money are problematic. It is surprising that no link has been established with the "narco nations" where vice does permit a higher earnings ratio. If a working and approved standard exists as with the American Constitution and disciplined social structures, it must be defended against internal as well as external threats. Governing institutions can play that role as "troubleshooters" to support the private sector. If the system is stable, changes are rarely needed and should be obtained by legal means. However, in 2008 it appears severe, internal procedural changes were introduced in both the intelligence community and related governmental institutions.

The "white hats" or conventional and accepted intelligence gathering have been replaced by "black hats" who don't see vice as a malady - but rather an opportunityand when asked to lead, could not wait to get even with the "whites". The "black hats" now appear to manipulate politics, playing a direct role and the economy is "reeling" from their unchecked actions. These include endless war ventures devoid of credible, operational objectives; the actions of philanthropists such as the Bill Gates Foundation that gave \$28 billion to "enhance healthcare, education, and information technology" apparently for tax breaks or personal reward. The action and precedent is not a realistic role model to the production pattern required to earn this vast sum. Warren Buffett is arguably worse. The "Sage of Omaha" reportedly promised to give away most or all of his \$65 billion amassed wealth - much of it through the Gate's foundation. Buffett has high stock exposure in the Goldman Sachs investment bank which was linked to the 2008 bailout of the U.S. financial system and witnessed an apparent direct - though covert-



governing role in various finance schemes with mergers and income losses. Many were simply "written off" and went unchallenged by the "white hats" who were devoid of power and direction. Goldman Sachs spun European Central Bank Chief Mario Draghi as well as Bank of Canada and England boss Mark Carney. Both were former senior executives at Goldman Sachs. Both are under scrutiny for unexplained debt issues and seem tied to Buffett in the alliance. In view of the ECB debt link access to power met low-level application to ability and private sector talent yielded to the "black hat", vice-link and the arrival of Trump. The 2016 elections has to be the "black hats" last stand as they are so out of touch with reality and the nation's social complexity. The

elections have been very tough and costly and surely they face charges as to their internal processes and dealings that are so headstrong and self-serving. The "white hats" have now regrouped, but again the apparent vote rigging does seem in place to carry them through to November. It would be really surprising if they can maintain a normal work routine of government service and they must be expelled from the halls of power before their own myopic, self injury is allowed to spread any further. Keep Congress Republican for now and the nation and world must deal with a Democratic Executive until the system is more stable.

To read past editions of Common Cents, visit the Authors section of Emmitsburg.net.

COMMENTARY

The American Mind

William Hillman

Ifinished last month's column with a comment about the bathroom unpleasantness in North Carolina. I'm going to pick up right where I left off. To quote myself, "This is just all a bunch of silliness. It's government trying to legislate stupidity and bad manners out of society. Personally, I think it is an effort to distract the chattering class and once again insert a wedge in the American public."

As I've said before in this column, I believe, as a whole, Americans are good, honest, people. The hate-filled racist, xenophobic white male is mostly an aberration, an extreme outlier on the bell curve. I would make the argument that most people who come across as racist or gay haters are just "asses" in general.

So why is the news constantly filled with reports and articles about the mistreatment of minorities and pushing the need for laws giving special rights and privileges for "special classes of citizens"?

Like most things, it's the money. There is a ton of money to be made in the race and special class hustling industry.

Before I go any further, I want to clarify what I'm talking about. There are a great number of people out there who work hard for equality and are not in it for the money. The civil rights movement has corrected flaws in this otherwise great country. I'm excluding them from this rant. They deserve all the praise they get.

Let's be clear. There will always be jerks in any crowd (I originally used a stronger term but my editor made me tone it down). Freedom of speech and expression includes the freedom to be a jerk. We cannot have one without the other. This is the price of a free society. None of us like them, but it is the price we pay. Control and regulation of speech are the first gambits of fascism.

Slicing and dicing this country into smaller defined minority groups has become an industry. What used to be a very noble cause ensuring that every man, woman, and child was treated equally and fairly by the rights guaranteed in the constitution, and the laws of the federal government and states, has morphed into an industry of division.

Lobbyists and fundraisers have found a new deep well of cash in the minority hustling business. Even the grassroots level street protesters now do it for the money.

Quote from the Washington Times May 19th 2015 titled Hired Black Lives Matter protesters start #CutThe-Check after being stiffed by ACORN successor group. "Missourians Organizing for Reform and Empowerment (MORE) has been paying protesters \$5,000 a month to demonstrate in Ferguson."

The article goes on further to discuss how many of the protesters were becoming disillusioned that millions of dollars will be made off the deaths of black males by white foundations.

Another quote from the Washington Times article reads as follows: "Questions have been raised as to how the movement is to sustain when white non-profits are hoarding monies collected off of [sic] black bodies? When we will [sic] hold the industry of black suffering accountable? The people of the community are fed up and the accountability begins here and now."

Universities offer programs in minority studies. Students can spend \$100,000 of their parents' savings on a degree in gay and lesbian studies. The goal of these courses is to create a pool of labor for an industry. An industry not interested in equality, but in guilt. I suggest that the special interest/minority industry is not interested in actually solving problems. The prime directive of any industry is to protect itself. The purpose of Ford is not to make the "last car" but to make cars forever. Likewise, the minority hustling industry is not interested in unity, but continued division. Eisenhower warned us about the military industrial complex, now we need to be careful of the "minority industrial complex". We are starting to see the rise of a tyranny of the minority.

The constant focus on social divisions and hyper-political correctness that the race industry has created is becoming sickening. We now have "micro- aggressions". If you have yet to come across this term, congratulations. Here are some examples of micro-aggressions I pulled from the internet. "Are you Asian?" "What country are you from?" "Do you speak Spanish?" Apparently, these questions reveal a persons hidden racism.

The race industry needs haters. Actually, it needs wealthy haters that it can prey upon. And when there are none, it has to create them. Much like the churches of old, the industry has a cash stream based on guilt. First, it convinces the rich white business owner that they are, at heart, racist by their birth. Then the race industry sells "indulgences". "If you send us a check then you are a good, clean person. If you don't, you are a racist bigoted hater.



If you spend much time with young recent college grads like I do, you know how hyper-sensitive they are to issues of race and "diversity." This culture of victim, guilt, and micro-aggression is entrenched in the universities. These young kids are coming out of school not "color blind", but brainwashed to see everything in terms of race, sex, orientation, etc.

The civil rights movement called for unity and equality. The minority industry strives for division and entitlement. We have replaced "equal treatment under the law." with "special treatment under the law." Freedom of Speech now has an asterisk with a list of exceptions.

All of this serves as a very important distraction, a sleight of hand, to benefit the ruling class. It keeps the populist (us) fighting among themselves. While we are focused on who uses what bathroom, they are pillaging the public treasury. Our energy is spent debating and fighting over flags from a war fought almost 150 years ago while the Washington and Wall Street Oligarchs conjure up trade deals and regulations that make them billions while destroying American jobs and the American dream.

Something to think about. The political class has turned whites against blacks, insisting police are racists. But who is slowly turning the civil police force into a modern army with armored cars and the latest weapons? Certainly not the community. Who are the Washington elite protecting with this army, and from whom?

The Oligarchs greatest fear is that one day, before the last Lincoln penny has been pillaged, the people will come to understand that the enemy of Freedom and rights is not the family down the street that looks different or the kid in a dress, but them, the people behind the current, pulling the strings.

The founding fathers, in their wisdom, resisted making this Country a democracy and rather a republic. They saw democracy as nothing more than Mob rule, a tyranny of the majority. What we have today is a tyranny of the minority. Through guilt and political correctness, a small group can force its will upon the majority. The fractures and factions that this system is creating will be the death of the Republic. Our government needs some sort of unity in direction and course. It cannot function as a collective of self interested factions.

To read past editions of The American Mind, visit the Authors section of Emmitsburg.net.

Down Under

The gypsy's tent

Lindsay Coker Melbourne, Australia

Among all forms of mistakes, prophecy is the most gratuitous. — George Eliot, 1871 ble ventures, especially when those expert pundits are waving wands, playing into your self esteem. And it's not just leaders, politicians or proprietors who do it. We all do it to some extent, because we are confident in our prejudices, which is another name for received wisdom.

Of all the gypsies in the world,

the lessons of the French revolution; when citizens are treated as dirt they come up with guillotines, and that is exactly Mr. Donald Trump is. The Washington Post reports that all sections of the economy are positive about the future, which shows just how out of touch they are. In fact the opposite is true, and when all seems lost you turn to the one person who offers a modicum of hope. The German's did it in 1933

They forgot history, they ignored

en away. They seem to believe him. Why not? No one else has proffered anything like it, Hillary seems intent on fighting anything within range, Bernie might be best at saving the planet, but they need saving now. And he's irreverent, a well learned clown where insult is complimentary - and he's different. Not Hollywood or Broadway, but in keeping with right wing essentials, he's a showman.

Most of you cannot stand him, I

bit left of centre, (so I'm told) surely a novelty emerging from the ashes of the McCarthy era, and one that has been sorely missed for 50 years - if you care about your fellow man. Heavens, he may even support real action on climate. Would Mr. Trump make a good president? No, he would not – but then you haven't had one for quite a while, (apart from King Canute, aka Barak Obama, valiantly commanding the torrent of right waves to subside)

Except at fairgrounds, crystal balls are out of fashion. So are such things as auguries, divinations and fortunetelling. This is a real pity, because such things are far more accurate than those of the pundits who read political entrails. Rulers of old would not move unless the soothsayer had done his stuff, and if say a flight of starlings went the wrong way the journey was cancelled. This had the advantage of always being hard to prove incorrect, and created horror stories about what happens when the prophecy was ignored.

Take big Julie, brilliant strategist, egomaniac and strongman. I bet he is still ruing the Rubicon, but he is not alone in letting pride get in the way of heed. When you are successful in some things it's all too easy to quarantine caution in other possi-

the ones that inhabit the tents of the white house and the dens of the press galleries have forgotten the basics and ignored the signs. They have been watching the flights of eagles and ignoring the slithering of snakes, although it appears that some also use the lunch room menu which is so nonrandom as to be out of the loop. Real wizards like random, but their clients like certainty. So that is want they get, on paper at least. Hence Trump is a snake, Clinton a condor, Cruz a sparrow hawk, and poor Bernie a swan. Bets were taken as to when Donald and other hopefuls would fall off their perch, and now that there are enough feather pillows to go around the snake has become the new hero, contrary to the Bible's injunctions and the pundit's prognostications.

after Versailles, and on the face of it there are similarities to the present. Hitler's idea was to make Germany great again, put it on the pedestal of manufacturing supremacy, and stop the Aryan race being polluted. Both are good at oratory, never mind the facts, neither will ever be forgotten. Mr. Trump, of course, has no plans to invade or destroy other ethnic groups, not even Mexicans. And so Americans have turned Donald into Trumps. He's not establishment, has little grasp of diplomacy, ignorant of the layers of

plomacy, ignorant of the layers of secrecy and subterfuge that actually run a nation these days, and is a bit green, a bit anti big bank, a bit anti Israel, so he fits the bill perfectly . They don't care whether he'd make a good president or not, just that he says he will give them back the things that the top 2% have tak-

believe, as you see a wider picture, a future that's longer than ten years, and some of you at least have ideas that may bring far faster results. When the machine is broken, as your government has become, you can either buy another new one a very expensive and unsatisfactory one - or modify the one you have. Self help groups, an American specialty, have sprung up to quietly take control over the things a real legislature would have in place already. It's impossible to say if this will work for long, as the establishment clings onto its supposed responsibilities, but one has to admire the DIY attitude. Someone must have read 'Experiments in Democracy'.

Mr. Trump is to the middle class what Presidents Reagan and GW Bush were to the rich. He's also a and you, like us, have become inured to ineptitude, and may no longer be able to tell the difference.

Is anyone prepared to get out the crystal ball, cross a gypsy's palm with silver, and discover the future? I threw mine away years ago, because one thing stays constant: No matter the polish, politicians are far less shiny, less astute than they think they are - which is why you and I don't go in for it. They also take pundits seriously because they reckon they need all the help they can get, so why don't we set up a gypsy tent and do it for them? It's only the most difficult job in the world. Lindsay, still looking for my book of spells.

To read past editions of Down Under, visit the Authors section of Emmitsburg.net.

THE (retired) ECOLOGIST The Red Knots call

Bill Meredith

He must go — go — go away from here!

On the other side the world he's overdue.

'Send your road is clear before you when the old Spring-fret comes o'er you,

And the Red Gods call for you! -Rudyard Kipling, 1897: "The Feet of the Young Men"

When I was in graduate school learning to be an ecologist, one of the scientists who influenced me was Paul Errington. He was a professor at Iowa State University, where he studied the ecology of muskrats; his research helped develop our understanding of how animal populations are controlled by predators. I read some of his research papers, but the thing that really impressed me was his autobiography, The Red Gods Call. He wrote beautifully, and told of grow-

ories based on the title of his book have morphed from the original version in Kipling's poem to my own version. Instead of Red Gods, I heard the Red Knots calling, and their calls converged with an opportunity to enjoy practicing ecology again for a few days.

It started a couple of months ago when I received a notice that the Audubon Society would meet at Cape May, New Jersey, for their annual outing to observe the migration of Red Knots. The Red Knot is a type of sandpiper; I first heard about it in some of my earliest Ecology courses. I looked for Knots at every field trip and vacation that I took to a beach for the next 40 years, but I never saw one until September 7, 1999, when I was vacationing in North Carolina with my grandchildren. I was not impressed. Knots normally travel in flocks by the thousands, but there before me was a single scrawny individual, already in its drab winter plumage.



The large bird in the back is a Laughing Gull, the little one in the front is a Semipalmated Sandpiper, and the six in-between them are Red Knots. The Knots are brownish-gray on their backs with robin-red colored breasts.

in southern Argentina, and migrate In the 1800s observers wrote to the tundra region of northern that flocks of migrating Red Knots ing up on a farm in Iowa and being But, it counted as another species Canada, one of the longest annual a Boy Scout. In those days, many for my life list, so I dutifully recorddarkened the skies as they flew migrations known. Each spring, the northward. There was no way in of the activities of Boy Scouts dealt ed the date and location in my bird whole population of Knots leaves those days to determine accuratewith survival and were patterned book. A year of two later my wife ly how many there were, but estion Indian lore, and Kipling's poem and I drove to Cape May in hopes Argentina in late February, and they fly some 2,000 miles, non-stop, mates ranged in the millions. Marwas widely quoted in Scout literaof seeing the migration, but we were across Brazil. They stop along the ket hunters shot thousands of them, ture. Errington took it to heart. He too early by a week; the Knots had wanted to go to college and study not arrived. And then, as years of rebeaches of northern Brazil for a few and by 1890 it appeared that they biology, but he couldn't afford it; days to eat, and then they fly across might become extinct, as the Pastirement slipped by, the time arrived the Caribbean to Florida, where senger Pigeons had. Market huntso he decided to go to Canada and when I no longer felt comfortable ing was banned along most of the spend a winter fur-trapping. He driving long distances to unfamiliar they stop again to "re-fuel." Then it is on to Cape May, where they make U. S. coast, and the population belived alone through the Canadian places in heavy traffic. Then, out of gan to recover; but in the 1920s, the most important stop of the enwinter in an abandoned log cabthe blue, my son offered to take me in, setting trap lines every day and to Cape May as a birthday present. tire trip. By the time they arrive that peculiar ecological connection here, they have nearly exhausted the between different species occurred. cleaning and preparing the pelts, in As Lewis Carroll would have said, fat reserve in their bodies; they have It was discovered that horseshoe addition to the daily chore of cutit was a frabjous three days. It was ting firewood. He caught beaver, windy and rainy, but no matter; the lost over half of their body weight, crabs make excellent fertilizer when and are literally "out of gas." They dried and ground up. People began foxes, muskrats, weasels, skunks, Knots were there by the thousands, need a rich, plentiful food supply, harvesting the crabs in nets by the and an occasional mink, and he surand they were hungry. They were vived by eating whatever he caught, crowded together so densely that and they find it in the eggs of horseton; the crab population crashed, including the skunks. and the Red Knots found their food if you were more than 50 feet away shoe crabs, which spawn on the sandy beaches of Delaware Bay at the supply dropping rapidly. Crab fish-From the beginning, the thing you could not make out individual time of the high tides in May. So the ing for fertilizer was stopped, and that intrigued me about Ecology birds. Crowds of them would run to whole population of Red Knots deboth crab and Knot populations bewas the way everything in nature the water's edge as the waves broke gan to recover. Then, in the 1970s scends on Cape May, and they stay turns out to be connected when you in and out, gobbling up horseshoe crab eggs as they ran. It looked as begin to study it in detail. I never there two or three weeks, gorging it was discovered that the blood of if the whole beach was moving. Of themselves on horseshoe crab eggs horseshoe crabs contains the most got to meet Dr. Errington in person, and my own studies had nothuntil they have doubled their body effective agent known for sterilizing course, there were other kinds of weight, under the watchful eyes of surgical equipment and for testing ing to do with muskrats; but reading birds to look at... I listed 55 species hundreds of enthusiastic birders, how many bacteria survive after beof them, and probably would have his book showed me the persistence ing treated with new antibiotics or and determination that are required both amateur and professional. And got 25 more if I could see and hear sterilizing agents, so the crab popufor success, and how important the better... but the Knots were the then, it is on to the Tundra north of xperiences in adolescence can be. stars of the show Hudson's Bay, where they will nest lation crashed again... and, predict-Red Knots begin their annual trip and raise their young. ably, the Knot population followed. Emmitsburg.net. And in the last two months, mem-

In 1995, restrictions were imposed on crab harvesting, and the decline slowed but did not recover. The Red Knot population was estimated to be about 150,000 then; it continues to drop for a few years, but recently has increased slightly. The accuracy of estimating population numbers has improved in recent years by scanning aerial photographs with computers; last year's estimate was 18,000 birds. On May 22 this year, 9,000 Knots were counted in one day on the beaches around Delaware Bay where I was.

The demand for serum made from horseshoe crab blood continues to grow; on the current market, a gallon of crab blood treated for medical use sells for as much as \$60,000. Speakers at the Audubon meeting said the crab population seems to be stabilizing at the present; but the crabs spend most of their lives in the ocean, which is becoming more polluted as coastal developers continue to build. Maybe I should not be concerned; I am old, and I have seen the Red Knots. But still, as I doze in my recliner, I can hear the Red Gods calling.

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IN THE COUNTRY

A bird's eye view on migration

Tim lverson Naturalist

With the passing of seasons some birds stay while others go. By this time of the year most of our avian neighbors have relocated from their winter abodes to their summer homes amongst us. Migration is a well-observed event, but not always well understood.

The term migration is an umbrella term that encompasses several different variations on the bi-annual movement birds make. It's important to note that some birds stay put all year long. Cardinals, for instance, don't migrate and are yearlong residents finding suitable food and shelter no matter the weather. Some birds migrate very short distances. Short as in from the top of a mountain to the bottom of the same mountain. This type of migration is called altitudinal migration. Some of these species may spend their entire lives within a 20 miles radius. Medium distance migrants may travel the distance of a few states. Most impressive though are the long distance migrants. These are the birds that will travel thousands of miles crossing hemispheres to find residence in new quadrants of the globe for a few months at a time.

The longest migration belongs to the Arctic Tern, which breeds in the Arctic and winters in Antarctica, encompassing the globe for a whopping 25,000 mile round trip journey! One of our local long distance migrants who holds an impressive range is the Barn Swallow. In the summer Barn Swallows can be found as far north as Alaska and in winter as far south as Argentina and Chile. This bird prefers open spaces and can usually be seen swiftly skimming over fields. While historically building nests in caves, cliff sides, or natural overhangs they seem to have adapted to humans well and now usually construct nests in barns, bridges, or eaves. Barn Swallows make nests by clumping mud together in a cup shape and layering with grass and feathers.

Courtship often involves dazzling aerial acrobatics and chas-

marily driven by the lack of resources available during the winter months. Simply put, they'll move to where survival is easiest. Long distance migration is less understood and not as easy to justify. There's simply no need to travel thousands of miles for beetles and berries when there are other ones considerably closer. Research suggests these routes developed as a result of better breeding habitats. While tropical zones provide abundant food during the winter months, temperate zones are more habitable during breeding seasons. Longer daylight hours and ample food allow these migrants to produce twice as many offspring compared to their non-migrant cousins. Of course, during the tough winter months it's time to head back to the tropics.

Short distance migration is pri-

The switch that flips indicating when a bird should head south is initiated by a few factors. Shortening daylight hours, cooler temperatures, dwindling food supplies, and genetic factors are all cues that tell a bird when it's time to go. Researchers have even documented that captive and caged birds exhibit restlessness during migratory periods and can be seen fluttering predominantly toward the north or south side of a cage depending on the season.

Migratory birds can cover thousands of miles during a single trip. They seem to intuitively know the way to go. Even first year birds who have never made the trip before can manage on their own. Biologists have wondered how that can be, and the best research indicates that they utilize landmarks, the sun and stars, and the Earth's magnetic field. Many young birds are believed to develop a site attachment during the first migration and will continue to return to those sites year after year. Some birds, barn swallows included, may even use the very same nests time and time again.

Migrants often get bottle necked in what bird enthusiasts call migrant traps. These are areas that migrating birds concentrate into in very large numbers. These traps are often last pit stops, like islands or peninsulas, before long barren stretches of distance must be covered without readily available resources. Bird watchers can see many birds of different species in a short time span, which makes them exceptionally popular for people as well as birds. In some instances these traps might provide an important food sources for migrating species. The Red Knot is a long distance migrant that travels 9,000 miles from the coasts of South America in winter to breed in the Canadian arctic. While making this journey they make a pit stop in Delaware Bay. On some days it's estimated that nearly 90% of the entire subspecies can be found there during these mass migrations. This trap is a midway pit stop on their long journey and provides an essential food source to power them through. They arrive in the spring when Horseshoe Crabs lay their green eggs in sand. The Red Knot devours as much as he can and con-



Every year, my wife and I await the return of the Barn Swallows. Whether they are the same pair as the year before, or offspring born in the barn the prior year, we'll never know, but they always seem immediately right at home. Watching them try to entice fledglings out of the nest is quite entertaining, especially when one simply has no interest in leaving the security of the nest. The Swallows provide not only hours of entertainment, but a mosquito and fly-free environment.

tinues his way onward.

Migration can be dangerous business. It is physically taxing and may be too much for older or injured birds to handle. It also increases exposure to predators. Man made structures like wind turbines also present problems. We place them where there is consistently the most wind so we can generate the most power. These sites are often where migratory birds make their routes because it is the path of least resistance for them. Climate change is eroding shorelines, altering food availabili-

ty, and distorting weather patterns creating problems throughout the entire migratory cycle.

The phenomenon is as arduous as it is inspiring. The somewhat nomadic lifestyle of birds was shaped thousands of years ago and has also helped to ensure the survival of our modern day dinosaurs. Here's hoping the prevailing winds provide smooth sailing for many more to come.

To read other articles by Tim Iverson, visit the Authors section of Emmitsburg.net.



ing one another through the air. Once coupled a pair can be seen preening each other's feathers and touching beaks. A couple will produce 3 - 7 eggs at a time. Once hatched a Barn Swallow will be mature enough to set off on their own in approximately 15 - 28 days. A nesting pair can produce 1 to 2 broods per year. Barn Swallows can most often be seen sailing over fields hunting flies, beetles, grasshoppers, and other meadow insects. Once the summer months have peaked Barn Swallows will begin to make their way south. For them migration south is in full swing by late July, and will return north by May of the following year. Migration is a complicated process and not entirely understood by biologists and scientists.

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REAL SCIENCE

Fracking

Michael Rosenthal

We've seen a lot in the news recently about the pros and cons of fracking. Fracking, a nickname for hydraulic fracturing, is a drilling technique used for extracting oil or natural gas from deep underground. The most recent alarm was sounded in a Washington Post editorial discussing induced earthquakes due to this technique. Other criticisms claim fracking can destroy drinking water supplies, pollute the atmosphere, and contribute to the greenhouse gases that cause global warming.

Fracking begins with a vertically or angular drilled well from the earth's surface that goes to a depth of as much as two miles or even more! After the drilling is completed, a fluid is pumped down into the well at high pressure, as much as 9000 pounds per square inch. The pressure achieved fractures surrounding rock, creating fissures and cracks through which oil and gas can flow.

The fluid pumped is water with chemical additives, such as detergents, salts, acids, alcohols, lubricants, and disinfectants. The modified water is called slickwater. The additives make up 0.5 to 2 percent of the water by weight. Sand and ceramic particles are also pumped into the well to assist in propping open the rock fractures.

The liquid that flows back from this process is contaminated water, which may contain such components as radioactive materials, heavy metals, and hydrocarbons, as well as other materials, sometimes toxic. And here is a problem – that of safe wastewater disposal. Ideally, the wastewater should be efficiently collected and sent to a safe disposal facility.

Another problem is the water that was in the pore spaces of the rocks below the surface. This is called formation water. Formation water is usually very salty and may have high levels of radioactive (and thus dangerous) radon gas, that comes from uranium decay.

Thus, proper environmental and human safety issues come with fracking, which makes it expensive and potentially dangerous.

Fracking was invented in 1947 by The Stanolind Oil and Gas Corporation. The first successful commercial application occurred in 1950. It is utilized in Canada, New Zealand, South Africa, and the United Kingdom.

Thus, fracking has been used extensively worldwide, but is a fairly recent development in the United States. The number of natural gas wells has almost doubled in the United States from 2000 to 2010, says The Department of Energy, and over 15 million Americans live within a mile of a fracking well. Fracking areas include the Great Plains and the Great Lakes region, covering a lot of square miles. We will talk about environmental impacts in Oklahoma a little later in this article.

The Marcellus Shale region, which



One of the "danger" signs erected at a fracking site, warning of some of the poisonous substances which are associated with the process.

reaches from central New York into Ohio, and south to Virginia, is a region particularly attractive to gas drillers. Some call it the "Saudi Arabia of natural gas."

Like other methods of extracting energy producing materials from the earth, safety concerns are present and not trivial. Malfunctions can have serious environmental consequences. In April 2011, a fracking well in Stafford County, PA, malfunctioned and spewed thousands of gallons of contaminated water for more than 12 hours. Researchers from Duke University tested drinking water at 60 sites in Pennsylvania and New York and found that drinking water near fracking sites had high levels of methane, a very dangerous chemical.

Fracking releases toxic chemicals into the air, including benzene, ethylbenzene, toluene, and n-hexane, chemicals for which long-term exposure lead to birth defects, neurological problems, blood disorders, and cancer. Workers may be exposed to dust with high levels of respirable silica. This information was provided by the National Institute for Occupational Safety after a study of 11 sites in five states. Some 150 studies have expressed concerns over such dangers.

The Washington Post published an editorial in April with an additional concern - earthquakes! The U.S. Geological Survey released an earthquake hazard map with a "big, red blob" over Oklahoma. Most Oklahoma quakes have been small, but numerous; however in February, a 5.1 magnitude quake was felt there. Scientists seem to think that fracking is not the primary cause of these quakes, but that a major cause may be the disposal of the wastewater into injection wells, putting pressure on subterranean geology. The major impact of such events has been seen in Western Canada. If wastewater disposal is the major problem here, fracking may be a useful and manageable method to extract oil and gas, if suitable and responsible methods are developed and car-

I EXIST TO ASSIST

ried out to dispose of the wastewater.

Of course, as we've discussed in previous columns, the bigger problems is how to safely produce the energy we need by a proper mixture of sources and to find ways to conserve energy in our lives and in industry. The use of water power (such as Niagara Falls), wind power, and solar power are good and safe, but limited to certain regions of the country. Nuclear power can be produced anywhere, and America's nuclear safety record is exceptionally good, but there remains a potential for serious accident issues. Burning fossil fuels is a lot rougher. Environmental pollution, carbon dioxide production and its impact, and air pollution from contaminants are issues we've discussed before in these columns. We need to continue to do enlightened planning, develop methods of conservation, improve the technology of our plants, find ways to limit pollution, and reduce wasteful energy usage.

Let's now move to a more amusing topic. We've written before about UFOs and our good friend, Bigfoot. My wife and I visited Roswell in southern New Mexico, where aliens are believed by some to have visited, and whose alien museum and associated activity have provided the area with great tourism attraction. (It is very beautiful, aside from that fact). A tiny town, about 1700 people, in northwestern New Mexico, Dulce, on the Jicarilla Apache Reservation, is now the center of a story of such alien encounters. The Sante Fe New Mexican reports that Dulce residents have seen flying saucers, UFOs, and fast-moving lights going back and forth in the sky there. Current word is that space aliens are working with the United States government beneath the Archuleta Mesa, a flat-topped mountain that overlooks the town. There is also a resident of the town who claims to have tracked Bigfoot there as well! The town has a casino and hotel, and it welcomes tourists. As Mel Brooks said in The Producers, "Everything is Show Biz".



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COMMUNITY NOTES

Red Door Boutique!

Danielle Ryan

Looking for a unique local shop to take the girls for a fun

`and crafty day? Well look no further because Taneytown has exactly that; welcome to the Red Door Boutique! Opened in November 2015, the Red Door Boutique may not have been here for long, but it has so much to offer.

Emily Graham opened Red Door in Taneytown about a year ago after she and her family decided to make the move to the area for her husband's job. After considering a couple of surrounding towns, Emily and her family settled in Taneytown because she believed it was a quaint town that had so much potential.

Emily has always had an interest in crafting, and from a young age, she knew she wanted to open a store of some sort one day. She began scrapbooking after her daughter was born, and soon after realized that she wanted to open a craft store. She always loved shopping in boutiques and liked the unique products and merchandise that were offered, and decided that she would bring a boutique to life in Taneytown. Before the opening of Red Door, there was no business like it and the need for a "gift shop" of sorts was clearly needed in the town. Red Door Boutique is still the only business like it in Taneytown, which certainly sets it apart.

Customers come and enjoy the unique products sold, including home décor, bath and body products such as lotions and soaps, jewelry, handbags, wedding items as well as some food items such as jams and jellies. Red Door offers a "little bit of everything, but not too much," as many customers have mentioned. Emily takes this as an incredible compliment from those that come to enjoy her store as she also believes in offering a variety of fun merchandise while not going too "over the top."

The customer base is currently catered toward women in their thirties and older, but Emily mentioned the desire to expand the

merchandise sold to accommodate the interests of younger girls in their teens or twenties. She believes that she will be able to do that by continuing to offer a variety of crafting and DIY related classes for women of different ages. Currently, scrapbooking and different types of paper crafting classes are being offered both weekends and weekdays, and can be registered for a \$10 fee. She mentioned that she is always looking for ideas for new classes as she hopes to continually update and find new and interesting crafts to make. On June 26th, a wreath class will be held, making paper wreaths with a patriotic theme gearing up for your Fourth of July celebration. This would be a perfect decoration to be showcased at your family get-together on the Fourth! She also does special orders for anyone holding an event that may be looking for something particular to decorate their event.

If crafting classes aren't your thing, but you would like to spend an afternoon with your friends enjoying some local craft and food vendors, then Super Saturday may be more your style. Super Saturdays are monthly events being held through September from 10 am - 3pm. The Red Door Boutique holds this event to feature local vendors offering handmade items, fresh produce, antiques, food and crafting demonstrations. The first Super Saturday was held on May 14th, and was a success. If you missed this one, fear not because there are at four more summer dates to come, the next being held on June 11th. Throughout the summer, Emily hopes to continually expand this event to offer more unique quality local items and products, so if you or someone you may know is interested in being a vendor feel free to contact Emily for more information at emily@reddoortaneytown. com or visit her website www.reddoortaneytown.com.

Additional events and sales that are offered by the Red Door include Golden Girl Days. This sale, held every Thursday, includes 10% off for women ages 55 and older. Ladies, stop on in if you get a chance! An ice cream social was held on May 28th, where a tasting of homemade ice cream partnered with jams and jellies sold within the Boutique was offered to those that attended. Future events like this one may hopefully be offered. The grand intention is to offer some sort of event or class every week, to keep ideas constantly new and changing. So there will be plenty in the future for everyone interested.

The Red Door Boutique may be a new business in the area, but Emily mentioned that many customers come into the store and reminisce about the store's history. It was once a church, and just four years ago it was a florist, called "Every Blooming Thing." The building has some history behind it and attracts town locals who remember the history it's been through.





The Red Door is the latest addition to Taneytown's growing number of exceptional arts, crafts and quality antique shops, making Taneytown the 'in place to shop' for anyone seeking to add a little flourish to their homes or lifestyles. The Red Door offers a wide array of items that you'll immediately want in your house!

It is Emily's dream and intention to bring more to Taneytown; more events, more for people to do, inspire more creative thoughts by designing this store.

If you think this is a women's only store – think again! The Red

Door Boutique sells beer soap, beer lotions and a couple other products for men and will be expanding their "manly" section. So stop on in and visit The Red Door Boutique at 16 W. Baltimore Street in Taneytown Thursdays through Sundays!





PETS

Bart: A tribute to a beloved horse

ter, jumped back up the bank and

Kimberly Brokaw DVM Walkersville Veterinary Clinic

Tbought Bart when I was in col-Llege at the University of Maryland. My neighbor had gone to live in England for a few years after she finished college. She purchased several horses in Ireland and brought them home after her time in Europe was finished. Upon her return, she decided to get married, and realized her future husband was not happy about supporting all of the horses. She placed a couple of them up for sale. Bart was not an athletic looking thoroughbred. He was an Irish draught, Connemara pony, Holsteiner cross, so rather than being a horse that you could describe as sleek and shiny, fat and hairy was more appropriate. He had a great butt, strong legs, and a winning personality. He also had a beautifully shaped head and fantastic facial expressions.

His personality was probably the best part about him. He had a great work ethic and was willing to do whatever you asked of him but he also had a sense of humor. When I went to look at Bart she advised me that he had a 'quick spook', a term for his precipitous nature of jumping sideways away from perceived danger. Another neighbor also confirmed that he liked to spook and also had a habit of refusing to jump the first fence out of the start box. That being said, Bart always jumped for me. He was happy to leave the start box and hop over all the fences. I think in our entire eventing career we only had one refused fence and maybe a handful of knocked down show jumping rails. He seemed to take pleasure in eventing with me. Perhaps because in between phases I'd let him eat extra yummy hay and always provided him with something new and exotic to eat. He was always one that could be persuaded with food. At one horse show, he and my dad shared crayfish covered in

Old Bay seasoning. Bart loved the crayfish. While I don't remember if he won the event that day, I do know that, like usual, he jumped flawlessly.

The spooking on the other hand was a trait that stayed with him for life. It usually wasn't a fearful spook but rather a quick hop to the side of "oh what is that?" Up until he died the only things that ever scared him were wild boars and push brooms and truthfully as he got older the push broom became less frightening. Moonbounces, tractors, chainsaws, plastic bags, and other things normal horses found scary didn't faze Bart. While as he got older his spookiness got less frequent, you could still expect a spook on almost every ride though. When I first got Bart, he would spook and I would fall off almost every week. While some horses would wait the fallen rider to get up and remount, Bart would instead run home and leave me in the woods, field or creek. I would walk home or sometimes my mom would drive down and get me. After about 6 months I was no longer falling off of him weekly. In recent years, I still fell off of Bart about once per year. With age, instead of running home, he would wait for me. Most of my falls were from me doing something stupid like trotting through the woods while talking on the cell phone and holding onto the phone when he spooked rather than trying to stay on the horse. To be fair, I had medical insurance, my phone did not.

The majority of my falls from Bart involved no serious injuries aside from grass stains or a small bruise, with one exception. One time we were schooling cross-country. Bart was jumping well, and while it was hot and he was getting a little tired, we decided to jump through the preliminary-level water complex one more time. He jumped the first obstacle, then dropped down the bank, ran through the wathen it was two strides to the table jump. When we approached the final table jump, I noticed we were out of stride for the jump and told him to leave long and jump big. Luckily Bart over-ruled me and chipped-in with an added stride. Luckily for us both, Bart's actions possibly prevented us from having a catastrophic rotational fall. However, he was mad that I didn't hold up my end of the deal and proceeded to buck me off. While I landed on my feet, I fractured a couple of pieces of bone off my tibia and sustained mild tears to some tendons and ligaments in my knee. Bart did not run back to the trailer but instead waited for me so I could ride him back since I couldn't walk on my leg.

While I wouldn't exactly say that Bart mellowed with age, I'd instead say that his sense of humor changed. Up until the day he died he had plenty of go, a little spook, an excellent gas pedal, and good brakes. While he could ride like a hot rod muscle car, he could also ride like a lazy-boy recliner as he leisurely walked through the woods while his rider enjoyed a beer. The inevitable spook resulting in beer being spilled on his neck, but he never seemed to mind that. As he aged, rather than finding it funny to spook and have his rider fall and watch as they crawled away coughing, he now took enjoyment out of showing off his fancy dressage moves as he would leg yield off the trail to go eat grass, tasty shrubbery, or the neighbor's field corn and soybeans.

Bart also learned that the typical guest rider really was just along for the ride and he could do whatever he wanted while they were on his back. While he was very good about following the other horses, a couple of times he had flashbacks to his eventing days and tried to take the guest rider for a run up a hill and over a jump. He also liked to take detours to

oundation



Bart, 1995 - 2016

the bird feeder, chicken food, deer corn, and low apple tree branches, while the inexperienced rider would pull on the reins and try to redirect him.

My senior year of vet school was all clinic rotations. Each rotation lasted 3-6 weeks. This meant that almost every 3 weeks I was moving and Bart always came with me. The nice thing about being a "soon-to-be" veterinarian is that most horse people are delighted to invite you and your horse to stay with them. Bart got to stay in some very fancy barns as his consolation prize for the fact that he was always being moved. He didn't seem to mind and always stepped right in the trailer, traveled to wherever it was we were going, and hopped out, never missing a beat.

When we were eventing and competing a lot, he got used to traveling, in that we entered competitions from New York all the way down the coast to Florida. He was never the sort of horse who just wanted to hang out in the field all day. If work was busy and I didn't have time to ride for a few days, I would always see him hanging his head over the gate and watching me. It's like he was saying, "Hey! Come take me out for a ride! It's boring in here!"

While he enjoyed his years of traveling for competition, I think he enjoyed the travel with vet school rotations and camping trips more in that his work consisted of leisurely trail walks where I let him taste test all the new and exotic greenery. On one of these rotations he became friends with a skunk, yes, skunk. Every night he would go to bed and the skunk would come and nap on his head. The first time this happened I wondered if Bart had gotten sprayed by the skunk as his head had the faint skunky aroma on it when I fed him breakfast. By dinnertime the smell had faded and yet the smell was back again the next morning. This went on for about a week and a half before I came home late from an emergency call and saw Bart and the skunk together in the field. Apparently Bart thought it was perfectly normal to let a skunk sleep on his head. I wonder how many other woodland creatures he has be-friended over the years?

Before humans die, they write their last Will & Testament, give their home & all they have,

to those they leave behind. If, with my paws, I could do the same, this is what I'd ask ...

To a poor and lonely stray I'd give:

- My happy home.

- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give... The love I left behind.

-- Author Unknown

When I took my current job at the Walkersville Veterinary



PETS

Clinic, one of the perks was that a house was provided. During the interview I inquired as to the barn by the house and they told me that I could use that as well. Bart had always lived with me and that wasn't something that was going to change now. I have always been the type of person that would take a job based on the living accommodations of my horse. While Bart lived at the clinic barn, he used to enjoy sleeping in the sun out in the field overlooking route 194.

Sleeping stretched out on his side, not curled up, but stretched basking in the sun. The clinic would frequently get calls telling them they had a dead horse in the field. One lady who called was adamant that he was dead, despite the clinic reassuring her that he always slept there and was fine. She refused to get off the phone until we told her that a vet would go out and check on him. I laughed as I went out and gave Bart a carrot and told him that he had tricked yet another driver with his macabre sleeping behavior. Eventually I moved out of the clinic house, and while my new house had a lot of road frontage, Bart's favorite sleeping hill was further away in the back so I no longer received the panicked calls from people driving by.

The new house also had a halfacre pond on the property. Bart enjoyed wallowing in the water, much like a hippo. He was quite content to go in up to his shoulders but he never swam. Instead he would wade across the pond nibbling on the aquatic plants as they drifted by. His farrier always cringed come summer time as he knew Bart would stand in the pond frequently and his hooves would get soft and not hold shoes champion shoe puller. It was his

shoe and pull it off that made me learn how to nail on a lost shoe myself. It never failed that Bart would lose a shoe right before a trail ride or camping trip so that skill came in handy. One of our favorite summer trail riding destinations was Lake Codorus. I'd take him into the water and stand on his back, use him as a diving board, and cannon ball off. While my young horse would go out in the lake and swim a little, Bart would just stand and splash in the water.

While people like to measure success in life by accomplishments, I'm not sure a horse would evaluate it the same way. While in human terms, Bart was a successful horse. He evented through preliminary level (3ft 7 inch high jumps with maximum width of 4 ft 7 inches). However, I would think Bart wouldn't measure his success by that accomplishment but rather by how much quantity and variety of food he has eaten.

Bart loved his food, and his friend's food, and your food, and my food. If he thought you had a bag of food he would grab the bag with his mouth and try to run off with it. He has smashed open multiple containers of treats that I've left unattended for a few seconds. Bart's food tastes were not limited to just the usual grain, carrots, apples, peppermints, and hay, but all food. Bart has eaten chicken food, flock blocks, sunflower seeds, grass seed, horse and human cookies, bread, candy, practically every fruit and vegetable known to man, and an assortment of various sandwiches.

Only a week after his 21st birthday party, Bart coliced and died. I'd gotten home from work and took him for a bareback trail ride. His typical trail ride consists of eating



The author, Kimberly Brokaw, and Bart jumping the table fence at the Seneca Horse Trials in 2003.

he snatched the entire bucket of cookies off the chair and was trying to open the bucket while I tried to yank it out of his mouth telling him he could only have two cookies. In hindsight, I wished I'd let him eat the entire bucket. I turned him out in the field and started working with my other horse when I noticed Bart was acting "not right". He was pawing occasionally and seemed agitated. Over the next few minutes that agitation turned into full out colic. I grabbed Bart, gave him a shot of banamine. The banamine did nothing to help his pain and as I continued to examine and medicate Bart, I realized his intestines had twisted or displaced and surgery was his only chance of survival. Bart was immediately loaded into the trailer. Even as I was putting him in the trailer, some part of me knew that he wouldn't be com-

I rode in the trailer with Bart,

the past several months I'd been monitoring his liver as he had elevations suspicious of a relapse. Based on how he was breathing there was also concern that the lymphoma had spread to his lungs as well. The blood work showed that his liver enzymes were even higher than before. Based on his history of lymphoma and poor chance of survival, the decision was made to humanely euthanize him. I euthanized him myself so at least I would know I was the last person he saw, and not some stranger. I took Bart home with me and he is buried out near the fire pit under the trees.

Bart was a significant part of my life for the last 15 years. I was out with him every day for his breakfast and dinner, as well as taking him for a ride about 5-6 days per week. I've

probably spent more time with Bart than with any other animal or person in my life. I know he touched many lives besides my own as well; lives of colleagues that learned from him, friends and family who rode him, acquaintances that fed him treats and gave him a pat, and everyone who loved him someway because he was so unique and special.

While I feel that I gave him an excellent life and we had great experiences together, I still wish I'd gotten more time with him. I know every time the weather changes and I feel a twinge in my knee, all the memories of my once in a lifetime horse will come flooding back.

To read other articles by Dr. Brokaw visit the Authors section of Emmitsburg.net.





THE MASTER GARDENER

Small space gardening

Mary Ann Ryan Penn State Master Gardener

Although our property isn't small, we have a few "small spaces". These spaces have been created through sitting areas, clumps of trees, and utilitarian buildings.

When we first built our house 19 years ago, we planted many tree seedlings with the hope of creating some of these special spaces. One such space is our birch tree grove. We planted what now appears to be five clump birch trees, but in fact it was three seedlings we planted in each of the five holes, creating that natural clump affect. Part of the grove is under-planted with Ilex verticillata - winterberry hollies. Now that the trees are mature and the garden shaded, I have added Christmas ferns, Heuchera (coral bells), and Packera aurea (ragwort) and Thermopsis caroliniana (false lupine) to the bed, creating a very natural, intimate space, all shades of yellow and green. This space is probably about 20'x10', so there's not a lot of any one plant, but a nice variety with interesting textures and colors.

This space can further be developed by adding a small seating area and a few containers for additional color. Suddenly within a large space, a small garden that can be viewed and experienced in a very personal way has been created.

Another fun small area is by our patio. The two trees that shade it are paperbark maple and pagoda dogwood. Both are small trees, about 20' tall. The Acer griseum, paperbark maple, has interesting peeling bark. I have pruned it so the bark is visible while sitting on the patio. This tree also gets a wonderful orange-red fall color. The Cornus alternifolia, pagoda dogwood, has low branches that just about hit the ground with white flowers in May. These trees have created a small understory area that I have a collection of shade perennials like hosta, ferns and hellebores. Each of these perennial plants has unique textures and foliage colors that can be seen and enjoyed close up - the beauty of a small garden.

Small spaces do not mean that gardening cannot be done. As a matter of fact, I enjoy small spaces better than large areas. Plants are seen individually and enjoyed up close, as opposed to mass planting and quick viewing. Small areas allow us to really work with different textures, shape and colors. Maintaining them is even more enjoyable. Weeding is easy and can be accomplished in a quick manner.

There are some limitations, however. We can't plant everything. Site analysis, like understanding the sun, wind and soil will define the plant community. Not always in a small space can vegetables be planted. If



A small space can come to life with the right mix of heights, fun objects, and fine-foliage plants.

there are trees shading the garden, you will be limited to ornamentals and not edibles, although a shade garden will allow for a great place to have a few chairs for relaxing.

Sun allows for edibles and ornamentals, but if a sitting area is needed provisions by umbrellas or some type of trellising will have to be considered. Deciduous flowering shrubs can be easily used in a sun garden, remembering that many flowering shrubs can get some great size to them. Using them individually as focal points or pruned into more of a tree form can make a great impact on a small garden.

Vegetables can be introduced in a sun garden within the planting beds mixed in with the ornamentals, allowing you to really work with textures and colors. Having great fruit color and interesting leaf texture makes some vegetable plants a great addition to a perennial bed. For instance the fern like leaves of the asparagus is a great background plant. The course texture of zucchini leaves make a great accent plant, and the climbing ability of a cherry tomato is great for on a trellis, as the red tomatoes are quite pretty.

Imagine sitting at a small bistro table with your best friend under an umbrella with a climbing cherry tomato plant behind you and plucking those tomatoes as a snack while relaxing. And in the corner of your small garden is a Physocarpus opulifolius 'Diablo', an dark leafed ninebark, growing as a focal point, reaching 8' high with peeling bark and allowed to arch over a ground cover of strawberries that you picked and made some jelly. And how about a small birdbath in the other corner that has a few Deutizia gracilis 'Nikko', a dwarf deutzia that gets white flowers in the spring, at the base? Mix in a few sun perennials like Phlox paniculata (garden phlox) and Rudbeckia hirta (black eved susan) and your small garden is filled with blooming plants to be enjoyed throughout the seasons.

Small spaces are synonymous with the use of containers. Container gardening allows a person to grow multiple types of plants in areas that have hard surfaces, like patios, decks and walkways. Typically we think of container gardening as growing annuals. So plants like geraniums, petunias, and million bells are often what we might envision. However, container gardening can be so much more. Vegetables, perennials and even small shrubs can be grown.

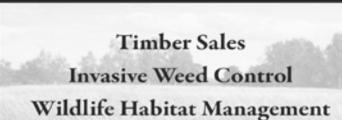
When choosing the container, consider what type of plants you will be growing in them, how big the plants are going to get and how much sun they will need. The sunnier the location, the more likely a pot that is plastic, or something other than clay, should be used. Clay, although looks great, dries out very quickly and watering daily is imperative. However, in the shade, a clay pot will do just fine.

The type of plants grown in containers will determine the size of the pot. For instance, vegetables require large pots -16" or larger, depending on the plant. Tomatoes, squash, and cucumbers would need a minimum of a 16" pot, but if lettuce is your vegetable of choice, a smaller pot will do. Annuals plants are great in containers for quick color, and a variety of container sizes can be used.

Potting mix is important when growing in containers. There are many on the market. Whenever we talk about growing plants, we always start with the soil, and container gardening is no different in that aspect. However, the soil we use is soilless mixes. These are the mixes we purchase, not dig up from our yards. Soilless mixes are used because they do not compact and harden in containers like native soil does, and they are sterile, so do not carry and soilborne diseases that can pass onto the plants. Many potting mixes are peat based, however, some mixes contain peanut shells, composted bark, or even coir. Coir is natural fiber made from the husk of coconuts. Don't limit yourself to turf and annuals in a small space - think about flowering shrubs, small trees, perennials and vegetables. If you have a small space, go crazy and design a great garden. Enjoy the space and all that can be done within that garden.



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To read other gardening articles, visit the Gardening section of Emmitsburg.net.

THE MASTER GARDENER

Central Maryland Antique Tractor Club



Antique tractors of all shapes and sizes will be on display at the Central Maryland Antique Tractor Club's show on June 9th and 10th. See ad on page 47 for additional details.

The Central Maryland Antique Tractor Club is a nonprofit organization founded on September 1st, 1977. The club is defined in the by-laws as a corporation that shall be composed of members having the desire to promote the restoration, preservation, and use of antique tractors and machinery in activities which are educational in nature and the sport of tractor pulling, and improving the standard of community through providing education, interest and general participation in these activities.

Today the club consists of over one hundred members, headed by our President -John Roop, Vice President -Jad Drake, Secretary - Jena Roop, Treasurer - Katie Murphy, and the Board of Directors - Henry Brunnett, Bailey Drake and Paul Murphy.

Every year we hold our annual Toy Show & Auction in February and Annual Tractor Show in June. The club also puts on antique tractor pulls through out the year at local Steam and Gas Shows. The classes range from 3,000lb to 10,000 lb stock and four open classes plus this year we have added two classic classes. Club members accumulate points through the season and are awarded trophies at the annual banquet in November. The Proceeds the club brings in through our events are donated back to local 4H and FFA.

A scholarship foundation was started to support students in



year to a club member voted for by other club members for being the most sportsman like and helpful through the year, the over all good guy or girl.

For those first year pullers, The Bill Anders Memorial is awarded to one of the new pullers, whether it is a new club member or an old club member that decided to pull.

For more call 301-443-286-7843 or email cmatc@comcast.net

Small Town Gardener The necessity of garden underwear

Marianne Willburn

The tricky business of staking is on the agenda chez Willburn; but with the heat, humidity and resulting malaise affecting all forms of life whether flora or fauna, it is difficult to do more than wave a hose out there and call it good. These are the times that try men's souls (and this particular 'man's' desire to use appropriate language around her children).

Yet the garden grows. Tasks must be completed. There's even a remote possibility that someday I will want to enjoy my outside world again. So, back to staking. Staking while baking. It must be done. Very little point in planting things like tomatoes and trees if one is going to turn one's back the moment the weather turns sour.

There are many people who feel that staking plants is time consuming, overly meticulous and fussy. But it must be stated that staking is not solely about appearances, and can positively affect the production and purpose of a plant. If you choose to plant, say, an old fashioned peony with heavy double blooms that smell sweetly, something is lost in translation if you have to pull the blooms out of a mud puddle in order to sniff them. The purpose of this plant is scent and ornamentation – both of which are compromised by lying face down in the dirt.

Tomatoes can flop, and the Italians often grow them thus – in an orgy of vining, twining summer stems reclining atop beds of straw, but I find that there is more production and less waste when they are (at the very least) leaning against an upright cage. This sentiment might reflect the uptight English part of my nature, but it is also very practical when one is dealing with a small space and a humid, fungus-loving climate.

And, if you've ever dug a huge hole, amended it with love, and within, planted a small, precious tree, only to leave the staking for another day; I trust that the resulting 60 degree angle of the trunk five years later is to your liking. Trees settle in their holes. They stretch toward the sun and must be gently reminded that building good character starts with boundaries – yours.

So, staking should be undertaken, and just like any good undergarment, the stakes should be discrete. But how, and with what? I am not a garden-gadget person, but a few years ago, I found green metal stakes in two and four foot lengths topped with a half circle hook at one end, allowing the gardener to quickly pop in a stem and secure it without ever getting out the twine. I love these reusable, camouflaged stakes and add a few to my collection whenever I see them at garden centers. They are great for plants like foxglove, large iris, Echinacea, and other perennials and annuals that throw up tall blooms that could be damaged by winds or rampaging guinea hens.

For larger clumping perennials whose blooms grow more as an extension of the foliage (peony, Montauk daisy, hypericum etc.), hoop style staking is preferred. You can either buy such hoops (and spend your life trying to get all three stakes at equal depths), or work with twine and bamboo to create something similar with the added benefit of an inner cobweb-like structure.

Such staking won't secure a small tree. But ¹/₂ inch rebar can be pounded in on either side of a newly planted specimen and connected with a bit of rope sheathed with rubber hose to protect the trunk from being gouged. Use a figure-eight configuration with the rope and don't secure it too tightly – it's important the tree is able to move a bit (just a bit mind you) in the wind.

Some plants will require an immediate staking, others can grow into it, and still others will get by with a stake thrown in on an as-needed basis. Use your discretion, and for Heaven's sake, when you're buying plants in the first place, think carefully about their need for extra support. If you disapprove of underwear in the garden, you can easily find cultivars that make such trappings unnecessary – burning one's bra and letting it all hang out however is not the answer.

Marianne is a Master Gardener who writes from Lovettsville, VA. You can read more at www.smalltowngardener.com.



remembrance of two of our past members Dave Boyer and Clayton Lenhart. Each year we donate money to applicants that are sponsored by one of our club members and reviewed by a committee. We keep the fund going through donations made by the community and through a cake auction held at our June Tractor show.

The club also sponsors the Walter Eaves and McComas Albaugh Memorial Restoration Award. Each year club members enter pictures of either tractors or gas engines that are in need of restoration and at one of the final shows in October the entrees are judged and the winners are announced at our annual banquet in November.

There is also the Joe Ferrell Memorial Award given out every

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FINANCIN OFFER





We will have a fundraiser for Mother Seton School in June.

Watch for details on www.emmitsburg.net Top and Side Blasters

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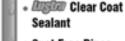
Presoak

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- Surface Gloss

 Spot Free Rinse
- Flash Dry
- Rite Touch Foam Wash

Presoak

- Ingliar Clear Coat Sealant
- Spot Free Rinse
- Flash Dry



Wash

Spot Free Rinse



Pre-paid cards available for fleet vehicles and personal vehicles as well.

107 Silo Hill Parkway, Emmitsburg, MD

2015 Mount St. Mary's University Water report

Important Information About Your Drinking Water

We're pleased to present to you the Annual Water Quality Report for 2015. This report is designed to inform you about the water quality and services we deliver to you every day. Maryland Environmental Service (MES), an Agency of the State of Maryland, began operating the water treatment facility in June 2015 and prepared this report on behalf of the Mount St. Mary's University.

The Environmental Protection Agency (EPA) regulates Public Water Systems and the contaminants found in water through the implementation of the Safe Drinking Water Act (SDWA). The SDWA sets regulations and guidelines for how public water systems operate and identifies several hundred drinking water contaminants, establishes monitoring frequencies and limitations. The Maryland Department of the Environment (MDE) is responsible for the enforcement of the SDWA and routinely complete Sanitary Surveys as part of their ongoing inspection and monitoring program. MES provides safe dependable operations of the water system and is dedicated to consistently providing high quality drinking water that meets or exceeds the SDWA standards.

If you have any questions about this report or concerning your water utility, please contact Tood Otis, Director of Capital Projects & Energy Management at 240-344-4765, e-mail: otis@msmary. edu. Copies of this report will not be mailed to consumers but are available upon request from your utility.

The Mount St. Mary's University water works consists of three drilled wells. Before the water enters the distribution network chlorine is added to protect against microbial contaminants. The water is then pumped into a storage tank. The Maryland Department of the Environment has performed an assessment of the source water. A copy of the results is available. Call Maryland Environmental Service at 410-729-8350.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Monitoring Violation (late collection of samples)

The Maryland Environmental Service (MES) operates and monitors the Distribution System for the Mount St Mary's University. In May of each year the system is required to monitor the water for TTHM/HAA5's. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During 2015, the system did not complete testing for TTHM/HAA5's until September and therefore cannot be sure of the quality of our drinking water during that time between May and September. The September results were below the MCLs and are listed in the table of results.

Definitions:

Maximum Contaminant Level Goal (MCLG) - The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Contaminant Level (MCL) - The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Action Level - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow The table on this page lists all the drinking water contaminants that were detected during the 2015 calendar year. The presence of these compounds in the water does not necessarily indicate that the water poses a health risk. Unless otherwise noted, the data presented in the table is from testing done January 1 – December 31, 2015. The State requires us to monitor for certain contaminants less than once per year because the concentrations of these contaminants are not expected to vary significantly from year to year.

Sources of Drinking Water

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

In order to ensure that tap water is safe to drink, EPA prescribes regulations which limit the amount of certain compounds in water provided by public water systems. We treat our water according to EPA's regulations. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health.

Important Information About Arsenic

Arsenic is a semi-metal element in the periodic table. It is odorless and tasteless. It enters drinking water supplies from natural deposits in the earth or from agricultural and industrial practices. Some people who drink water containing arsenic in excess of the MCL over many years could experience skin damage or problems with their circulatory system, and may have an increased risk of getting cancer. Currently, the arsenic levels are being monitored quarterly. We are constantly evaluating alternatives and treatment options for reducing the arsenic levels to less than 10 ppb.

Important Information Regarding Gross Alpha Emitters:

Mount St. Mary's University's water system was placed on quarterly monitoring for Gross Alpha after the results from 10/20/2015 were received. Compliance with the MCL will be determined after four consecutive quarters of results have been reviewed. Alpha emitters are naturally occurring radiations in soil, air and water. These emitters generally occur when certain elements decay or break down in



the environment. The emitters enter drinking water through various methods including the erosion of natural deposits There are no immediate health risks from consuming water that contains gross alpha, however some people who drink water containing alpha emitters in excess of the MCL over many years may have an increased risk of getting cancer. Currently, the highest level of gross alpha detected is 16.4 pCi/L.

Lead Prevention

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The Mount St. Mary's University is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your drinking water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the EPA Safe Drinking Water Hotline at 1-800-426-4791 or at http://www.epa.gov/safewater/lead.

Contaminant	Highest Level Allowed (EPA's MCL)	Highest Level Detected	Ideal Goal (EPA's MCL)
Regulated at the Treatment Plant Wells 3 and 5			
Nitrate	10 ppm	0.87 ppm	10 ppm
Typical Source of Contamination: Runoff from fertilizer use			
Barium (2013 Testing)	2000 ppb	590 ppb	2000 ppb
Typical Source of Contamination: Erosion of natural deposits	(1	ange from 310 to 590	ppb)
Regulated at the Treatment Plant Wells 6			
Vitrate	10 ppm	2.3 ppm	10 ppm
Typical Source of Contamination: Runoff from fertilizer use			
Fluoride (2013 Testing)	4.0 ppm	0.22 ppm	4.0 ppm
Typical Source of Contamination: Water additive which promotes a	strong teeth (ra	inge from 0.14 to 0.22	ppm)
Regulated at the Treatment Plant - Point of Entry			
Arsenic	10 ppb	9 ppb *	10 ppb
Typical Source of Contamination: Erosion of natural deposits	(n	ange from 5.3 to 17.9	ppm)
Highest level detected is based on an annual rolling average com	prised of data from	2014 & 2015	
Combined Radium (226 & 228) (2015 Testing)	5 pCi/l	2.3 pCi/l	0 pCi/l
Typical sources of contaminant: Erosion of natural deposits		(range from 0.0 to 2.3	-
Uranium (2015 Testing)	30 ug/l	13.4 ug/l	0 ug/l
Typical sources of contaminant: Erosion of natural deposits	-	(range from 12.1 to 13	.4)
Gross Alpha (2015 Testing)	15 pCi/l*	12.4 pCi/l*	0.0 pCi/l*
Typical Source of Contamination: Erosion of natural deposits	-	(range from 1.92 to 12	.4)
* Please read page 4 of the Consumer Confidence report for more	information on Gro	ss Alpha Emitters	
Gross Beta - (2015 Testing)	50 pCi/l*	4.7 pCi/l**	0.0 pCi/l
Typical Source of Contamination: Erosion of natural deposits		(range from 0.0 to 4.	
*EPA considers 50 pCi/L to be the level of concern for beta partic	les		
** Because the beta particle results were below 50 pCi/l, no testin		particle constituents w	as required
Regulated in the Distribution System			
Chlorine	4 ppm	1.08 ppm *	n/a
Water Additive used to control microbes. *Annual Average		ange from 0.59 to 1.6	
Total Trihalomethanes (TTHM) (2015 Testing)	80 ppb	22.35 ppb	n/a
		range from 8.35 to 22.	
Typical Source of Contamination: By-product of drinking water ch			
Haloacetic Acids (HAA5) (2015 Testing)	60 ppb	6.04 ppb	n/a
		range from 0.00 to 6.0)4)
Typical Source of Contamination: By-product of drinking water ch	lorination (2015 Tes	ting)	
Regulated in the Distribution System	Action Level	90th percentile	Ideal Goal
Copper (2015 Testing)	1300 ppb	202 ppb	1300 ppb
Typical Source of Contamination: Corrosion of household plumbing	g fixtures and system	15	
Lead (2015 Testing)	15 ppb	0 ppb	0 ppb
Typical Source of Contamination: Corrosion of household plumbing	g fixtures and system	ns	

Treatment Technique (TT) - A required process intended to reduce the level of a contaminant in drinking water

Turbidity - Relates to a condition where suspended particles are present in the water. Turbidity measurements are a way to describe the level of "cloudiness" of the water.

pCi/l - Picocuries per liter. A measure of radiation. ppb - parts per billion or micrograms per liter ppm - parts per million or milligrams per liter

Special Points of Interest:

The water at the Mount St. Mary's University is tested for over 120 different compounds. The Mount St. Mary's University's Drinking Water met all of the State and Federal requirements. Drinking Water, including bottled water, may reasonably be expected to contain at least small amounts of some compounds. The presence of these compounds does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's (EPA's) Safe Drinking Water Act Hotline (1-800-426-4791)

HEALTH NOTES

FRHS Cancer Program

Kelsey Shupe Frederick Memorial Hospital

Frederick Regional Health System (FRHS) announced on May 9, 2016 that it is the 14th healthcare system to be selected to join MD Anderson Cancer Network®, a program of MD Anderson Cancer Center. FRHS is the first and only hospital system in the State of Maryland to become a certified member of the network.

This affiliation combines the best of what Frederick Regional Health System does locally with the expertise of a national leader. FRHS cancer specialists have direct access to consult and collaborate with MD Anderson physicians when needed; allowing the FRHS Cancer Program to use treatment guidelines and best practices developed by MD Anderson – the global leader in cancer – to bring new hope to cancer patients—close to home.

FRHS will be able to more rapidly adopt innovative treatment plans based on the latest guidelines. Being a certified member of MD Anderson Cancer Network brings hope and a new standard of cancer care to the local community. Through this collaboration, FRHS patients can now benefit from two leading teams with one mission: to end cancer.

"Being certified by MD Anderson Cancer Network means that our cancer program has met clinical and programmatic qualification thresholds, and both hospital and physicians have undergone rigorous due diligence," explained Tom Kleinhanzl, president and CEO, Frederick Regional Health System. "Through this affiliation, Frederick Regional Health System's Cancer Program can combine the best of what we offer locally with the expertise of a national leader to provide an even higher level of cancer care to our community."

As part of MD Anderson Cancer Network, certified physicians at FRHS, who must also meet rigorous standards, will have access to disease-specific, evidence-based guidelines, treatment plans and best practices developed by MD Anderson experts. They will also



Pictured from left to right: Dr. Yin Wu, Medical Oncology; Dr. Meredith Wernick, Radiation Oncology; Dr. Brian O'Connor, Medical Oncology; Dr. Mark S. Soberman, Medical Director, Oncology Service Line; Dr. Mark Goldstein, Medical Oncology; Dr. Gregory Gagnon, Radiation Oncology; Dr. Elhamy D. Eskander, Medical Oncology; and Dr. Susan Bahl, Breast Surgery. Not pictured: Dr. Howard Berg, Colorectal Surgeon, and Dr. Kambiz Tajkarimi, Urology Specialist.

participate in routine peer-to-peer consultations with MD Anderson physicians to discuss cases.

"MD Anderson Cancer Network was created to advance our mission to eliminate cancer by sharing our knowledge and extending our multidisciplinary care," said William Murphy, Jr., M.D., chair of the board, MD Anderson Physician's Network. "FRHS has a long history of providing high quality, patient-centered cancer care. Our new affiliation builds on FRHS's strengths by making MD Anderson's specialized cancer expertise available to Frederick physicians, and we're confident it will elevate the standard for cancer care throughout Maryland."

Frederick Regional Health System's 10 participating certified physi-

Internal Medicine Associates proudly welcomes Dr. Bianca Udugampola-Stewart and Dr. Yassin Mohamed to our practice.

There have been many exciting changes at Internal Medicine Associates in the past year. We are pleased to announce that we are now part of Monocacy Health Partners, associated with Frederick Memorial Hospital. As a result, our practice name has changed to Monocacy Health Partners Internal Medicine Associates.

We also recognized the need to add more practitioners to our busy practice and are proud to welcome two new physicians.

Dr. Bianca Udugampola-Stewart is Board Certified in Internal Medicine. She worked at FMH as a hospitalist for seven years and specializes in wellness and preventive medicine, obesity medicine, and weight loss.

Dr. Yassin Mohamed is Board Certified in Internal Medicine and has been a primary care Internal Medicine provider for more than 10 years. Dr. Mohamed has a particular interest in cliabetes, osteoarthritis and men's health issues.

For more information or to make an appointment at MHP Internal Medicine Associates, call 301-662-8119.



Yassin Mohamed, MD cians include medical, surgical and radiation oncologists who treat cancer patients at their office locations and Frederick Memorial Hospital.

FRHS Cancer Program Participating Physicians

- Dr. Mark S. Soberman, Medical Director, Oncology Service Line
- Dr. Susan Bahl, Breast Surgery
 Dr. Howard, Borg, Colorata
- Dr. Howard Berg, Colorectal Surgeon
- Dr. Elhamy D. Eskander, Medical Oncology
- Dr. Gregory Gagnon, Radiation Oncology
- Dr. Mark Goldstein, Medical Oncology
- Dr. Brian O'Connor, Medical Oncology
- Dr. Kambiz Tajkarimi, Urology Specialist
- Dr. Meredith Wernick, Radiation Oncology

• Dr. Yin Wu, Medical Oncology In addition to the best practices and expert resources this affiliation brings to the FRHS cancer team; Frederick Regional Health System also provides specially trained nurse navigators and supportive programs free to anyone affected by cancer.

"This is an exciting development for our program," said Mark Soberman, MD, medical director of the Frederick Regional Health System Cancer Program. "Now patients throughout the area can obtain comprehensive care right here in Frederick, while also having access to MD Anderson's cutting-edge advances and clinical expertise. logether, we can better ensure that our patients now benefit from two leading teams with a shared mission: to end cancer." Whether you've been previously diagnosed, would like a second opinion or simply want to learn more, Frederick Regional Health System is here for you. This collaboration provides certified physicians with access to evidence-based guidelines and treatment plans developed by MD Anderson experts. These are disease-specific guidelines for cancer treatment, prevention, early detection and follow-up care, bringing new hope to local patients. Patients can talk to their doctor or call the FRHS Cancer Center at 301-418-6465 for additional information.







FINTERNAL MEDICINE ASSOCIATES

300 WEST 9TH STREET • FREDERICK, MARYLAND 21701 301-662-8119 • MONOCACYHEALTHPARTNERS.ORG/IMA To learn more about the FRHS Cancer Program and the MD Anderson Cancer Network, visit fmh.org/mdanderson.

PART 2 Commitsburg NEWS-JOURNAL Doughtboy statue rededicated

Almost eleven months to the tles collected by kids, and concerts. When enough money was raised, ground on a rainy night, Emmitsburg's iconic Doughboy statue was officially rededicated to the cheers of gathered residents.

Town Commissioner Glenn Blanchard organized and oversaw the dedication festivities, which was attended by local dignitaries including County Executive Jan Gardner.

In her remarks, Gardner recounted how in 1926, the residents of the greater Emmitsburg area, an area now encompassed by the 21727 zip code, came together as a community to raise the funds for the statue. The funds were raised through bake sales, pop bot-



Eugenie Zacharias keep the audience spellbound as he recounted the events of the original Doughboy dedication.

the statue was purchased and erected. Upon completion, the statue and the land upon which it stood was turned over to the town for the safe keeping for the generations of Emmitsburgians to come.

The highlight of the festivities was a recounting of the original dedication in 1927 by Eugene Zacharias. Zacharias recounted that all the residents turned out that day and the whole town was decorated with flags and red, white and blue bunting. When the statue was finally unveiled, a roar of approval went up that "could be heard as far as Frederick" said Zacharias.

While from outward appearances the Doughboy statue appeared to suffer little damage, closer inspection revealed openings in the seams of its thin brass plating, as well as a bend in one leg that prohibited it from standing upright.

The town enlisted Gary Casteel of Gettysburg, a nationally recognized monument restorer, to oversee the repairs of their statue. The actual cost of the repairs to the statue was only a fraction of the overall cost. The majority of the cost was to replace the granite pedestal and cap upon which the statue stands.

The tailored cap was too damaged to be reused, so it had to be replaced. An inspection of the base of the pedestal, while only superficially chipped as a result of the accident, revealed fissures and cracks that brought into question the ability of the base to weather many more years without crumbling. "Not to mention the fact," said Casteel, "that because it was impossible to match the stone pattern, the new cap would have stuck out like a sore thumb, so the decision was made to replace both."

In an effort to maintain as much of the original look as possible, Casteel purchased the stone for the new cap and pedestal for the quarry that originally provided the material back in 1927. Unlike 1927 however, where the statue was originally connected to the cap by a simple pipe running up into the statue, a base plate was made to securely attach the statue to the new cap.

The plaque bearing the names of local veterans of WWI shined in the brilliant sunlight. Years of corrosion and pollution were removed during restoration and new weather resistant coating was sprayed over the plaque to ensure the integrity of the plaque for years to come. The few letters damaged as a result of the accident were next to impossible to pick out thanks to the impeccable efforts of Casteel in reshaping them.

Unfortunately, the town was unable to recoup the full cost of the repairs as the woman who hit the statue only had \$15,000 in li-



County Executive Jan Gardner led the county delegation at the Doughboy statue rededication.

ability insurance. While the town had the option of suing the women for the additional cost, it opted not to upon researching her background. It was determined that even if they were successful in court, the chances of the town collecting the additional money were remote at best. In addition, the town would have incurred the additional expense of hiring a lawyer, which according to Haller, would probably have eaten through the \$15,000 the town did receive.

"the town did the right thing by going forward with the full repair of the statue and pedestal. We were given that responsibility back in 1927, and we honored that. It's now up to the kids watching today to ensure their kids get to see the statue and understand the sacrifice of men whose names appear on the plaque made for their freedom." Blanchard, a history teacher, hopes that the rededicated statue will spark an interest in learning history in general and about WW1 in particular.

"In the end," said Blanchard,



WWI NEWS REPORTS FROM THE FRONT Jutland – the clash of Imperial Navies

June 2

Fighting Continues on the Verdun Front

The momentous battle at Verdun shows no sign of slackening in violence. The center of the bitterest fighting has shifted somewhat to the southwest of the front where the Germans have scored most of the recent gains. With all the weight and the power of tremendous masses of men and metal the Germans have been delivering what may prove to be their decisive stroke against the main defenses at Verdun. The German drive is being pressed along a front little more than 2 miles in width.

The recent pushing back of the French lines on the west bank of the Muse is claimed to have stopped the French flanking fire, which heretofore has handicapped German attempts to advance on the opposite side of the river.

Despite the tremendous efforts of the Germans, the French first line of trenches is still unbroken and the Germans must score further advances before they can force the main issue by carrying the battle to the opposite bank of the Muse where they can direct an attack upon the fortress.

On Thursday French aeroplanes engaged in combat a group of German aviators and compelled a second group of enemy machines to disperse. A German machine was brought to the ground and in the course of this pursuit a second German machine was destroyed. The British meanwhile state that their aeroplanes had a long-running fight with three German machines. One of the latter was driven down. One of the British machines was shot down.

June 9

Germans Defeat Superior English Fleet

The largest naval battle of the war to date occurred May 31st and continued all day and into the early morning hours of Thursday when the German High See Fleet engaged a superior English Fleet off the Danish coast of Jutland. The outcome of the battle was favorable to the Germans. According to the Germans, the large British battleships Warspite and Invincible, the battle cruisers Queen Mary and Indefatigable, and two armored cruisers, the Defense and the Black Prince were sunk. It was also reported that a small British cruiser, a number of destroyers and torpedo boats and a submarine were sunk. The British however, refuse to admit that the Warspite was sunk as claimed by the Germans. The German losses included a dreadnought, two battleships, one battle cruiser, one light cruiser and six destroyers sunk: to bat-

battleships hit. The German Admiralty only admit the loss of the dreadnought Westfalen and the cruiser Elbing. The Elbing was a speedy new cruiser carrying a crew of 450 men.

tle cruisers damaged and three

The details of the sinking of the German cruiser Elbing state that British gunfire cause such destruction to the ship that the captain, who was among the three officers saved, decided to have the valves opened and allow the ship to sink. Before the ship went down the bulk of the crew was taken off. Members of the crew said that the sea was covered with driftwood and dead bodies and the horizon was ablaze with burning and sinking warships.

A Dutch gunboat saw the wreck of what seemed to be a German cruiser 80 miles south of Norway. The cruiser was resting on her stern in 24 fathoms of water, 60 feet of her bow projecting. There was a lot of wreckage floating around but no one was seen in the water. Guns in the distance could be heard booming. Another German big ship was cited ablaze at midnight.

it is feared the loss of life on the English side will exceed 5,000 officers and men, including the whole crew of the Queen Mary, which the admiralty has been advised has been lost in its entirety. From five of the largest ships, which went under, with a complement of more than 4,000 men, only seven junior officers and a few seamen were rescued. Of a thousand men on the Queen Mary, only a corporal's guard is accounted for. The same is true of the invincible, while there are no survivors reported from the Indefatigable, the Defiance or the Black Prince.

It is estimated that the German losses were at least 2,000 men. Zeppelin airships played an important part in the engagement, according to various accounts, their superiority as scouts apparently gave the Germans a marked advantage in alerting German forces of British movements.



The armored cruiser 'Defense,' (ahead and left) leading the armored cruiser 'Warrior' (right) into action against the German light cruiser 'Wiesbaden,' and coming under fire of the German High Seas Fleet.

13, 14 and 15-inch guns with which the modern British fleet are armed. Furthermore, the German guns were far superior in accuracy and rapidity of fire. Naval experts state that this is one of the most decisive factors in eventual outcome of the titanic struggle.

German battleships and battle cruisers were able to shower the British with a hail of shells, which smashed and riddled British armor belts and wrought havoc to ships vitals. The British projectiles were no less effective but the British could land scarcely one punch for each two from the German guns. They hazy weather was Germany's friends as it necessitated action at close range.

It is impossible to visualize any coherent story of the great battle, which lasted many hours, with the different units at times fighting scattered engagements. The British and German reports contradict each other flatly on the main facts. The British assert that the German fleet retired when the British battleships appeared, while a German statement maintains that the German forces were in battle with the entire British fleet.

How far the zeppelins contributed to the German success is a matter of dispute. But the German's stress the assistance rendered by their air service was invaluable. The popular belief is formed the German fleet by wireless of the approach of the enemy, and his numbers and formations.

From survivors come thrilling stories of the horrors and humanities of the terrible battle. There are stories of ship sinking with great explosions, of crews going down singing the national anthem, of merchant ships passing through water filled with floating bodies.

Survivors of the British cruiser Warrior say that the Warrior and the cruiser Defiance steamed between two lines of German warships with the result that within a few minutes the Defiance was blown into the air and the Warrior badly riddled. A storm of German shells exploding on the decks of the Warrior almost suffocated the crew with her gases.

An English officer from one of the destroyers gave the following graphic account of the battle:

"The ships of the Grand Fleet went into action as if they were going into maneuvers. From every yardarm the White Ensign flew, the flag, which is to every sailor as a tattered colors were in the days of old to a hard-pressed regiment. That it went hard with our battle cruisers is apparent.

The air was heavy with masses of smoke, black, yellow, green and every other color, which drifted slowly between the opposing sometimes foe. The enemy ships were firing very fast, but, watching the ships in front, one came to the conclusion that the shooting was decidedly erratic. Again and again salvos of shells fell far short of their mark, followed immediately by others, which scream past high in the air.

I watched the Iron Duke swinging through the sea letting off broadside after broadside, wicked tongues of flame's flashing through clouds of smoke. The din of battle was stunning, deafening, as hundreds of the heaviest guns in the world fired out at once. Great masses of water rose in the air like waterspouts, reaching as high as masts, as the salvos of German shells fell short or went over their targets. Now and then a shell found its marks, and when it did, I knew many a brave man had just died.

It was impossible to see what was happening among the ships, the smoke obscured everything so effectively that one could only get a glimpse at intervals when a kindly wind blew a lane through the pall. It was apparent that the best ships of the enemy were engaged. It was impossible to see what damage has been caused. It is a curious feeling to be in the midst of the battle and not know to which side fortune leans.

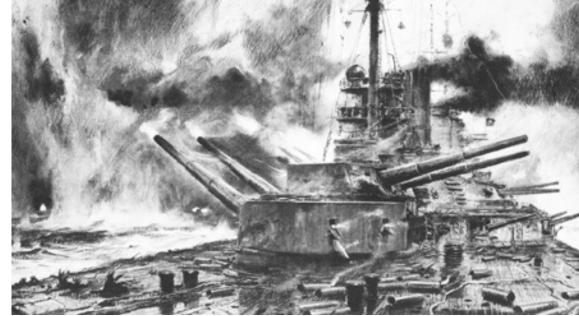
With night came, the great op-

Detail reports have not yet been received, but the main engagement apparently occurred 125 miles southwest of the southern extremity of Norway and 150 miles off the Danish coast. 150 ships were engaged in the battle, and in total, 28 warships were sunk.

The battle was divided into two sections. The day engagement began around four clock in the afternoon and continued until darkness, or around nine o'clock. This was followed by a series of separate engagements through the night.

The Germans were able to choose their distance and fight considerable portions of the battle at ranges of about 8 miles - at which the German's 11 and 12 inch guns were virtually as effective in penetrating power as the

t that the scouting zeppelins in- lines, hiding sometimes friend and portunity was with the mosquito



German Battle Cruiser SMS Seydlitz in action at the Battle of Jutland. The ship suffered severe damage during the engagement. She survived the war only to be scuttled by the Germans to prevent her from falling into England's hands.

JUNE 1916

crafts, and both sides made use of it to the full. It was in this way that one of the saddest of the many sad incidents occurred. A destroyer attacked a big enemy ship. She soon got into firing range and loosed her torpedoes with deadly effect on a German battleship. The ship went down as the destroyer raced for safety. The commander and officers standing on the bridge indulging in mutual congratulations at their success. At that moment a shall hit the bridge and wiped out the entire group.

It was curious to note the effect of the fight on the sea. So great was the turmoil caused by the leviathan ships plowing at terrific speed through the waves that the sea looked like it was caught in a gale. The sea seemed to be stiff with fish killed by the shells bursting in the water."

No attempt has been made to minimize the seriousness of the British losses in ships and men, and that the German fleet had the best of the action. British naval experts however maintain that Great Britain continues to hold the supremacy of the sea by a safe margin and that her enormous navy could better withstand the losses it suffered then the smaller German Navy.

June 16

The Austrian front has been completely broken along a length of 94 miles to a depth of 37 miles. The Russian advance now threatens to envelop the entire Austrian army in the region affected. Special dispatches from Petrograd expressed the belief that the Russian successes against the Austrians affect all five Austrian armies on the front.

According to the Russians, their success is largely due to the unprecedented use of artillery, surpassing in intensity any previous efforts on either side on the Eastern front. The retreat of many Austrian troops were completely cut off by curtain of shrapnel through which it was impossible for any living thing to pass, and the Austrians were thus compelled to surrender en mass. It is not believed that the Germans are sending troops to aid the Austrians. It is the opinion of observers here that it is not improbable that the Germans are more likely to attempt an offensive on the northern section of the Russian front than to risk weakening their lines by detaching men for the purpose of stiffening the Austrian defenses. Information received indicates that the success attained by the Russian and the offensive has been due largely to American supplies of ammunition and guns. Large quantities of which have been imported by Russia in the last four months. Military journals in Austria, confirm these reports. It states that without the assistance of supplies from America it would be impossible for Russia, which has comparatively few ammunition factories, to undertake such a strong offensive over along front.

Excitement On The Mexican Border

Administrative officials have been unable to determine the extent of the anti-American agitation in northern Mexico, but they are making no effort to conceal their uneasiness. They believe a definite campaign has been inaugurated by some agency to provoke an armed clash between Americans and Mexican forces.

The State Department has confirmed the current rumors that the American consulate at Durango has been burned, and that Gen. Pershing's forces have been attacked. Secretary Lansing makes no secret of the fact that conditions in Mexico are getting worse and that the outlook is serious. There are strong indications that some important steps is to be immediate contemplated and the impression prevails that instead of a withdrawing troops now on Mexican territory, more are to be sent into the country.

June 23

War between the United States and Mexico is regarded by officers at Army headquarters as almost unavoidable. The Mexican Ambassador stationed at Brownsville, Texas, delivered an ultimatum that unless the American expedition was redrawn an attack would be made by Mexican troops. Immediately after, the Mexican Consulate was closed.

Upon receipt of the ultimatum, President Wilson called out the National Guard. The action is intended by the administration as a warning to the de facto head of the Mexican Government, General Carranza, that the United States will be prepared if troubles come, and to serve as a hint that the Mexicans had better not go further in their threats against the troops below the border.

The administration's attitude is that if the Mexicans will sincerely and honestly turn their Armed Forces against the bandits, instead of encouraging and shielding them, the presence of United States troops on Mexican soil will no longer be necessary. But that in view of the horrible experiences in the past, and the quer the states of California, New Mexico, Arizona, and Texas.

Chairman Chamberlain of the Senate Military Committee said that he felt all along the United States would be forced to intervene. "The Mexican people", he said, "are largely ignorant, have a notion that they can whip us, and it will be necessary for us to go in and clean up the situation."

At this moment the administration has directed soldiers of the United States in Mexico to act on the defensive and take aggressive steps only when it is necessary to safeguard themselves against dangerous attacks. The aggressors must be the Mexicans, and it must be manifest to the administration that the attacks upon American troops were in obedience to deliberately executed orders from high authorities of the de facto government. Unfortunate clashes through misunderstandings or through the errors of Mexican army officers acting upon their own initiatives will not be considered aggressive steps on the part of the administration.

The President's policy of patience will be carried to the extreme limit, so that all the world will understand that the United States did not seek or want war with Mexico, instead, it was compelled to enter war because of attacks from the Mexicans themselves.

Strong pressure is being brought to bear upon General Carranza by representatives of European powers to prevent him from forcing a break with the United States. Indirect reports reaching the State Department told of these efforts, and said there was a possibility that they would be successful. Agencies of the allies are understood to be active for peace particular because they believed German influence has sought to inflame the Mexican government against the United States, with a view to prevent the United States from assisting the allies in the European war.

June 30

Relations between the United States and the de facto government of Mexico are close to the breaking point as a result of the apparently well-founded belief that troops of American Calvary were massacred Wednesday at Carrizal by Carranza troops. If the Carranza government accepts responsibility for the attack at Carrizal, it is considered virtually certain by officials that occupation of most of northern Mexico will be ordered by Pres. Wilson to take place as rapidly as necessary. It is believed that the first act of the Washington government when more information is at hand will be to demand repudiation of the Carrizal attack by the Carranza government. Preliminary reports had convinced officials here that the American troops in Carrizal were deliberately led into a trap. The main question remaining to be settled, is indicated, is whether the Carranza government order the attack, or whether it was the work of a subordinate officer. On Wednesday, Carranza's ordered the release of the American



In an effort to rally Mexicans to the side of his de facto government, General Carranza encouraged the belief that his army was capable of beating General Pershing and capturing the states of California, New Mexico, Arizona, and Texas.

troops captured at Carrizal. However, until Carranza replies to the demands for a statement of his attitude towards the American expedition in Mexico to protect the border, the crisis is only less imminent then it was before.

Private advances reaching Washington from a reliable source in Mexico City today said Gen. Carranza and his advisers have determined to attack American troops in Mexico moving in any direction except towards the border. A faction of the Mexican cabinet was urging an even more defiant attitude, and wanted to include in the reply to the American request for a statement of intentions a new demand for immediate withdrawal of all United States troops now on Mexican soil.

With the American Troops captured at Carrizal back on American soil, apparently there was no intention on the part of Washington to force an immediate issue on its demands for assurances that there will be no reprisal of attacks on Gen. Pershing's forces.

No time limit was set in President Wilson's note making the demand, and there are indications that the administration would welcome further delay of a few days. This will permit not only a concentration of a stronger force to meet the needs of actual hostilities, if they should come, but also time to gather supplies, mobilization of transportation facilities and strengthening of aerial forces.

Army officers believe the advantage of delay to Americans greatly over balances the similar benefit to Mexicans. For this reason less impatience than might otherwise have been evident was expressed in official circles today over the delay of the Mexican reply to the President's note.

To read past editions of WWI News Reports From The Front, visit the Historical Society section of Emmitsburg.net.



spineless of Mexican officials generally, it is impossible now to withdrawal the troops.

The word of the United States was passed that the expedition into Mexico was not intended for conquest of territory nor interference in political or other fields in that nation. The sincerity of the United States is still not in question. Should Mexican authorities in the face of this known position of the American government, bring war, the fault is theirs.

Official reports indicate that the Mexicans are not only aroused to a frenzy of hatred, but they are also egotistical as to what they can do against the military forces of this country. Their leaders talk about overrunning the United States in obtaining great wealth and territory. They believe themselves equipped for a long conflict and hope to con-

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HISTORY The Emmitsburg Rifle

Jack Deatherage, Jr.

don't recall who, or what, got me Linterested in muzzleloading firearms, but I do remember the first one I bought. CVA (Connecticut Valley Arms) made affordable reproductions in the 1970s and I assembled a Kentucky cap & ball pistol from a kit I found at Chuck's Sporting Goods across the PA line. We were living along the Taneytown Pike then and Dad occasionally had to chase off late night gasoline thieves. He asked me to charge the pistol with powder and a rag, not wanting to hurt, but rather frighten night time trespassers with a shot across their flank, as it were. He only busted one cap on that pistol and word of the 14 foot flame it sent across the porch, and the trespasser still screaming as he

ran through the square in Emmitsburg a mile later, ended the late night raids. That pistol seemed to ignite more than just gunpowder as my friends who tried their hands at hitting a mark with it mostly ended up buying muzzleloading rifles to hunt with.

There was a black powder craze sweeping the country in those years as people went mad over Hawken's rifles and the Mountain Men Rendezvous, probably spurred on by movies such as "Jeremiah Johnson". The country's bicentennial was also approaching and artifacts (including firearms) from that era were being trotted out for public admiration. I recall an article in a sporting magazine about the discovery of a secret set-trigger mechanism in the pistols used in the Burr-Hamilton duel. The mechanism was found by a gunsmith who was tasked with making exact copies of the Hamilton family dueling arms. (Ah the good old days when men had enough honor to actually fight over it, though the hidden set-trigger mechanism brings the honor of the Hamilton family into question.)

Uncle Dale showed up at the Taneytown Pike house with a smoothbore flintlock musket he said dated back to the French and Indian War (1754–1763). Easily the oldest firearm I'd ever seen, it inspired me to purchase another CVA kit, a Kentucky flintlock rifle. While I was playing with reproductions Uncle Dale (among other more skilled than I area gunsmiths) took to buying barrels, locks, patch boxes and hardwood blanks he and they would shape and assemble into long rifles. Many a locally made muzzleloader became a work of art!

Oddly, in the midst of all that I was reading and hearing about muzzleloading firearms, I didn't hear about a gunsmith by the name of John Armstrong until 1987 when DW moved into town with me. We chanced upon a collector of "things Emmitsburg" who mentioned he had an Emmitsburg rifle. I was more than a little surprised to hear Armstrong, an Emmitsburg resident, had cranked out flintlock rifles and shotguns, and was supposedly well known for his skill at metal engraving and wood carving. A sometimes gun collector/trader confirmed that there were Emmitsburg rifles out

there, and they fetched a very nice price if one could get an owner to part with them.

Son Jack was old enough to learn to shoot and hunt before I thought of the Emmitsburg rifle again, and then only because it came up in conversation with Ben Kelkye, Jack's hunter safety teacher and youth program coach. Ben, an Iranian born NRA firearms "instructor of instructors" has black powder in his blood.

"You're from Emmitsburg? You know about John Armstrong and the firearms he made?"

Sheesh. Iranians know about Armstrong? Gun collectors across the country know about him? A doll maker in Minnesota knows of Armstrong as a skilled metal engraver/wood carver! Hell, everyone seems to know about the man, but not the Emmitsburg locals I talk to.

The town's famous (unknown) son turned up again as Gary Casteel







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<u>HISTORY / OBITUARY</u>

(monument restorer) and I were chatting about local history after the Doughboy had been placed upon its new pedestal and everyone else had wandered off. Gary asked me if I knew who John Armstrong was and I allowed he was a gunsmith working in the Emmitsburg area sometime in the early to mid 1800s. I was then asked if I knew where Armstrong had lived in Emmitsburg. I hadn't a clue, though I've learned since that his shop was next door to where Doc (Curley) Thomas has her practice today. (Standing in front of that building I ponder who might have walked out of it clutching an Armstrong firearm. Some local hunter needing a shotgun for turkey, or perhaps a man with the far west glaze in his eyes cradling a long rifle he hoped would feed and protect him as he crossed the mountains into the frontier?) Gary's next

question was "Do you know where he was buried?" (Some researchers believe he was buried in a cemetery in Thurmont, though no marker exists today.)

Gary suggested I write an article about Armstrong. If I take that up Gary has a brother who restores antique firearms and would be willing to help me in such an endeavor. The ENJ editor tells me he has information sent to him by owners of Armstrong's firearms. I've also heard rumors of two rifles still in the Emmitsburg area valued between \$73,000 and \$120,000. (I think it best that rumor be left a rumor.)

While I haven't decided to write about Armstrong, I have begun asking about his rifles (and shotguns) among my friends who are "primitive" firearms enthusiasts. They, of course, wonder why the town of Emmitsburg has never capitalized on its gunsmithing son. Which prompts me to ask, at a time when drawing tourists to this area seems to be the "in thing", why hasn't the Emmitsburg rifle (and its maker) been honored with a weekend of primitive firearms lectures, workshops and/or shooting events?

I'm sure there are still a few flintlock and cap & ball fanatics around (18th century long-hunter reenactors were turning up for Ben Kelkye's muzzleloader safety classes not all that many years ago) who would love to lecture on the history and craft of such works of art. A quick look online reveals Mountain Man, Muzzleloading Reenactments are still big tourist attractions in places west of here. Maybe it's time to draw the children of the pioneers who carried John Armstrong's rifles over the mountains into the Kentucky frontier back to Emmitsburg? At least for a weekend each year?

I'll not hold my breath while waiting for Emmitsburg to catch a clue. Maybe Thurmont Mayor John Kinnaird (John was always more into local history than I) can chase down Armstrong's resting place and promote the man and his craft? Hell, John would have jump on Emmitsburg what with Thurmont's history of exploiting its history!

Hey, Thurmont even has a sportsman club where the shooting of firearms is well established. The event could be billed as "Northern Frederick County's own 18th Century Gunsmith, known worldwide for his metal engraving and wood carving skills."

So much of our past has been,

Ronald Comfort

E. Ronald Comfort, 69, of the Links of Gettysburg, formerly of Linwood, died Tuesday, April 26, at his residence. Born April 19, 1947 he was the son of the late Edmund M. Comfort and M. Antoinette Guarino Comfort. He is survived by his wife of 48 years, Katherine Comfort.

Ron graduated from Loyola High School in 1965, Loyola College in 1969 and the University of Maryland School of Law in 1974. He was a senior partner at the law firm of Hoffman, Comfort, Offutt, Scott & Halstad, LLP in Westminster.

In addition to his wife, he is survived by daughter Mara Comfort Lynaugh and husband Matthew of Parkdale, Oregon, a brother Wayne Comfort of Eldersburg, and Teagan granddaughter а Lynaugh of Parkdale, Oregon. He is also survived by three nieces: Angie Comfort of Manchester, Alicia Comfort Standridge of Richmond, Virginia, and Jennifer Comfort of Spring Grove, Pennsylvania. In addition to the children of Alicia and Jennifer, he is survived by grand-nephew Austin

and is being lost. Gods save us if we have to count on Thurmont to preserve our heritage (and turn a profit while doing so.) Then again, if Thurmont citizens are willing to do



Comfort, formerly of Mt. Airy. He was predeceased by a brother Gary Comfort and Gary's daughter Kimberly Comfort.

A Memorial Mass was celebrated Friday, May 6 at St. Joseph Catholic Church, Emmittsburg, with Rev. Father John J. Holliday officiating.

In lieu of flowers, memorial contributions may be made to Carroll Hospice, 292 Stoner Ave., Westminster, MD 21157, Carroll Hospital Foundation, 200 Memorial Ave., Westminster, MD 21157, or the Special Olympics of Maryland at www. somd.org.

it, more power to 'em.

To read other articles by Jack Deathridge visit the Authors section of Emmitsburg.net.





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MOM'S TIME OUT — SUMMER CAMPS The YMCA's Camp West Mar

Founded in 1858, The Frederick County YMCA is one of the largest nonprofits in Frederick County. Each year, we serve over 12,000 members and over 30,000 program participants. We also partner with several community organizations to help strengthen and enrich the development of individuals and families in Frederick County.

Beginning in early 2016, the YMCA of Frederick County began managing operations of, the American Legion's Camp West Mar located in the Catoctin Mountains between Smithsburg and Thurmont.

This partnership allows the Y to create an environment that promotes youth development, healthy living, and social responsibility; while also preserving the legacy of the American Legion camp. It also allows us to focus on initiatives that will protect, maintain, and enhance the quality of services available at Camp West Mar.

For the past several years, the Y has offered a day camp that traveled by bus daily from the Downtown Y in Frederick to the West Mar property. Campers were able to enjoy the beautiful setting as they participated in outdoor games and activities. However, they were not able to experience a true "stay-away" camp.

This year, Y day campers will not only enjoy the setting, they will take part in all new programming. This year's schedule has nine weeks of camp offered. The updated programming will incorporate educational aspects and will make use of the current amenities available at the camp - like canoeing, archery, and swimming in the pool. The day camp also offers a onenight sleepover, available on Thursday nights – weeks two through eight.

Attending summer camp is beneficial to every child's personal development. The experience teaches essential leadership and social skills and helps youth develop confidence and independence.

Campers in the day camp program bring their own lunches, but will receive snacks if they participate in the before and after care service available at no extra cost at the Downtown Y. Day campers that will be dropped off at camp, will not be provided snacks.

There will be four weeks of "stayaway" camp available as well. Campers will arrive Monday morning and stay for four nights, returning home on Friday afternoon. Meals and snacks will be provided beginning with lunch on Monday and ending with lunch on Friday.

Research shows that without access to out-of-school physical and learning activities, kids fall behind academically and gain weight twice as fast during summer than the school year. Participation in summer camp is a great way for parents and caregivers to keep kids' minds and bodies active.

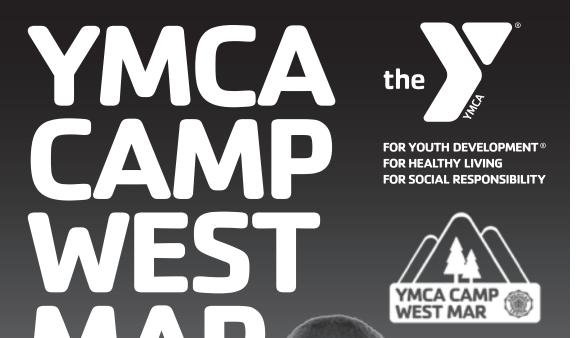
In addition to the wonderful new

camp opportunities at YMCA Camp West Mar, the Downtown Y in Frederick and the Green Valley Y in Monrovia offer over 40 different day camps. With over 40 camps to choose from, we have something for every child's interests. Our fun, full day camps are offered from 7 am - 6 pm daily.

For a detailed description of all of our camps, please view or download the Summer Camp Guide from our website at www.frederickymca.org. You can also pick up a printed copy at the registration desk of the Downtown YMCA on Market Street in Frederick.

Summer Day Camp at the Y provides a safe and fun place for campers to make friends, learn new skills, and stay active. Throughout the summer, campers engage in value-based programs including swimming, sports, arts and crafts, team-building games, and more!

Our YMCA is a non-profit organization that works collaboratively with community partners to improve the lives of children, adults, families, and the entire community. Our purpose is to strengthen and enrich the development of individuals and families through quality programs and services that build a healthy spirit, mind, and body for all. Integral to everything that we do are our core values of caring, honesty, respect and responsibility. Our Y serves people of all backgrounds, ages, capabilities and income





tending summer camp is beneficial for every child's personal development. The experience teaches essential leadership and social skills while developing confidence and independence in the youth.

levels, providing financial assistance to those in need.

Encouraging, supporting and improving healthy living habits, among our members and throughout the community, are central to our purpose. Our work also focuses on youth development through a wide variety of programs such as childcare, day camps, swim lessons, and organized youth sports.

Financial assistance may be available for you and your entire family to join the Y and to participate in summer camps, thanks to the generosity of our donors. The Y uses one hundred percent of donor contributions to provide financial assistance for members and to subsidize a wide range of mission programs. Our goal is to provide financial assistance to anyone who needs it to participate.

Five Reasons Why Kids Should Attend Summer Camp

Adventure: Summer camp is all about a wide variety of fun adventures and new experiences, and especially exploring the outdoors. YMCA camps have a new adventure for every child and teen. Visit www.ymca. net for details.



Healthy Fun: Day and resident camps offer fun, stimulating activities that engage the body and mind, and also help children and teens learn the importance of nutrition to help improve their eating habits.

Personal Growth: While being away from the routine back home, youth have a chance to learn new skills, and develop confidence and independence by taking on new responsibilities and challenges. Camps offer cognitive learning and social-emotional development opportunities for achievement.

New Friendships: Amidst the fun of camp games, songs, swimming, canoeing and talent shows, campers meet new friends and strengthen existing friendships. The relationships formed at camp are important and lasting for many youth.

Memories: Summer camp is an unforgettable experience that will give each camper memories (and camp traditions) that will last a lifetime. Youth return to school with plenty of camp stories to share!

For more information on Summer Camps at the Y, please visit frederickymca.org or call 301-663-5131.



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COOKING

Strawberry-Rhubarb

Carol Cogliano Hollabaugh Bros., Inc.

aving been raised by parents who Lwere avid backyard gardeners, one of my favorite summertime desserts is Strawberry-Rhubarb Crisp. My father was able to grow rhubarb like no other (...and believe me -- I have tried -- and failed). I can still remember when he used to harvest the back corner of his relatively small vegetable garden, bringing armfuls of the leafy red and green stalks into the kitchen, standing them up in the kitchen sink for washing. At that point, my mother would prepare them into one of the recipes that I now treasure as an adult. I used to be so disappointed when rhubarb season was over, and I knew I'd have to wait another year to enjoy it.

These days, we are fortunate to have access to rhubarb for a longer span of time, thanks to farmers markets and grocery stores. If you are not familiar with rhubarb, get to know it this summer!

Rhubarb is a tart-tasting perennial vegetable, and one that is typically utilized as a fruit. It can be used in savory recipes, but you are more likely to find it in sweet ones. It is typically sweetened with sugar to combat its tartness and can be thickened by using flour, cornstarch or tapioca - making it the perfect addition to pies, jams and crisps/cobblers.

Preparing rhubarb for recipes is quite simple: trim off the bottoms of the stalks then cut off the leaves (they are actually poisonous, but do not fear - just throw them away). Next, wash and dry your rhubarb. For most recipes, you will need to chop your rhubarb similarly to how you would chop celery. If desired, you may freeze your rhubarb in a freezer bag at this point, but I could never resist the chance to proceed right into a recipe!

I hope that you take advantage of the plentiful supply of rhubarb (and strawberries) this month, trying some of my favorites for yourself. I predict they will become some of your favorites, too!

I would be remiss if I did not pass along my thoughts and prayers to Sharon Racine and her family, in their time of loss. I will do my best to fill her culinary shoes here, albeit for a little while. I hope that she finds peace and comfort in the sunshine and warmth of summer. All our best to you, Sharon.

In my well-worn collection of recipes lives a photocopy of my mother's carefully-typed recipe card for "Rhubarb Crisp". As an adult, I have modified it a bit and thrown in strawberries, as the sweet and tart combination of strawberry and rhubarb is one of my all-time favorites.

Strawberry Rhubarb Crisp

Recipe courtesy of: Carol (Lowin) Cogliano (If you'd like to make it without strawberries, use 6 cups of rhubarb instead of 4 cups.)

Ingredients:

- 4 cups diced fresh rhubarb 3 cups sliced fresh strawberries
- 1¹/₂ cups sugar
- 2 Tbl. water
- 1 cup sifter all-purpose flour
- 1/2 tsp. cinnamon
- 1/8 tsp. salt

¹/₂ cup butter (1 stick) Vanilla ice cream (optional)

Instructions:

Combine rhubarb, strawberries, 1 cup of the sugar and water; mix.

Place in 9x13 pan.

In a separate bowl, combine flour, remaining 1/2 cup sugar, cinnamon and salt.

Cut in butter with pastry blender until mixture is crumbly.

Sprinkle evenly over rhubarb/strawberry mixture.

Bake at 350 degrees until rhubarb is tender, hot and bubbly, about 50 minutes.

Serve warm or cold, topped with vanilla ice cream.

I have the good fortune of working as the Director of Events for a local family-owned Fruit Farm and Retail Market: Hollabaugh Bros., Inc. in Biglerville, PA. Not only do I have access to the freshest local produce, but I have also added a few of their family favorites to my collection of recipes.

Strawberry Rhubarb Pie

Recipe courtesy of: "The Hollabaugh Family Cookbook"

Ingredients:

- 1 pastry for a 10 inch double pie crust 1¹/₂ cups sugar 1/4 tsp. salt 1/2 tsp. grated orange peel 1/4 cup quick-cooking tapioca
- 1/4 tsp. ground nutmeg
- 1/4 cup fresh orange juice
- 4 cups rhubarb, cut into 1/2 inch
- pieces 2 cups fresh strawberries, quartered 2 T. butter, cut into small chunks
- 1 T. milk
- 1 T. sugar

Instructions:

Preheat oven to 400 degrees.

Divide the pastry in half, roll out half to a round pie crust about 12 in. diameter. Place the pie crust in a pie plate. Refrigerate the other half of the pastry until needed.

Stir the sugar, salt, orange peel, tapioca, and nutmeg together in a bowl until well blended.

Gently stir in the rhubarb, strawberries and orange juice; pout into the prepared pie crust. Dot the filling with butter pieces.

Roll the remaining pie crust out to about 12 in. diameter and place over the pie filling. Fold the edges of the top and bottom to seal the 2 crusts together, then crimp.

Brush milk over the top crust of the pie, then sprinkle with sugar. Cut several vent holes in the top crust.

Bake in the preheated oven until the filling is thickened and bubbling and the crust has browned, about 40-50 minutes.

Check after 30 minutes baking time; if the crust edges are browning too quickly, cover them with strips of aluminum foil.



Cool before serving.

My dad also loved to prepare rhubarb into a sauce, to enjoy drizzled over vanilla ice cream. It's a great summertime dessert to enjoy following a family cookout or while enjoying a sunset on your back porch. Although I no longer have his exact recipe, it was a simple mix of just several ingredients.

Strawberry Rhubarb Sauce Recipe courtesy of: www.caramelpotatoes.com

Ingredients:

2 cups fresh rhubarb, diced 1 cup water 3/4 cup sugar 1/4 teaspoon salt 2 cups fresh strawberries, chopped

2 tablespoons lemon juice 3-5 drops red food coloring (optional)

Instructions:

Combine rhubarb, water, sugar, and salt in a medium saucepan.

Bring it to a boil and then reduce heat to medium and cook for 15 minutes.

Add strawberries, lemon juice, and food color.

Continue to cook for another 10 -15 minutes or until rhubarb is soft and tender.

Remove from heat and cool.

Visit www.hollabaughbros.com for more recipes. See page 46 for a full listing of their upcoming cooking events and classes.





SCHOOL AND LIBRARY NEWS

Frederick County Library

Linda Frydl Frederick County Public Libraries

he summer edition of Frederick County Public Libraries award-winning events publication, BookMarks, is now available at the branch and online. This is the time of year we really ramp up events and programming for all ages plus the National Park Centennial celebration continues with history lectures, nature walks, outdoor skills for teens, live music, K-9 demos and more. Come for the Rocknocerous concert, game days, Shazam Magic and tons of other fun activities to keep everyone in the family happy and busy.

Get in the Game! Join the Summer Challenge. It's free, fun, and for all ages! Take the Summer Challenge and see if you have what it takes to be an FCPL All Star in this free summer learning program for kids, teens, and adults. Complete 2 activity tracks online or with your gameboard to earn your halfway prize. Complete 4 activity tracks online or with your gameboard to finish the program, earn a free book, a scoop of Bruster's Ice Cream, and entry into monthly prize drawings including tickets to many sporting and cultural events, wine tastings, gift cards and more. Sign up online at www.fcpl.org/summer or stop by the library and find out more.

Special Programs At The Thurmont Regional Library

It's All Bluegrass this Summer on the Deck. The annual music series kicks off this month with Bluegrass On The Deck. Ernie Bradley and The Grassy Ridge Band playing traditional favorites, classic gospel. All music events are free and open to all ages. Sunday, June 12, 2 - 3:30 p.m. Coming up on July 31 will be Canann's Land Bluegrass and on August 21, The Plate Scrapers. Nighttime on the Deck. Thanks to a generous donation from the Thurmont Lions Club, on select Wednesday nights at 6:30, enjoy family programs related to the natural world. The BugMan! Wednesday, June 15; Creatures of the Night - Nocturnal Animals. Wednesday, June 29; and Animal Ambassadors, July 27.

Passport to Reading

Not taking a big trip this summer? Discover what Frederick County has to offer! Your Passport to Reading is on the back of your Summer Challenge gameboard. Visit a combination of eight FCPL branches and/or the Community Bookmobile between May 1 and August 31. Get your passport sticker at each branch to earn a special keychain and entry into a prize drawing to win an FCPL backpack, a baseball signed by Frederick Keys baseball players, and tickets to the Maryland Science Center.

Teen Programs

Wild Animals of Your National Parks - Live animals, great stories and more! Ranger Mark Spurrier will bring birds of prey and reptiles native to Maryland to share with teens. Tuesday, June 14, 4 p.m.

Unique Opportunity Fair Planned Just for Teens. Teens will meet community businesses and organizations to learn about jobs, internships and volunteer opportunities for the summer and beyond. It's all free! Included will be resources for resumes, interviewing and career guidance. This fair is intended for young people ages 14-19 and there is no registration required. Saturday, June 25, 2:-4:30 p.m.

Children's Programs

Wags for Hope - The Reading Education Assistance Dogs (R.E.A.D.) program works to improve children's reading and communication skills by providing registered therapy animals who volunteer with their owner/handler (as a team) to meet with and listen to children read. Wednesday, June 8, 5 p.m.

National Aquarium: Sharks! -Sharks are not the fearsome eating machines portrayed in movies. Explore these unique creatures and their amazing survival adaptations, while dispelling myths about these "monsters." Wednesday, June 15, 4 p.m.

Junior Gardener Program -Summer Wonders! Join the Silver Fancy Garden Club for a hands on experience working with fresh flowers to create a one of a kind flower arrangement. Ages 6-14. Saturday, June 18, 10 a.m. Register online at fcpl.org, or call 301-600-6331.

Reptiles! - Live animals! "My Reptile Guys" delivers a program that aims to educate your children about amazing reptiles from all over the world. Learn about the different species first hand and observe by looking, touching and feeling. Best for ages 4 and up. Monday, June 27, 3:30-5 p.m.



Monday- Lego and Wee Build Creation night! Let your imagination show its genius! All ages welcome.

Wednesday - Coffee house "Coffee, Tea, and Thee" from 3-5p.m. Mingle with the gang for puzzles, board games, coloring books, etc. Recipe exchange has started! Help us acquire recipes for our cookbook. Thursday - Teen night. The community room is reserved for teen use from 3:30-5 p.m. Just hang out or play WII, board games, do puzzles, eat snacks, watch movies, &c!

Saturday - Join us at 11 a.m. for story hour and all of its festivities! What could be better than a great book, a good snack, and a fun craft.

Movies!

The June 16th movie will be the "Bad News Bears". An aging, down-on-his-luck ex-minor leaguer coaches a team of misfits in an ultra-competitive California little league. Movie starts at 6 p.m.

June 30th we will be showing the movie "Harry Potter And The Sorcerer's Stone". This Rescued from the outrageous neglect of his aunt and uncle, a young boy with a great destiny proves his worth while attending Hogwarts School of Witchcraft and Wizardry. Movie starts at 6 p.m.

Special Events

June 2nd we will be running our ever popular computer class with Jill Yaich. Please call the library to register, 717-794-2240.

Bill Hammann will be here

on June14th from 5:30p.m.-7:30p.m. This is a continuing education class. Get new patterns, your pictures mounted, individualized help with current projects, etc..... Class is styled for teens and adults.

Summer Reading Program starts on June 16th. Please call the library for sign up details, 717-794-2240.

Teens and 'tweens pizza and movie party on June 18th from 6 p.m. until midnight.

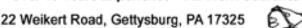
Pizza, movies, and werewolves, oh my! Please call the library for sign up details, 717-794-2240.

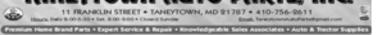
The June 28th Trail Time Tuesday (Appalachian Trail club will meet at 6:00p.m. This club is a family friendly club and open to everyone. For more information call 717-794-2240.



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SCHOOL AND LIBRARY NEWS

Graduation day

Lynn Taylor Mother Seton School

Well, another fantastic school year at Mother Seton School has come to a close! It's strange how quickly the year-end sneaked up on us. I know everyone says that, but this year it seems particularly true. It's probably because we had such a ridiculous spring. It was as if Mother Nature were behind about thirty days, seasonally speaking.

But now it's time for summer break, a perfect chance to regroup and re-energize. No daily math worksheets or reading assignments, no getting up at the crack of dawn to get ready for school, no scrounging around for change for lunch money at the last minute because someone forgot to mention we were out of bread. Our obligations lessen and the load lightens. A much needed respite indeed! As we say farewell to MSS until the fall, our graduating 8th-graders will be saying farewell forever. They will become a permanent part of the 206-year-old legacy of Catholic education, which began when St. Elizabeth Ann Seton established her first school and planted the seeds of what has grown into our modern-day parochial system. They will join the ranks of our alumni who have gone on to happy and successful lives. We're pretty darn proud of them and know they will go on to do great things!

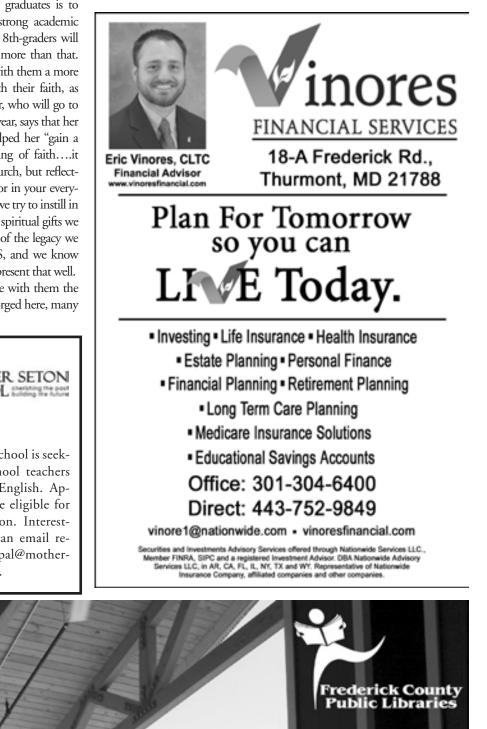
This year's class will move on to nine different high schools, including Catoctin, Frederick Scott Key, Urbana, and Walkersville High Schools, St. Maria Goretti Catholic High School, St. John's Catholic Prep, St. Timothy's, Delone Catholic High, and Frederick Christian Academy. And if you'll indulge me a moment to boast, we're pretty excited about Emma Adams, who received the St. Marie Carmel Scholarship at St. John's Catholic Prep, and Ana Hand (who will join her sister Maya, a 2014 MSS graduate, at St. Timothy's in Stevenson, MD) who received the Headmaster's Scholarship.

Our goal for our graduates is to leave MSS with a strong academic foundation, but our 8th-graders will also leave here with more than that. They will also take with them a more solid connection with their faith, as well. Madelyn Clever, who will go to Catoctin High next year, says that her time at MSS has helped her "gain a much deeper meaning of faith....it isn't just going to church, but reflecting Christian behavior in your everyday life." The values we try to instill in our students and the spiritual gifts we try to foster are part of the legacy we nurture here at MSS, and we know our graduates will represent that well.

They will also take with them the friendships they've forged here, many

since Pre-K. Johnny Glass, who will also be attending Catoctin in the fall, says meeting his best friends is the memory he will always treasure. Neoline James, who is heading to St. Maria Goretti, agrees. "My fondest memories from MSS will be the times I spent with my graduating class." Traditions like going to Hershey Park or dropping eggs from the roof (don't worry—it's a supervised science experiment!) are the kind of things that will remain with these students, and we hope the warmth those memories generate will encourage them to keep in touch, not only with each other, but with us, too.

We wish the Class of 2016 all the best as they embark on their next great adventure! We hope they know they'll always have a home here at Mother Seton School.

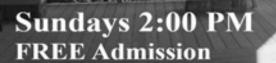


Jim Moxley Memorial Rocket Club

The first date for the summer Rocket Club took place on May 22, from 2-5 pm in Community Park. Children ages 8-12 were invited to attend an afternoon of fun building and launching model rockets. The Rocket Club hasn't been done for many years, and the deputies of Emmitsburg decided to put together the club once again to encourage the youth in the community to participate in a day full of fun. Deputy Rohrer and Deputy Whithouse decided to recreate the club in honor of Deputy Jim Moxley who passed away last year. The deputies intend to hold the club "meeting" once every month for the entirety of the summer, most likely through September. Deputy Rohrer mentioned that more dates will be announced soon.



Mother Seton School is seeking Middle School teachers for Math and English. Applicants must be eligible for MD Certification. Interested candidates can email resumes to principal@mothersetonschool.org.



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THEORY WAR

FOUR YEARS AT THE MOUNT

This month, our writers are enjoying their first few weeks of the summer. We asked them to write about some of their favorite memories, summer plans, and thoughts on the months to come!

Sophomore Year Work & leisure

Michael Kenney Jr. MSM Class of 2019

In a culture windswept by social media and movie marathoning, I suppose my laborious summers have been pretty uncommon. Nevertheless, summertime is continually the capstone of my year, and while my family typically treks on rustic vacations full of s'mores, swimming, and lagging cell phone service, our 2014 summer vacation at the Grand Hotel was an exquisite twist in time and culture.

Can a regimented summer also be a relaxing summer? Although it may seem paradoxical, my regimented summers are contingent on genuine leisure. The term "leisure" is too often confused with "laziness." While laziness neglects responsibility, genuine leisure comes as a consequence of fulfilling a responsibility. In Book X of his Nicomachean Ethics, Aristotle famously writes, "we work to have leisure, on which happiness depends." In other words, you cannot enjoy rest until you have invested in work. My summers testify to Aristotle's statement.

thized with my ambitions to become a summertime couch potato. In a household of seven children, my siblings and I learned from an early age that "being bored" never sufficed as an excuse for them. Some chore could always use an extra hand: laundry needed folding, meals needed preparing, and younger siblings needed shuttling to various practices and activities. Nevertheless, my parents have encouraged us to capitalize on our summer free time. In particular, I utilize the summer as a time to invest in my athletics and education, which enables me to enjoy genuine leisure time. As a result, my summers analogize to skipping rocks upon a pond; each summertime goal ripples into unanticipated opportunities.

Summertime has always been a time of rewarding athletic and academic work.

Starting at about age ten, I would wake up at the crack of dawn each summer morning and ride my bicycle five miles to the nearest university gym. I shot hoops for hours on end until the varsity men's team arrived to conduct their practice. The team chatted on the sidelines and watched me until their coach arrived, cueing the start of their practice and the end of mine. After weeks of this routine, I became well acquainted with the guys on the team and their coach. They occasionally invited me to join in their drills and eventually asked me to assist with their summer camp for boys. Both opportunities were ideal ways to grow as an athlete and leader.

Since having "retired" from competitive basketball, I have become a track and cross-country runner, and the summertime has been a pivotal time for me to rack up mileage. I have gotten a job at my local running shoe store, which has enabled me to guide novice and experienced runners select shoes that best suit their running style and training regimen.

In addition to athletics, I have traditionally spent a large portion of my summer learning. I cannot begin to quantify the number of summer hours I have spent tucked away in a stuffy library, completely immersed in a treasure trove of books and audiotapes. I have always enjoyed reading, so cracking open a book at a poolside has never been burdensome to me either.

Last summer, I made a deal with my parents in which I committed to full-throttle ACT preparation and college hunting in place of a full time job. Luckily, I learned a lot, had fun, and ended up discovering Mount St. Mary's University in the process!

But my summers are not "all work and no play."

At the conclusion of each summer workday, my whole family gathers for a cookout dinner. Our dinners spill into lengthy conversations accented with a blend of music, laughter, and savory aromas. We then top off each evening with a family board game, film, or bonfire.

Although our day-to-day leisure elicits fond memories, our family's annual summer vacations to Northern Michigan render the most remarkable fun. Our most extraordinary summer vacation occurred during the summer of 2014 on historic Mackinac Island. The island itself resembles the classic charm of a Norman Rockwell photograph, teeming with bicycle riders, horse drawn carriages, and quaint window shoppers.

While we were on the island, our family resided at the Grand Hotel, which has stood as the crowning jewel of the island for over a century. Staying at the ritzy mansion was an absolute dream. The interior of the hotel was decked in pastel colors, baroque furniture, and pictures of the international leaders who vacationed there. Croquet on the front lawn, strict dining room dress codes, and chandeliers in the ballroom -- every aspect about the extravagant atmosphere was worlds away from those of our suburban Detroit home!

My summer vacation on Mackinac Island was a unique experience. While we enjoyed the luxuries that the Grand Hotel offered, we also had opportunities to hike in the woods, stuff our faces with fudge (a hallmark of the island), and learn about the French and Indian War battles that took place there. Although Mackinac Island is only a few hours away from my home, our vacation was like a breathtaking step back in time.

So what are my grandiose plans for this summer? Nothing too exciting. I have to get my wisdom teeth removed, and I will train a lot for my upcoming cross-country season. I will be working at a restaurant with one of my high school buddies and will probably take a summer course. In terms of leisure, I plan on visiting some relatives in New York City and Chicago and then capping off the summer with a family vaca-tion in Northern Michigan.

But who knows? Maybe, like skipping rocks, my plans will ripple into unanticipated adventures.

To read other articles by Michael, visit the Authors section of Emmitsburg.net.

My parents have never sympa-

Junior Year Those summer nights...

Sarah Muir MSM Class of 2018

Thave never liked summer. It has Lalways been too hot, too humid, and the chances of me getting a sunburn are astronomical. Recently I have been warming up to the idea of summer, however, writing this article in the middle of the recent bouts of rainy days, I could do with a few hours of sunshine. I miss those summers long ago, maybe because I am far removed from the heat and mosquitos, but looking back at the summers of my youth, I am struck by an overwhelming sense of nostalgia. When we would travel for a summer vacation, my family would travel to the far away and exotic Ocean City. We would spend a week at a small flat that our relatives owned. It was not a grand place or luxurious, but for the week it would be ours: Our place at the beach. For a week, I was surrounded by the smell of chlorine, sunblock, and the ocean. My sister, my father and I would go to the nearby pool in the afternoon. We would have to walk fast because the asphalt would have been baking in the sun all day and we would usually go barefoot. My family is not made up of beach dwellers. We would go to the beach, of course, but usually it was at the end of day when all sunbathers and

beach runners had gone away, along with the fading sun. My father would bring his fishing rod and see what he could catch; my mother and sister would sit in some chairs and bury their feet in the sand while I would walk, wander, and look for sea shells. The one down side of these memories is that they are tinged with the memory of the sunburns I used to get, no matter how much sunscreen I lathered on. Months later in the dead of winter, we would slip on some shoes and be surprised to find that some left over sand of long gone summer had hidden away in the crevices. While we have not gone to the beach in quite some time, there are things I do over the summer that will stay with me always. I will always remember going to my grandparents' house, over the river and though the woods, and chasing fireflies in the fading twilight. The smell of freshly mowed grass and the sound of cicadas. I remember laying down on the sun-warmed asphalt of their driveway and looking up at the lightly swaying eves of the trees. I will remember sitting outside with my grandpa and watching the hummingbirds fight over control of the feeder, as my grandmother hangs sheets on the clothes line. Most likely, I will go and spend a few nights there this summer, it is the one tradition that I can never and will never stop.

This summer, things are expected to change in a big, big way. As I have previously mentioned with my other articles, my sister is getting married. Actually, by the time you read this article the wedding will be over. The confetti will be swept up, the cake eaten, and she will be starting her new life. I am so happy for her, but at the same time a little sad that everything will change. I remember, in years past, Katie and I would sit at the dining room table with my parents and play cards or dominos. This summer, unfortunately, will be filled with work, but I am trying to squeeze in a few moments of summer into my never before, busy schedule. Hopefully, I will be able to write a bit more, but so far I have been unlucky in those endeavors. In the midst of the sweltering heat and oppressing humidity of summer, I always forget the fond memories of those summer nights long ago.

To read other articles by Sarah, visit the Authors section of Emmitsburg.net.





SUMMER DREAMS

Senior Year Summer time! dom fun. My friends have become

Leeanne Leary MSM Class of 2017

Twalked into the gym today and ▲– "Hey Leeanne, wow you look tired" was the first thing I heard. I responded letting everyone know that of the past 15 hours, I had slept for 13.

Summer!

My summer will consist of three real parts: first, somewhere in the middle, and last will be a strange cycle of sleep, random fun, and working at the pizza shop. The second real chunk will be spent in Fort Knox, Kentucky, at CLC (Cadet Leaders Course) or "camp," as it is affectionately referred to as. Finally, the third chunk, falling in between camp and the last cycle of sleep and work will be a couple of weeks spent in Port-Au-Prince, Haiti.

The first part is this "strange cycle." I call it strange because every day is different and every day moving from a 13 hour work day one day, to a seven hour sleep day the next. In between work and sleep will be the ran-

experts at hunting down free concerts, or concerts under the maximum 20 dollars, so a lot of time will be spent cheering for up-and-coming artists at random venues in York, PA. I have already begun to consume too much ice cream, be it a McFlurry (my go to) or a random find at a little ice cream shop. I've binge watched Friends and Girl Meets World. And, I've found a new gym since my old one mysteriously shut down and got a new phone number that I haven't been able to track down - all a lot of fun.

In a few weeks, I'll fly to Louisville, get on a bus to Fort Knox, and my fun will shape shift. I'll spend 30 days there, 18 days in the field, operating out of a tactical patrol base, five days testing in the classroom and qualifying on weapons, one day celebrating the Fourth of July, six days in-processing and out-processing on the front and back ends, respectively, and one final day graduating with my new Battle Buddies. The 18 days in the field will probably be the hardest test that the Army has given me so far. We will ruck out to the field and set up a Patrol Base in the most ideal spot that we can find

in the woods. Each day, at the end of each mission, we will move and set up a new Patrol Base to sleep in and operate out of for the next 24 hours. Each morning we will wake up around 0300 and conduct a mission until NLT (No Later Than) 1100. There is an emphasis on avoiding Heat Casualties during Cadet Summer Training in the humid Fort Knox weather, so no missions can be conducted above a certain temperature - Kentucky normally reaches this predetermined temperature around 1100. At this time, we will return to our patrol base and begin planning and rehearsals for the next day's mission.

There is a constant leadership rotation and regardless of which leadership position, or general position, that we are in we will be constantly evaluated on our performance, attitude, mental agility, and more. This evaluation will end in a cumulative COER (Cadet Officer Evaluation Report) and a ranking among our peers that is relayed back to our cadre at school.

The tough part won't be the monotonous planning or rehearsing, and it won't even be executing each mission every day. This is all expected, and has been drilled into our heads for the last three years and practiced so much that I could absolutely do it all half asleep. Sure, this will be a test. A lot, and I mean a lot, of cadets will

have more tactical knowledge than I do and I'll learn by operating alongside of them, but the real test will be the unexpected. The real test will be the heat that will send many to the hospital; it will be the random rain storms at any time of day, the "casualties" cadre will give us in the middle of a mission, making lifelong friends and working with all kinds of people, communicating and staying calm in every situation, eating MREs (Meals Ready to Eat) for a month, no technology, only handwritten letters, and more. The real tests will come every day, and they will all be different. I'll probably get bored, make best friends, and have a love/hate relationship with every moment of camp. Finally I will graduate and complete the CLC commissioning requirement - this will leave me only ten months away from becoming a Second Lieutenant, and I can guarantee I will be more ready than ever.

After camp, I'll come home to the real world and re-commence summer! I'll most certainly sleep way more that I should, and eat even more ice cream than I am now. I'll return to my normal cycle of fun and work. Fun will again be in friends, adventures, and more instead of the small thrills of a bag of Skittles in my MRE.

Finally, my third "chunk" of sum-

mer will be spent in Haiti. This time, I'm going to visit all of my friends and the children I've fallen in love with. Summer school will be out of session; I'll miss it this year because of camp, so instead of teaching I will stay with a full-time missionary friend and learn about her daily life. Mornings will be spent baby feeding in the ravine, but that will be the only constant each day. Afternoons and evenings will be spent at different missions and in different areas. A lot of my time will be spent visiting and enjoying my friends and the children.

My three "chunks" of summer are all drastically different. From cheap concerts, ice cream, and movies at home, to training at Fort Knox, and finally to daily missionary life in Haiti, the three seem to have nothing in common; however, as I stand a couple weeks away from camp, I think they may just be the perfect balance for my last college summer. I will learn crucial and important lessons, get to relax, and get to share and experience love in my favorite way. Hopefully, this will all leave me ready to return to the Mount for the final time.

To read other articles by Leeanne, visit the Authors section of Emmitsburg.net.

Graduate Summer musings

Katie Powell MSM Class of 2016

In the words of Olaf from Disney's Frozen, "I don't know why, but I've always loved the idea of summer, and sun, and all things hot." Typically, I am a total mermaid, beach babe, surfer dude, shoobie . . . whatever you want to call it. I love summer, the ocean, and not wearing shoes. Unfortunately, this summer I will not be having quite the time that Olaf or I imagined.

Just a few weeks ago, I walked across the stage in the PNC Sportscenter, Dean Simmons handed me my "degree," and I shook hands with President Einolf and posed for a picture with my empty degree/portfolio-thingy.

And yet, I think I have decided I don't want to be done. I love learning so much, and I know there are still whole bodies of knowledge that I can absorb. So, I have decided to pursue my Masters in Gerontology from the University of Southern California! Gerontology is the study of aging, typically from a biological, sociological, and psychological standpoint. I have a huge weakness for seniors, and since eventually we will all be old, it's not really going out of style. I digress. Since I am in graduate school, I will be staying on as The Graduate writer for the time being, to give you some insight into my first few months after the Mount. Hope that's okay with all of you, because I still have plenty of weird musings that I would be thrilled to share over the next few months! As for this article, I'll just focus on what I will be doing this summer, as far as my graduate studies go, working, and my thoughts on all of that. My first graduate class, titled GERO 500, started just three days after I officially graduated from the Mount. I don't want to bore you too much, but I will say it is amazing what online classes are like. It's not just a PowerPoint to read and a bunch of quizzes and tests that you open-book your way through-not that I would want that. I have interactive lectures to watch and respond to, multiple assignments connecting my world to what we're learning, and opportunities to interact and learn more about my classmates, who are from all over the country. So far, it has proved to hang with my in-class lecture experiences. We shall see how it goes!

I know I sound like such a pity party. Oh, poor me. Started grad school right after undergrad, no summer, no free time, blah, blah, blah. I know you don't feel bad for me either, and you shouldn't. While some of my friends went into the workforce and start desk jobs this summer, I got the privilege of retaining my old gig at my pool for one more year. That's right-I still get to spend my days at the swim club. I coach our club's team in the mornings from eight to noon, then I stick around until eight at night and keep the place running smoothly till dark. It is probably the greatest job in the world because I hang around in the sun all day. I just won't get all the shore time that Olaf and I would like.

a "real job" where shirts and shoes are required. However, I know that you know that I won't be behind a deskthat's not me. I hope to get a job that will put together two of my greatest passions: creativity and seniors. Yes, you read those right. Working in activities at a nursing home is probably the best job that I could ever have, second only to (you guessed it) managing and coaching my summer club. I know that both of those sound ridiculous, silly, and kind of no skill needed jobs, but I would say you are wrong. We always place a person's occupational worth in the hands of their bank account, their schooling, or natural ability, but we are wrong. Why do we count a person's worth in dollars, and not in the countless lives they have improved?

I believe we all have a calling to help humanity. For some of us, it is through teaching the next generations. For others, it is being a police officer, firefighter, or something of the like. For others, it is making money in the business world to donate to third world countries, or keeping all that money for yourself and having a really rich family. Do you. My point is, we all have a calling to improve another person's life through our work. To me, ignoring that calling is just plain wrong. I know that studying aging might sound like a drag, working in a nursing home might sound depressing, and doing activities with people who can't do much is just boring. But honestly, teaching children is actually my worst nightmare. Crunching numbers is brain numbing, and while my family members might say I am a great arguer, being a lawyer just never appealed to me.

Much like normal, I have gotten far off topic. I guess my point is to say that even though I won't spend hours on the beach with my "snow up against the burning sand," this might be my best summer ever. I get to be in the sun every day coaching the sport I love, learning more each week about the group I am most passionate about, and most importantly, for the first time in four years my summer will go until Labor Day.

To read other articles by Katie, visit the Authors section of Emmitsburg.net.



After the summer ends, I will get

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FASHION

Summer fashion finds

Valerie McPhail MSM Class of 2015

azes upon the sunset in Saint Augustine, dazed from the tranquil clear waters of Bavaro Beach and soaking up the rays of the South Miami sunshine — childhood memories alongside the ocean's calm, offered nothing short of rest. Beach days initiated volleyball games on the sandy court and led to afternoons of sunbathing. The sight of five towels side by side, spread perpendicular to the water was where you would find my mom alongside her four daughters. As my sisters embraced the sun on their skin, I focused my attention to my summer reading list, a distraction from the awkward sunburn that awaited my pale skin. I am without a doubt not a beach babe; I covet the cashmere tops and wooly sweaters in my closet and I feel most comfortable wrapped in turtlenecks. Or maybe I just really love clothes, and the beach season lacks the value for such an interest. Bikinis, swim trunks and sunglasses hold greater worth. Or at least, that is a common misconception, for Merecedes Benz Fashion Week Australia would beg to differ.

June marks a big milestone in my life. As I reflect on this first summer month, I think about my first moves into the New York fashion scene after graduating from the Mount. The experience has been exhausted with competition and dishearten with frustration, for the island of Manhattan is overcrowded with people pursuing their dreams, just like me. Opportunities are around the corner, but

HunterDouglas

success simulates city traffic: timing remains indefinite. This fresh season and newfound sunshine we have surprisingly seen spurs a restless yearning for those vacations once again. However, these memories wouldn't congeal without the bathing suits, sundresses and sandals I wore in the company of oceans waves and sandcastles. Time again, denim jeans, board shorts, baseball caps create the staple pieces that make the most of a summer style as the recapitulation of Australia Fashion Week, ignites my summer daydreams.

The Daybreak of Denim

First sightings of the trend appeared in an eclectic, beautiful pair of Junya Watanabe jeans I saw online. I channeled this love at first sight by wearing a pair of light washed, slouched, boyfriend-fit jeans purchased at Zara. I wore this pair of jeans through the summer straight into September. Now New York can't get enough of their style and relaxed fit.

In a blink of an eye, gone are the days of skinny jeans and tailored-fit, styled rock stars and the fashion magazine editors of my affection. Colors of acid wash, indigo and midnight black were top sellers, but now fashion has reached a new wave of denim. Cropped, flared, boyfriend and distressed are the styles that currently navigate its world. Fits are in season and the only materialistic investment involves jeans with patches in an assortment of indigo shades. Brands including — Levi, Valentino and Stella McCartney have ventured far into designing styles with embroidered patches. These specific styles

add a personal touch. The aesthetic is a bit bohemian — loose fitted and relaxed.

It is a feeling entirely depicted in a balanced lifestyle of excitement, wonder and rest. Australian brand Ksubi has this world to share... Now based in California, Ksubi brings nostalgia of relaxed fit jeans in conjunction with details of modern fun — expressed in cryptic messages and youthful scribbles decorating a pair of denim shorts and a jacket. This type of playfulness brought excitement to Mercedes Benz Fashion-Week Australia, Australia's very own fashion week.

Last month, Mercedes Benz fashion's favorite automobile, sponsored Fashion Week Australia. Marking the start of the resort wear season, the event was held from May 15 through May 20 in Sydney. Designers including the romance of Cynthia Rowley, the bold Zimmermann and the decadent Tome as well as others - Christopher Esber and Romance was Born showcased their new collections throughout the week.

Cynthia Rowley brought the flower power to the runway. Floral prints blossomed on numerous swimsuits, body suits made for surfing the Pacific Ocean and flirty skirts and dresses with ruffles, wide sleeves and twilight colors. The collection walked with a strong feminine disposition.

A similar elegance remained with Tome's 2017 Resort Collection. Taking full inspiration from the minimalism and all-black dress code of New York City, the runway projected a summer sensibility through a variety of strong pieces: a black trench coat, canary yellow pleated cropped pants and full floral printed jumpsuits. Looser fits and flairs brought the ease to summertime styles.

A Short(s) Story

The aftermath of spring's pleated pants is here to stay. Without a doubt do pleats add a stylistic change to the typical tailored fit and equally provide comfort. For just as the saying of old continues to rephrase the significance of comfort in fashion, "Comfort is key," is a rule embraced in the large fit of shorts offered this summer. Shorts with a baggier fit and a longer cut — a mid thigh board short are styles that continue to fill the racks in men's shops. It is a classic design that is just starting to resurface. As if the menswear industry re-traces its steps to the original The Mill at Keymar Vintage & Antiques 900 Francis Scott Key Highway Keymar Maryland 21757 (410) 775-0013 www.themillatkeymar.com Open Weekly - Thurs - Sun, 11a - 4p



Looks from Cynthia Rowley's Resort show during Mercedes Benz Fashion Week Australia.

characteristics of clothing and reasons for why men shop, the thighlength, drawstring pant is brought back. What's the interest? Practicality, comfort and style.

The Sweat Short

Roots, the Canadian brand based out of Toronto, is arguably the country's most regarded retailer. Without a question the brand is a staple of Canada. Offering a top level of luxury in their leather goods, excellent craftsmanship runs through their jackets, bags, shoes and to counterbalance, their classic sweatpants. The brand not only fully endorses, but supports the sweat pant trend. Typically recognized in the US for their trademarked Salt & Pepper print found everywhere from their classic Pocket Original Sweatpants to their recently released fully water-proof rain jackets. The marled look reappears for summer in the form of sweat shorts. What else could suffice for comfortable fashion? The shorts are designed identically to the board short style and its touch is as soft as a beach towel. It is indefinitely a summer staple.

Cap it Off

New York is a city with a hat obsession. For the winter months this obsession appears with an interest in beanies, the slouchy hat that equally covers your ears from the cold and hides your bedhead on a bad hair day. For summer, the fascination remains in the form of the baseball cap. Styles come in a variety, flat or curved rim, box cut style often regarded as "the trucker hat," all offer an opportunity for both men and women to create a collection. This fashion fad remains a mystery. My only conclusion for its interest remains in its "cool factor," welcomed by the self-proclaimed trendsetters and their congregations in Soho. Wearing a baseball cap makes you look mysterious and unapproachable — a character trait New Yorkers take pride in. However, there is practicality to its design, a function most appreciated in the sun: the baseball cap protects one's head and face from the sun. Brownie points aside, the baseball cap would never be summer's ultimate accessory without this quality.



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To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

CREATIVE WRITING

Something magical

Lydia Olsen MSM Class of 2016

aroline sat on the curb in front of her driveway and threw pebbles into the street. Her bare feet splashed in the puddle of collected rainwater while she waited with as much patience as she could muster up. At three o'clock she saw the first glance of the white truck around the corner. Within moments, it pulled up to her mailbox. A quick hand opened the flap, shoving in a few letters and then quickly retreated. The truck then proceeded to the next mailbox, yards away. Within seconds, Caroline was flipping through the letters. "No, no, no," she said as she passed through a couple of bills and miscellaneous cards. She stopped at one with her name written in perfect cursive. For a moment her heart skipped a beat before she noticed the return address. It revealed that it was only a card from her grandparents.

Caroline looked up, searching for the mail truck down the street. She took off running towards it as she called out for the driver to wait. The truck slowed down and came to a stop. A woman with thick-rimmed glasses and hair in a bun leaned out the window. "Oh, uh, hi," Caroline said while trying to catch her breath, "I, uh, have been waiting for a letter and I just wanted to make sure that you didn't forget to put anything into our mailbox today." The woman looked over the top of her glasses sternly. "Are you saying you don't think I did my job properly?" the driver said with an attitude, "I'll have you know that I've been doing this for longer than you've been alive."

Caroline's face turned red as she apologized, "I'm sorry. I didn't intend to be rude, it's just, uh, it's my birthday and I've been expecting something else." The driver flipped through the letters in the bin beside her, "Nothing else for the last name Potter," she said. "Oh, okay, thanks," Caroline replied with great despair. She somberly walked back to her house, contemplating what could have gone wrong.

Caroline thought back to the third grade where she remembers making

a family tree. She sat down with her mom and dad for hours and went over the information they knew about the generations before them. They displayed it all on a big white poster board with a tree outlined straight through the middle. Each person from her family received a leaf. Caroline was able to easily identify each, individual placed closer to the leaf of her and her sister. It was further up the tree that Caroline began to write names of individuals that she had never even met. One of the most puzzling family members to her was a great-great uncle on her father's side. Her father didn't really talk about him much but had mentioned, in passing, that he had taught him a few things back when they were both younger. Her great-great uncle's name was Harry and the mysterious elements about him fascinated Caroline.

Caroline always knew that there was something special about her. She had gifts that no one else seemed to have. She always caught the clock just as the numbers changed, she never needed caller ID to guess who was calling, and she luckily always seemed to sneak behind an invisibility cloak whenever her teacher needed someone to read out loud in front of the class. More events made her question her powers. Once in fourth grade she was sure she gave Logan Caulfield poison ivy, just by thinking it, after he had picked on Caroline and her friends. It wasn't confirmed that it was because of Caroline, since he had just returned from a Boy Scout camping trip, but it seemed like she had some influence on the situation.

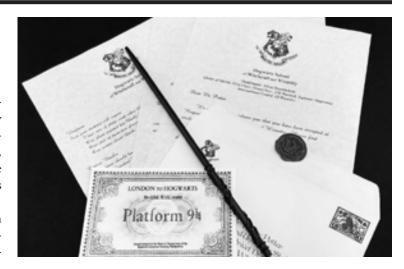
When Caroline learned that she had a great-great uncle named Harry, everything started to finally make sense. Clearly she had to be related to Harry Potter himself. "I mean, how many Harry Potters in the world could there possibly be?!," Caroline thought to herself. That year for Christmas, her parents bought her all of the novels within the Harry Potter series. Caroline read them closely and carefully, interpreting them more as fact than as make-believe. She realized that the magical blood didn't necessarily get passed down from each ancestor. It was tricky like that. It sort of did what it wanted. Unfortunately for her parents, they were not lucky enough to have obtained any magical abilities. However, Caroline realized that she still had time before she had the same fate. She was only twelve years old.

On the morning of her thirteenth birthday, she woke filled with excitement. She looked out her window and eagerly searched for an owl. Her front yard was covered with robins and cardinals searching for worms, but she didn't see or sense any owls. She shrugged her shoulders, knowing that the day was still young and that sometimes they weren't the brightest birds.

Her day continued on. She went out to lunch with her family to the local hamburger place. They got cookies and cream milkshakes afterwards and she opened a bunch of presents with bunches of tissue paper all shoved in brightly colored bags . But the whole time, Caroline was wondering what was going on at home and if her owl had forgotten about her. She worried that maybe she had been wrong about her abilities and that maybe her greatgreat uncle, named Harry, was just a man named Harry and not the legend she hoped he was.

When Caroline returned to her front porch after chasing down the mail truck, she had almost given up all hope. She knew, like everyone else, that witches and wizards receive their letters from Hogwarts on the day of their thirteenth birthday. So why hadn't Caroline's come yet? Was it possible that she had been wrong this whole time? Maybe there wasn't anything special about her. Caroline sat in the rocking chair on her front porch and rocked slowly with her head in her hands. After a few minutes, her father came out to get her for dinner. He knelt down beside her. "Don't get discouraged," he said patiently with a soft smile. Luckily, her father always seemed to understand.

Caroline sat at the table while her family tried their hardest to have her engage in conversation. She opened the boxes of gifts she had received and tried to act excited to play with them. Caroline went to bed early that night. She grabbed her flashlight and her fa-



vorite book of the Harry Potter novels and sat underneath her covers reading.

After Caroline had fallen asleep her parents came in to kiss her goodnight. "I thought you said that her letter would come today. Isn't that how it works?" Caroline's mother whispered to her husband. "I thought it would come today too, but maybe something went wrong. You never know how reliable those owls are," Caroline's father replied as he flipped his wrist to turn out the lights.

Sometime later in the night Caroline awoke to a loud crash at her window. She was shaken and immediately became frightened. She kept her head under the covers for another minute before she took a deep breath and removed them. She tiptoed to the window and reached for the string to pull up the blinds very slowly. Caroline looked out from her window for what had caused the noise but didn't see anything that seemed abnormal. She turned and headed back towards her bed when she heard tapping at her window. Caroline quickly ran back to the window and peered out through the glass and screen. It was dark outside but the moon helped to illuminate her entire yard. Sitting ever so peacefully on the nearby tree was a snow-white owl. It glanced over at her with bulging eyes. Caroline's heart nearly stopped. Could that be a letter that it's holding in its beak?

To read past articles by Lydia, visit the Authors section of Emmitsburg.net.





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ARTS **Easels in Frederick**

Scott Grove

hirty national award-winning, juried artists will capture Frederick County's scenic towns and rural landscapes on canvas and compete for cash prizes as part of the 6th annual Easels in Frederick plein air competition, June 13-18. The sixday event culminates in an exhibit of more than 100 paintings created by the artists that week and a Saturday morning Quick Draw contest open to artists of all skill levels.

The participating artists, considered to be among the very best competitive plein air artists in America, originate from 12 states spanning Maine to Florida and as far west as Missouri. This year, five of the artists are from Maryland, including Paul Tooley of Braddock Heights and Deborah Lovelace Richardson of New Market. Collectively, the artists are the recipients of hundreds of awards. Many have been featured in national art magazines and are mem-

bers of some of America's most prestigious artist societies. A complete list of the artists and their work can be seen on the Easels in Frederick website.

Following five days of demanding painting throughout the county, sometimes taking place from dawn until midnight, the artists will submit four paintings to be judged and displayed in the Grand Exhibition. National award-winning plein air artist Dee Beard Dean of Charleston, SC, will serve as judge and award cash prizes totaling \$14,000. The Grand Exhibition will officially open on Friday, June 17, with the Collectors Preview, a \$50 ticketed event from 7-10pm at the Wm. Talley Recreation Center in Frederick's Baker Park.

The highly popular event allows attendees the first opportunity to see and purchase the paintings while enjoying canapés and wine. One lucky attendee whose name is drawn, will be the recipient the Collectors Prize, an original painting by Deborah Lovelace Richardson, a New Market based artist who is participating in this year's event. The exhibit will re-open to the general public on Saturday 12-5pm, free of charge, with additional work by the juried artists exhibited and sold.

Easels in Frederick also includes a Quick Draw contest on Saturday, June 18 from 8:30-11:30am in downtown Frederick. Some 100+ national, regional and local artists of all skill levels (age 8+) will line will paint and sketch against the clock to compete for \$1,500 in cash prizes and the ability to sell their work at the Quick Draw Art Market at Memorial Park at the corner of S. Bentz and W. Second streets from 12-1pm. The Quick Draw contest will take place rain or shine. Artists ages 8-17 will have a starting time of 8:30am. Artists 18+ at 9:30 a.m. Advance online registration (\$15 adult / \$10 youth) is required for both contests by noon, Wednesday, June 15.

To purchase tickets online for



Award-winning artist Charlie Hunter, of Bellows Falls, VT, will return to the sixth annual Easels in Frederick event, competing with 29 other national juried artists. Hunter is seen painting at the Best Farm at Monocacy National Battlefield during the 2015 event. Photo: Marlene Sclar.

the Private Collector's Preview, or to register for the Quick Draw contest, visit www.easelsinfrederick.org. Tickets for the Preview may also be purchased at the door for \$55.

(3) organization, which donates a portion of its proceeds each year to projects that support the education and proliferation of the arts in Frederick County. Or more information call Scott Grove at 301-663-4641.

Easels in Frederick is a 501(c)

Frederick Festival of the Arts

The 22nd annual Frederick Festival of the Arts (FFO-TA) has announced a star-studded entertainment lineup for the Festival. "This year we have a roster of stellar performers," said FFO-

TA Executive Director Kris Fair. "Many of the area's favorite acts are scheduled for the Main Stage and for various performing areas throughout the Festival area in Carroll Creek Linear Park."

The 25th Annual Putnam Coun June 25, 2016 THE WAY OFF BROADWAY DINNER THEATRE

Kicking things off at the Main Stage will be the Second Hand Ramblers in a bonus free concert on Friday evening, June 5, from 7 to 9 p.m. On Saturday, June 6, the Comedy Pigs will perform from 8:15 to 9 p.m., with the New Line Brass Band and Equinox Dance Company entertaining the crowd from 6 to 8 p.m. Beer, wine, soft drinks, and snacks will be offered during the concerts under the big tent next to Carroll Creek.

More than 120 artists and craftspeople will be on hand in their booths from 10 a.m. to 6 p.m. on Saturday, June 6, and from 11 a.m. to 5 p.m. on Sunday, June 7. Media represented will include painting, photography, glass, jewelry, clay, leather, wood, metal, drawing, digital art, sculpture, fiber, and mixed media.

dren will be offered by the nearby Delaplaine Visual Arts Education Center all day Saturday and Sunday.

In addition to the Main Stage, live performances by musical groups, actors, dancers, and other entertainers will continue in various venues around the park throughout the day on Saturday and Sunday. An abundance of food vendors will also be on hand. The Festival's full Main Stage lineup is as follows:

Saturday, June 6

10:45 - 11:15 Chip and Terry from "King Street Band" 11:30-1 "ilyAIMY" 1- ESP Performing Company 1:30-3 Channel Cats 3:30-5 Market Street Big Band 3:30 Frederick Ballroom Dance

Club

6-8 Equinox Dance Company 8:15-9 The Comedy Pigs

Sunday, June 7

11:30-1 Hard Swimmin' Fish 1:30-3 Saskia and the Truly Unruly Band 3:30-5 KoKo Blue

The Frederick Festival of the Arts is a juried fine-arts festival held every year on the first weekend in June at Carroll Creek Linear Park. Admission to the open-air event is free to the public. The park is immediately adjacent to historic downtown Frederick, which offers a wealth of restaurants, cafes, and shops for after-Festival strolling, shopping, and dining. There are more than 5,000 public parking spaces downtown.

For more information call Kris Fair,

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ARTS

Farewell to the Thurmont Thespians

Jack Williams MSM Class of 2017

Tt's finally summer! Now that June is Lhere, we should be expecting much warmer weather than we have had these past few months. There is a lot going on art-wise around these parts! Seussical Jr., a musical set to stage by The Penguin Project, was a roaring success at the Gettysburg Community Theater. The Totem Pole Playhouse began its season with the premiere of Lovesick Blues, a huge crowd favorite, and Six Dance Lessons in Six Weeks just recently began on May 27. I highly recommend checking it out! David Engel, an established Broadway actor, plays one of the main roles, and Loretta Swit, who played Margaret Houlihan on M*A*S*H*, is the other lead character. Come out and support the community!

Last October, I wrote about the Thurmont Thespians, which introduced the group for some of our readers. Nonetheless, they have been performing a variety of plays for over 17 years. But there is some bittersweet news to report this month: the Thespians will be putting on their last performance this coming July. Sad news, but their last play is set to be a showstopper! The crew has been working especially hard on this final performance to give an appropriately strong finale to a history of fantastic performances.

Beth and Spencer Watson founded the Thespians in 1998, and were already avid lovers of theatre and the sense of community it creates. I spoke with Beth again for this final piece on the Thespians, and she told me, "The Thespians have been my greatest joy in my theatre life... We ended up with whole families involved interacting and enjoying the process of doing theatre in Thurmont. Every production has been exciting and its own challenge."

For this article I also spoke with Jennifer Buchheister, Director of Advancement at the Mother Seton School as well as the long-time publicist for the Thespians. She echoed many of Beth's statements about this wonderful program. Jen told me, "We have watched deep friendships blossom, many lasting years after the children completed the program. Many children have gone on to study some form of performing art or technical theater." One of the underlying intentions of founding the Thespians was the teaching of theater to children. And in this vein, the Thespians have had a noticeable impact on their community. This upcoming show's director, as one of the many examples of this, is Rosalyn Smaldone, a graduate of Mount St. Mary's from just this year! She also attended and graduated from both Mother Seton School and Catoctin high school. Rosalyn shared with me just how much the Thespians have helped her in her life, "The Thurmont Thespians gave me an interest that eventually turned into a passion. I had always enjoyed theater, but being a part of the Thurmont Thespians helped me realize that the arts field was a place where I wanted to be in the future."

This newfound passion for the arts culminated in her graduation from Mount St. Mary's University. She recently accepted a professional marketing internship with Center Stage, one of the largest and most well-known theaters in the city of Baltimore; "It's really all thanks to the summers I spent with the Thespians. It's a very special community of people."

Jen agrees about this influence of the Thespians, "I think that really is Beth's legacy" she says, "The seeds that she planted in all those summer programs. The seeds of friendship, hard work, love of theater, and love of God. We continually see those seeds growing to maturity in many of the children that went through the program."

But having the children come together was not the only joy of the Thespians: bringing families together was also one of the program's major highlight. Beth mentioned. In the process of coordinating, the Thespians were able to come together, season after season, to form their own family. Paul Smaldone, who has been involved with the Thespians for a great amount of time, told me "It has been a place where people interested in theater have gathered together and made friends as well. I can't imagine this theater group not being around. The people I have met have become my friends, and enriched my life beyond measure. We all owe them an unpayable debt of gratitude."

The theatre, in its earliest incarnation, was an outreach of St. John's Lutheran Church in Thurmont. Their earliest shows were performed at the Church itself, before finding a bigger space at The American Legion building in Thurmont. St. John's, however, still offered rehearsal space for the group throughout their 18-year history, and the Thespians devotion to God was abundant throughout its time. I was told that, "Before each show, young and adult, we would always gather in the green room, hold hands and pray. We would always thank God for His blessing." The dedication to God would present itself both in the people who repeatedly volunteered each year, and through community interventions to help keep the Thespians afloat during their toughest period.

When Spencer Watson passed away very suddenly in 2013, the leadership management was shaken, very noticeably. Beth said, "It took five men and three women to handle the things he did automatically." But with the support of the community, through extra volunteers and increased donations during this time, the Thespians were able to persevere. Having local theater in Thurmont was a treasure which many residents never took for granted. Beth hopes that the residents miss having a local theater group perform each season. I know I'll certainly miss covering whichever play the Thespians were confident enough to take on next!

Beth has many, many people to thank for the theater's success over the years. She asked to mention the following people for their continued help with the group:

"Becky and John Urian, Jen Buchheister, John Mohr, Rich Friis, Bill and Eileen Collins, The entire Cofer family, The Smaldones, The Johnsons, The Bloods, Becky Carpenter, Mary Lou Royer, The Pucketts, Mike Brown, Holly Rife, Norm Gibat, everyone who ever worked on The Bessie Darling story. Lori Hockley and Rosalyn Smaldone in particular who played Bessie and Maizie , and Paul Smaldone as the villain!! - what a show that was!! Doug Benson, Kelli Donaghue, Annie Urian who ended up going into technical theatre as a vocation, Heidi D'Amore, Melissa D'Amore, John Nickerson, Anne Raugh, Steve Ross, Robbie Freedman - the list goes on and on and on. All the patrons like Rocky's, Brown's Jewelry Store, Hobbs, Ace, Maggies - who advertised automatically every production!! Parents of



Nathan Kopit, Emily Rose Cofer, Beth Watson, and Rachel Johnson.

the kids in the shows who worked above and beyond the call of duty like walking in the Fireman's Parade every year. I could name reams of people who all helped - but I never could have done it without the backing of St. John's Lutheran Church who believed in my mission and supported us in every way every day!!"

As with every summer show, this final production will appropriately be performed by the younger crowd, in this case, a group comprised mostly of teenagers. They will be showcasing a classic which many of us already know well: Footloose. Footloose is most easily remembered from the 1984 film starring Kevin Bacon, Chris Penn, Lori Singer and John Lithgow. Rosalyn, the director of the play, is really looking forward to it, "Footloose is a great choice for what will be the Thurmont Thespians' last show... It's funny, features great dancing, and is an overall joyous production. It'll be a great note to go out on!"

If you would like to make a reservation to see this final play, feel free to contact the Thespians at 301-271-7613. Let's help to make the Thurmont Thespians' last show their very best one!

The dates for Footloose are July 21st - 24th and July 28th - 31st. Thursday, Friday and Saturday's shows are at 7:30 p.m. and Sunday show is at 2 p.m.

To read other articles by Jack, visit the Authors section of Emmitsburg.net, or emmitsburgartscene.word-press.com.





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SPORTS

Little league – baseball at its best

Michael Donahue

here's no doubt professional L athletics are truly a profession. White-collar sports transform the pastimes each of us grew up enjoying by turning them into businesses. The love of the game becomes a chore; The recreation becomes an industry. Because of how universal and mainstream professional sports are, it is easy to lose a grasp on the real meaning of sport. However, heading back to the roots, it is an amazing breath of fresh air watching the youth, the local little leagues. There is no wide-ranged professional desire to win, as winning does not come first from T-Ball through u12, but rather, it is the joy of the game. However, the breath of fresh air is not only projected by the youthful joy coming from the players. Instead, it is brought forth by the support of the parents and coaches. It is a community statement to enjoy one of the greatest games.

Specifically, while watching the Fairfield Pirates play in the Rookie league, it was astonishing to witness the constant coaching, the persistent support from the spectators, and the endless smiles on the players' faces. As the players stormed toward first, they seemed to enjoy the game, forgetting about the score. Each player only wanted to play and they wanted to be part of every single play. The support from the players shone throughout the match as they chanted each others' names. They high-fived and congratulated each other, even when the rain came pouring down and ended the game on an early note, the players' smiles failed to break. It was an amazing excursion from the norm.

While the youngest leagues are playing with a blind joy, even the u12 leaguers had smiles across their faces the entire game. Looking over the majors, in the 12u league, the Emmitsburg Red Socks, Fairfield Phillies and the Fairfield Orioles are battling for the top spot. The Phillies have a long team and they are the best defensive team out of the three. Emmitsburg, whose only loss came against the Fairfield Phillies, is the most offensive opponent with over a hundred runs scored on the year.

The battle between the Phillies and the Red Socks was an interesting one. The match, which was played in late April, was a Monday night battle. The Red Socks lost the incredible matchup by a score of 13-7. While Emmitsburg had a constant flow of offense throughout the game, they could never catch up to the seven runs the Phillies scored in the third.

The Fairfield Orioles are another defensive team, similar to the Phillies. However, they do not have the



Brendan Ott crossing the plate after a lead off double for the first run of the game.

same offensive support as their sametown rivals. However, they looked to prove their worth when they battled the Phillies on May 16.

To begin the high-touted matchup, the Phillies had Eric Ball on the mound and the Orioles entrusted Colt Sanders with the ball. The game began with the Phillies at the plate. With the first pitch, Peyton Stadler hit a double. After an out, Eric Ball hit a liner to left field for a standup RBI double. However, Ball would be abandoned on second. The Orioles had similar, instant success when Jake Myers sent a long double off of the right field wall. After a long pop-fly to center, which allowed Jake Myers to move to third, Will Myers sent an RBI single while down 0-2 in the count.

Ball found his rhythm deep in the first with two strikeouts to end the side.

In the second, the Phillies found their offense, quickly. Zack Oswald found first and proceeded to steal second. Cam Pryor knocked him home; afterwards, he stole second and third in fine fashion. However, the Orioles went to the bullpen before the inning got out of hand. With ease, the Orioles struck out the next three batters.

The O's second was a hairy affair. While three batters were walked, one was picked off at second. After a blatant error on a dropped infield pop-fly, Cody Valentine hit the ball straight past the right side of the third baseman to bring home the man from second.

In the third and the fourth, the Phillies were able to pull away from the Orioles. They scored a run each inning to snatch a two run lead. They carried this lead until the final inning. In the bottom of the sixth, the rally started slowly for the O's.

Joey Wybierala kicked off the rally with a shot to center. He stole second and third before Valentine was walked. Now with men on the corners, Wybierala took off for home when Bell sent a wild throw behind the catcher. Only down by one, Will Myers stepped to the plate and sent a high pop-fly straight up into the air. Lost in the sun, the men were safe on the corners.

After another wild throw, Valentine also took off for home. Safe. The game was now tied. After another walk, the Phillies finally stopped the damage when they struck out a man swinging. Sadly, the coaches decided not to play an extra inning. Now, the true champion of Fairfield will never be concluded.

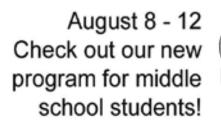


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SPORTS

While this battle would not be decided, another was on the horizon. The two best teams in the league were preparing to battle.

On May 18, a morning rain and a dim sky made for a few worried nerves begging the question if the field would be in playing condition in time for the first pitch, later that night. However, nearing five o'clock, the sun broke through the gray sky and dried the diamond in time for America's favorite pastime. With that, Emmitsburg took the field with mitts in hand and Mcsherrystown Home Association, the best defensive team in the league with only 11 runs given up, warmed their core with a few practice swings.

To begin the game, Garrett Shorb was on the mound, staring down the hill toward Adam Hafer who took the right-handed batters box. The inning began swimmingly for the Emmitsburg Red Socks. However, Mcsherrystown broke the inning wide open two batters later, when they hit three back to back to back RBIs. After a sacrifice bunt by Cody Brady, Mcsherrystown got a final RBI of the inning to take the lead 4-0 as they headed into the bottom of the first.

Yet, unfortunately for the Red Socks, Emmitsburg did not have a similar offensive showing in the first inning. With Adam Paycor on the mound, he struck out the first batter he saw. Adam Wresche hit a liner straight back at the picture and finally Brendan Ott was caught trying to turn a single into a double.

The second and third continued the game in similar fashion. Only one hit took place for both teams throughout the second and third. In the bottom of the third, Andrew Reisinger hit a single to right center field. However, after stealing second, he was picked off a few pitches later to end the inning.

In the top of the fourth, the offense opened back up. Yet, the offense was not in the favor of the Socks. Mcsherrystown began the fourth by quickly getting men on the corners. The first basemen and the biggest bat on the team, Jesse Biter, came to the plate. With the crack of the bat, he sent the second pitch he saw flying over the far right wall to push the lead to 7-0.

It was much of the same for Emmitsburg in the bottom of the fourth. After the first batter was hit, Emmitsburg had three straight outs once again.

Mcsherrystown continued their offensive prowess in the fifth. After a quick first out, Adam Hafer got on first. He stole second on the first pitch. A few pitches later, Hafer took off for third. The throw was high and not in time. Hafer stood up from his slide and took off for home and stole it standing up. A few hitters later, Mcsherrystown had runners on the corner who would be smashed in with an RBI double to give Mcsherrystown a monster lead.

Going into the fifth, the question had to be asked if Emmitsburg would get their offense functioning. Brendan Ott decided to take it upon himself to get some offense going when he hit a leadoff double. However, Ott would be left on second for quite a while. After one batter was sent back to the box and Berkey was down in the count, it seemed Ott may be abandoned on second.

Swinging, Berkey was supposedly struck out. However, after the catcher bobbled the pitch, Berkey took off for first. The throw was high and wild. Ott took off from second toward third as Berkey rounded first and headed for second. Both runners rounded third and second, respectively. Ott easily crossed the plate to ruin Mcserrystown's shutout. Berkey slid into third, safe. However, on yet another wild throw, he was back on his feet and running for home. He crossed the plate on the craziest play of the game.

Later in the inning, Sean Himes hit a two shot stunner over the left-center wall to give the Red Socks four runs and a spark of offense as the game headed into the final inning.

However, the offensive sparks did not continue into the final inning. The inning was six up and six down with five strikeouts throughout.

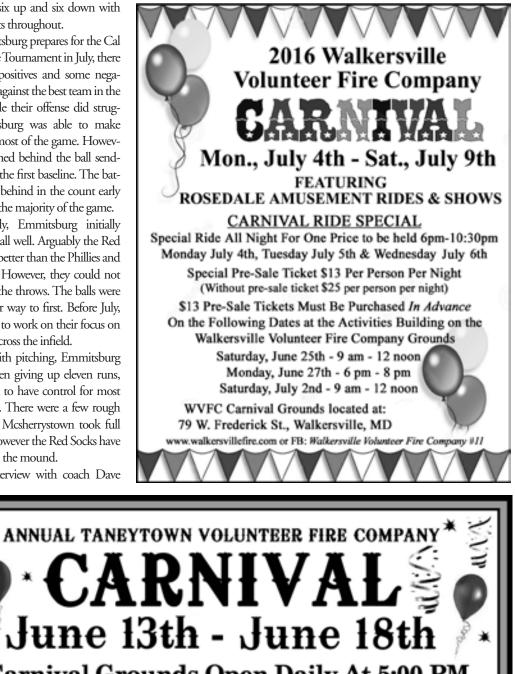
As Emmitsburg prepares for the Cal Ripken State Tournament in July, there were some positives and some negatives glaring against the best team in the league. While their offense did struggle, Emmitsburg was able to make contact for most of the game. However, they seemed behind the ball sending it down the first baseline. The batters also got behind in the count early throughout the majority of the game.

Defensively, Emmitsburg initially fielded the ball well. Arguably the Red Socks did it better than the Phillies and the Orioles. However, they could not connect on the throws. The balls were wild on their way to first. Before July, they needed to work on their focus on the throws across the infield.

Finally, with pitching, Emmitsburg did well. Even giving up eleven runs, they seemed to have control for most of the game. There were a few rough spots where Mcsherrystown took full advantage however the Red Socks have the talent on the mound.

In an interview with coach Dave

Wantz, he commented on his team heading into the Cal Ripken Tournament in July. He talked about his team's best features, stating that base running was a key aspect, especially the speed. As well, he talked about the pitching being a major key heading into the tournament. However, he'd also like to see the team grow inside the batter's box. Watching from the bleachers, it's easy to agree. Finally, when speaking of the team's growth, he commented on their improved ability to field. While there were some errors against Mcsherrystown, the Socks were quick to the ball. It is imperative to see players improve in this aspect, however, hopefully before July.



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COMPLEMENTARY CORNER

Perfection or purpose?

Renee Lehman

Belief – a conviction of the truth of some statement or the reality of some being or phenomenon especially when based on examination of evidence (Merriam-Webster's dictionary). Your beliefs determine everything in your life. Your beliefs determine the decisions you make, the relationships you have, and the level of confidence you have, just to name a few examples. Your beliefs determine everything about you!

So, my question to you is: "Do you believe that you must be perfect?" If you answered, no, I don't fully believe you. In our society, we are surrounded by this notion of "achieving perfection." For example, there are products to make our skin perfect, exercise regimes to make our bodies look perfect, and books on how to live a perfect life. And, there is also the belief that if we make our lives look perfect (like a staged magazine cover), then we will be happy. Nothing could be farther from the truth. While we are consumed with making everything look perfect, we are actually like a hamster running around on its hamster wheel. Are we feeling fulfilled? Not really.

What is perfection? Merriam-Webster's dictionary defines perfection as the freedom from fault or defect. Why do you believe that you must be free from defects? And, who is to say that having a fault or a defect isn't actually perfection?!

Here is an ancient story with a modern day message about the concept of perfection:

The Cracked Pot.

An elderly Chinese woman had two large pots. Each pot hung on the ends of a pole, which she carried across her shoulders. Every day, she used this device to carry water to her home.

One of the pots was perfect and always delivered a full portion of water. The other had a deep crack in it and leaked. At the end of the long walk from the stream to the house, the cracked pot arrived only half full.

For a full two years this situation occurred daily, with the woman bringing home only one and a half pots of water. Of course, the perfect pot was proud of its accomplishments and saw itself as perfectly suited for the purpose for which it was made. But the poor cracked pot was ashamed of its own imperfection and miserable that it could only do half of what it had been made to do.

After two years of what it perceived to be bitter failure, the cracked pot spoke to the woman one day by the stream, saying, "I am ashamed of myself, and I want to apologize to you." "Why?" asked the woman. "What are you ashamed of?" "For the past two years, I have been able to deliver only half my load because this crack in my side causes water to leak out all the way back to your house. Because of my flaws you have to work without getting the full value of your efforts," the pot said.

The woman felt sorry for the old cracked pot, and out of compassion she said, "As we return to my house, I want you to notice the beautiful flowers along the path." Indeed, as they went up the hill, the old cracked pot took notice of the sun warming the wildflowers on the side of the path. The pot felt cheered. But at the end of the trail, the pot still felt bad because it had leaked out half its load, and again it apologized for its failure.

The old woman smiled and replied, "Did you notice that there are flowers only on your side of the path, but not on the other pot's side? I have always known about your flaw, so I planted flower seeds on your side of the path, and every day while we walked back home you watered them and made them grow. For two years, I have been able to pick these beautiful flowers to decorate the table and give to my friends and neighbors. Without you being just the way you are, there would not have been this special beauty to grace our homes and lives."

Moral: Sometimes, it's the flaws, "cracks," or what we perceive as imperfections, that create something unexpected and beautiful.

We are all "cracked" pots. You may think like the cracked pot that you are inefficient or useless in certain areas of your life, but these "cracks" ultimately make our lives and therefore, the whole universe, much richer and more interesting. Every thing and every being has its own unique purpose and destiny to fulfill.

That is correct, you are not an accident! You were planned. You



matter. You matter to the Universe! You have a unique purpose and destiny to fulfill! This is self-actualization!

Merriam-Webster's dictionary defines purpose as the feeling of being determined to do or achieve something, and the definition of self-actualization as the realization of one's full potential.

So, do you want to live a more fulfilling life? Let go of perfection and work toward your purpose in life, your destiny! "Letting go of perfection does not mean lowering your standards, it means elevating them to what really matters in your life (Lisa Earle McLeod)."

Deep inside of you, you know what it truly important to you. We all do. We are all connected to the infinite wisdom of the Universal Life Force. Our body/mind/ spirit is fully connected to this unlimited energy of the Universe!

So, to reconnect with our unique purpose, eliminate your self-limiting beliefs. Also, think about the times that you have experienced any of the following: a loss of awareness to time and space, the feeling of being free of inner conflict, functioning effortlessly and easily without strain or struggle, or being mindful of the present moment. In these moments, you have been experiencing what Abraham Maslow (Maslow's Hierarch of Needs) called a Peak Experience – a transcendent moments of pure joy and elation. These play an important role in self-actualization. Maybe, examining these experiences will give you guidance towards meeting your destiny!

"You were born to be real, not perfect." – Unknown

"Once we accept our limits, we go beyond them." – Albert Einstein

"It is better to live your own destiny imperfectly than to live an imitation

of somebody else's life with perfection." – Anonymous (the Bhagavad Gita)

"The meaning of life is to find your gift. The purpose of life is to give it away." - Pablo Picasso

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care ex¬perience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.



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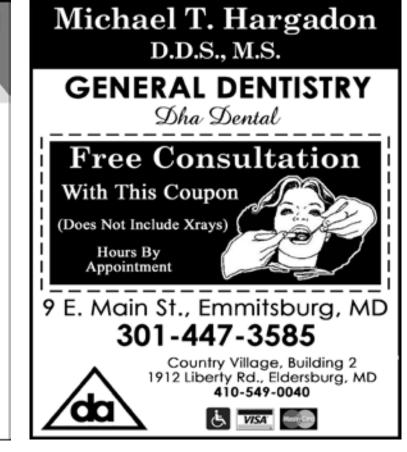
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FITNESS AND HEALTH

Keep moving

Linda Stultz **Certified Fitness Trainer**

The kids will be out of school soon and while we all like to think about a lazy summer day we need to keep the kids busy and active, as well as ourselves. This article is similar to one I wrote a few years ago but I think the information is worth repeating. We all need a reminder now and then. Maybe something will inspire you when you read it this time that may not have before. Exercise can be fun and that's the way we need to portray it to our kids. Many kids belong to ball teams or other summer activities that keeps them moving but some do not. These are the children that need to find fun, interesting and active social activities to participate in. You don't have to join an organized group to enjoy social and beneficial exercise.

Encourage your children to make plans with their neighborhood friends to play ball, go swimming, ride bikes or any activity that will keep them moving so they will benefit from the outdoors, the sun and exercise. One of my clients just commented to me, he sees my grandchildren having fun in the weight room with us and when they get older they will not think about exercise as some people do, as a chore, but they will relate it to just having fun as they did when they were little.

I realize that today's entertainment for kids usually consist of video games, TV, twitter, facebook and any other social media that's out there. It is our job as parents to get our children interested in something that will keep their bodies in shape as well as their minds.

Get creative and have them come up with games or challenges that they like or have them search the web for things they can do that will give them exercise. Many children prefer to stay in the cool house during the summer and we can all understand that as it can get really hot during the summer months. There are still many things they can do inside to get the exercise they need. There are many fun exercise DVDs that will provide movement such as dance, running, boxing or whatever they may be interested in. Researching what is available may spark an interest they didn't realize they would enjoy. This may start a lasting interest in a sport that they will continue through school and into adulthood. Running track, biking, swimming, tennis, basketball, baseball or any sport is getting people moving and promoting better health.

I am so passionate about helping people maintain good health or helping them get back to the best health possible and to me it is so important to start with our kids. We are all well aware of the obesity problem in our world today but if we can start early with teaching our children about healthy food and the importance of exercise they will not have to struggle with their weight as they grow up. I am not saying anything that we have not heard before or that we don't know. I am also not saying that this is easy.

We have an abundance of junk food at our disposal most of the time. Sugary foods are very tasty and easy to grab on the run. Once kids get their sugar taste buds activated those cravings take over. Kids don't think about their future health and they shouldn't worry about it but with today's busy lifestyles and food choices that are being made they do need to be educated about the possible circumstances that may develop as they get older. Children are very aware of the world around them and they can see how an uncle, aunt, grandparent or maybe even you, their parent is affected by a health problem caused by weight or inactivity.

leased by the medical examiner or

county coroner the funeral director

may transfer your loved one to the fu-

I stated earlier that I am not stating anything new and I don't want anyone to scare their child or cause fear that could develop into problems in future years for your child but they do need to be taught about the importance of healthy eating and good exercise habits from a young age. Going back to my beginning statements, turn exercise into fun games and activities your children will enjoy. Get out there with them and you will benefit from the exercise as well as the family time. Social media is fine but it doesn't compare to family and friends spending time together doing something that reminds us just how much our family really means to us.

Do some research and present the ideas you find to your family and friends or ask your family and friends for their input which will make them that much more interested in participating. Call me at 717-334-6009 with any questions or for ideas to make exercise fun and interesting. Remember, Keep Moving!!!

iner or county coroner the funeral home will be unable to transfer your loved one to the funeral home until after their investigation is complete.

For more information, call 301-723-7180 or visit www.blacksmortuaryservices.com

nen the time comes Once the case is cleared and re-

Colt Black Black's Mortuary

eath brings on a multitude of emotions that effect each survivor differently. Hosts of tasks to be performed and a plethora of decisions that must be made; some of which survivors have little time to make. However one of the most obvious yet little asked questions that everyone should know the answer to is, what should I do when my loved one dies? Who do I call? What information must I provide?

The answers are not as cut and dry as you may think. It is important to know the answers so that there is no misunderstandings when making plans for funeral arrangements.

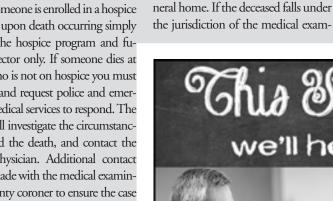
Deaths occurring in a long term care facility such as a nursing home are fairly simple to deal with on your part. The long term care facility will contact you and you in turn will contact the funeral director of your choice to respond to the facility to transfer your loved one to the funeral home.

In cases of death occurring in a hospital, there are a few more steps involved. In all hospital deaths due to federal law, the regional organ procurement organization (OPO) is contacted with the name of the deceased and next of kin. No matter how many physicians, nurses or other hospital staff you tell regarding your choice to donate organs or not, the organ procurement organization must speak with you regardless, before your loved one can be released to the funeral director. Additionally you may have to both verbally and in writing indicate to the hospital your choice in funeral provider before the funeral director can take custody of

GILLAND

your loved one from the hospital.

A death occurring in a residence brings added problems depending on whether or not someone was on hospice. If someone is enrolled in a hospice program upon death occurring simply contact the hospice program and funeral director only. If someone dies at home who is not on hospice you must call 911 and request police and emergency medical services to respond. The police will investigate the circumstances around the death, and contact the family physician. Additional contact will be made with the medical examiner or county coroner to ensure the case







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ASTRONOMY The night sky of June

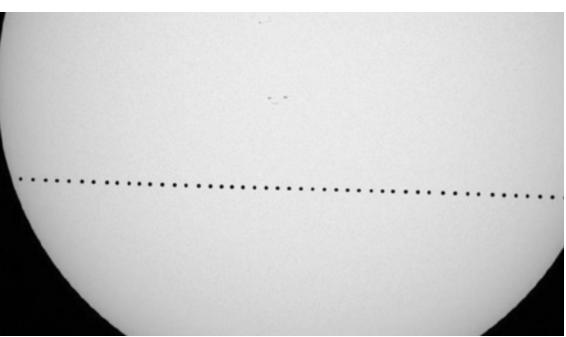
Professor Wayne Wooten

For June 2016, the Moon will be new on June 5th. It will be waxing in the evening sky for the next two weeks; the first quarter moon will be passing 1.5 degrees south of Jupiter on June 11th. The waxing gibbous moon will be seven degrees north of Mars on June 17th, and the Full Moon, the Honey Moon, will three degrees north of Saturn on June 19th. Locally, summer solstice occurs at 5:34 PM CDT on June 20th. The moon is last quarter on June 27th, rising at midnight.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spotting specific deep sky objects. For a detailed map of northern hemisphere skies, about May 31st visit the www.skymaps.com

Website. There is also a video exploring the June 2016 sky from the Hubble Space Telescope website at: http://hubblesite.org.

As June starts, Mercury is briefly visible in the dawn sky, rising 25 degrees west of the Sun on June 5th. On May 9th, Mercury passed between us and the Sun, something it will not do again until 2019. Venus presently lies near superior conjunction, on the far side of the Sun and lost in its glare. But the other three planets are all now well placed



On May 9, Mercury passed directly between the sun and Earth. The event – which happens about 13 times a century – is called a transit. NASA's Solar Dynamics Observatory, or SDO, studies the sun 24/7 and captured the entire seven-and-a-half-hour event. This composite image of Mercury's journey across the sun was created by the SDO.

for viewing in the evening sky this month!

Mars was at opposition on May 21st, but will still be bright and close to us for most of June. It is the bright red object west of the claws of Scorpius in the southeastern sky at sunset. Use high power with your scope to spot the polar caps and surface detail and clouds when the planet is highest in the southern sky near midnight. This is the best time to enjoy Mars in several years. It is 18" across at opposition, and still 16" across at the end of June.

Jupiter is still well placed for ob-

servation in the hind feet of Leo, about half way between Regulus and Spica. It is the brightest planet out now, and any small scope will also spot its four Galilean moons. The Great Red Spot is unusually red now, and should also be spotted among its clouds at 100X with even small scopes.

But in the SE, Saturn, just north of Antares, the heart of Scorpius, is a great show all night. It comes to opposition, rising in the SE at sunset, on June 3rd. Saturn's rings are now open about 26 degrees; they will continue opening up wider until 2017, when they are tilted 27 degrees toward us and the Sun. You may also see some belts and zones on the planet's disk. The largest, Titan, will be seen in any small telescope, but others will need larger scopes to spot.

The winter constellations are be-

Farmers' Almanac

ing swallowed up in the Sun's glare, but you might spot Sirius low in the SW as June begins. Sirius vanishes into the Sun's glare by mid-June, and this sets the period as "Dog Days", when Sirius lies lost in the Sun's glare. In reality, Sirius is about 20x more luminous than our star, but also lies eight light years distant, while our star is eight light minutes away from us.

The brightest star in the NW is Capella, distinctively yellow in color. It is a giant star, almost exactly the same temperature as our Sun, but about 100X more luminous. Just south of it are the stellar twins, the Gemini, with Castor closer to Capella, and Pollux closer to the Little Dog Star, Procyon. By the end of June, all the winter stars, like Sirius, are vanished behind the Sun.

Overhead, the Big Dipper rides high. Good scouts know to take its

leading pointers north to Polaris, the famed Pole Star. For us, it sits 35 degrees high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

If you drop south from the bowl of the Big Dipper, Leo the Lion rides high. Note the Egyptian Sphinx is based on the shape of this Lion in the sky. Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring.

Spike south to Spica, the hot blue star in Virgo (with Mars now to its lower left), then curve to Corvus the Crow, a four-sided grouping. It is above Corvus, in the arms of Virgo, where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us.

To the east, Hercules is rising, with the nice globular cluster M-13 marked on your sky map and visible in binocs. This rich cluster is one of the top telescopic sights in goodsized scopes.

The brightest star of the northern hemisphere, Vega rises in the NE as twilight deepens. Twice as hot as our Sun, it appears blue-white, like most bright stars. Its constellation, tiny Lyra, looks like a parallogram just south of Vega, but was the harp of Orpheus in Greek legends

In the southeast, Antares rises about the same time as Vega does, in the brightest of all constellations, Scorpius. Antares appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Very bright red Mars lies west of the Scorpion's claws in June, while Saturn lies north of Antares, and is about as bright as Antares, but more yellow in color.

plants, such as juniper, privet and yew. This will help promote new growth and also maintain a desirable shape during the growing season. Cut back perennials like Shasta daisy, black-eyed Susan, coneflower, and lavender after first bloom to encourage a second round of flowers in the Fall.



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Dedicated to providing your propane and Heating Oil needs! 11931 Buchanan Trail East, Waynesboro, PA 17268 Phone: 717-762-5711 | 1-800-463-5711 14, 15) with more storms, cooler (16, 17, 18, 19, 20); fair and warm (21, 22, 23) with periods of storms (24, 25, 26, 27, 28); very warm, humid (29, 30).

Mid-Atlantic Weather Watch:

Fair, warm (1, 2, 3) with storms

and very warm (4, 5, 6); fair (7, 8,

9) with heavy rain (10, 11). Fair

and windy, very warm (12, 13,

Full Moon: June's Full Moon will occur on Monday, June 20th (which also happens to be the Summer Solstice!). It has often been called Strawberry Moon because the first strawberries of the season become ripe for the picking (and eating!) in June. It has also been known as Rose Moon. Roses start to show their gorgeous blooms at the beginning of the month!

Holidays: Celebrate Flag Day on Tuesday, June 14th by proudly flying 'Old Glory'. Visit www. ushistory.org/betsy before you do his favorite sporting event, or just spending some quality time with him will show him he is appreciated for all that he did to help you to become who you are.

to make sure you are displaying

it properly. Father's Day falls on

Sunday, June 21st so plan a spe-

cial day for dear old dad. A nice dinner out, tickets to a movie or

The Garden: It's not too late to start warm-season crops such as corn, beans, tomatoes, squash, peppers, and eggplant. Plant or sow summer annuals such as nasturtiums, vinca, verbena, geraniums, phlox, marigolds, lobelia, impatiens, cosmos, sunflowers, zinnias, and alyssum. Feed annuals and remove spent flowers to promote another round of flowers. Feed roses after each bloom cycle, water regularly, and remove any spent flowers.

Additional pruning may be required in June of fast-growing Cut back fuchsia, geranium, and margarite to encourage branching.

Stake tall, floppy flowers: foxglove, yarrow, bachelor's buttons, carnations, and delphiniums. Watch for insects everywhere! When you see them (and you will!), immediately wash them or pick them off plants before they can lay eggs and multiply. Use fungicide where diseases usually are a problem, especially on roses. If you cut flowers for fresh in-door arrangements early in the morning, they will stay fresher and more vibrant much longer.

J. Gruber's Thought for Today's Living

"Congratulating yourself is not the best evidence of success"

COMPUTER Q&A

Upgrade to Windows 10?

Aysë Stenabaugh Jester's Computer Services

Many people are wondering if they should upgrade to Windows 10 and there really is no simple yes or no answer to this question. Instead read on to find out what you can do to determine if Windows 10 is right for you!

Is the Windows 10 upgrade free for me? If you're running Windows 7 or Windows 8 you are eligible for a free Upgrade to Windows 10 through the end of July 2016. In order to complete this upgrade your computer must have all Windows updates and Windows 8 users must have installed Windows 8.1 (this can be done from the Microsoft store).

The Windows 10 upgrade is free however if you don't feel comfortable installing it yourself we typically charge a flat rate of \$65* to upgrade your Windows 7 or Windows 8 compatible device to Windows 10. During the month of October we are offering the same service with a \$15 discount so you will only pay \$50!*

If I'm not eligible for the free upgrade should I consider Windows 10 anyway? Before purchasing Windows 10 for your older machine, we would strongly suggest that you consider a few things. Firstly, if you are running Windows Vista support ends April 17th 2017. It may be more cost effective to make that computer last until that time and then put money into a new machine unless you have already upgraded the machine in the past 2-3 years. If you are still running Windows XP support ended April 2014 and using your computer online with this system leaves you vulnerable to any security holes that are left unpatched. If you still want to consider upgrading to Windows 10 with your current XP or Vista machine you will want to ensure that your computer will have drivers available and will be compatible. To do this you will need to visit your computers manufacturers' website, locate the model of your computer, and confirm from their support page that Windows 10 is in fact supported. If you have changed any computer parts such as your motherboard you will need to check the parts manufacturer website to confirm that drivers are available for Windows 10. If you do decide to install Windows 10 on your XP or Vista machine you will NOT be able to upgrade you will need to perform a FRESH windows installation (which means your data will need transferred and your programs re-installed) What else should I consider before choosing to upgrade to Windows 10? Before upgrading, you will want to ask yourself if there is any software or hardware that you absolutely can't live without. Once you determine any software you need or hardware such as printers or scanners that you must have working then you should check to ensure they are compatible with Windows 10. Most software that ran on Windows 7 and up will run without issue on Windows 10 however, that

can't be said for all video games or hardware. Check with the software manufacturer if you are not sure or do a Google search online to find out if others had issues with Windows 10 and your program. If you have a printer, scanner etc. that you will need to use then visit the manufacturers support page, search for your product, locate downloads and drivers for your device and confirm that Windows 10 is listed as a supported operating system.

What if I don't like Windows 10 after I upgrade? If you upgrade to Windows 10 from 7 or 8 you will have 30 days to roll back your installation to the previous version of Windows. You must perform this action within 30 days or Windows will automatically delete your old Windows installation and you will be required to perform a fresh windows installation to get your old operating system back.

Windows 10 will be the LAST

version of Windows so if you really don't like it you will eventually need to learn to live with it. We offer oneon-one technology classes starting at just \$25 for a one hour session and we can even provide an introductory course on Windows 10 on one of our computers if you want to take a test drive before you consider it for your personal PC!

For fast computer services from people you can trust contact Jester's Computer Services located at 5135 Fairfield Road Fairfield, 1732. Call us at 717-642-6611 or visit us at www. jesterscomputers.com

*Flat rate fee does not include any additional services that may be necessary to perform the upgrade including but not limited to viruses or malware that are installed preventing upgrade. We will inform you of any additional services required to perform the upgrade at the time your computer is evaluated.









UPCOMING EVENTS

June 2

Frederick County Health Department free rabies vaccination clinics for dogs, cats and ferrets at Thurmont's community park

June 4

St. John's Creagerstown Benefit Dinner. Fried Chicken and Country Ham, Mashed Potatoes, Gravy, Green Beans, Candied Carrots Garden Lettuce, Rhubarb Sauce, Apple Sauce, Rolls, Cake Served Family Style. There will be Baked Goods and a Fancy Table. St. John's Lutheran Church Parish House, 8619 Black's Mill Road, Creagerstown.

June 5 & 19

St. Anthony Shrine Yard Sale and Flea Market. Location at the corner

of U.S. 15 and St. Anthony Road, Emmitsburg. For more information please call 240-529-2737.

June 9, 10 & 11

GOOD OLD DAYS

Gettysburg National Military Park Gettysburg Brass Band Festival. Enjoy the U.S. Army Herald Trumpets, superb brass bands from four states, jazz, an instrument "petting zoo," and community pig roast picnic. Community Band Night featuring the Adams County Community Band and the Gettysburg Big Band performing on the Main Stage, sponsored by Gettysburg Tours, at the Lutheran Seminary. A performance by the Buzz Jones Jazz Quartet with jazz trumpeter, George Rabbai and trombonist, Jim McFalls, and the exceptional Wildcat Regiment Band, representing the 105th PA Regiment Band. This year's Brass Band Festival also includes musical performances by the United States Army Herald Trumpets, the President's Own Military Band, the Atlantic Brass band, the Chesapeake Brass Band, and many more groups. For more information visit www.gettysburgbrassbandfestival.com or call 717-338-4433.

June 10 & 11

Saint Anthony Shrine Yard and Bake Sale. Space will be available if you are interested in selling your own items. All of you baker, we will need your donations to make this day a success. Come and enjoy the day with us. For more information call 301-447-6431 or the parish office 301-447-2367.

June 11

MorningStar Family Church's third-annual Giveaway For those of you who are new to this event it's just like a yard sale except every item is absolutely free! For more information e-mail contact@morn-

Hollabaugh Cooking Classes

- June 9th 7-8:30 p.m. Nat'l Strawberry Rhubarb Pie Day, Adult Cooking Class - Cost: \$30, registration required
- June 11th 10 a.m. or 1 p.m. seating Ladies' Herbal Tea (for ages 13 and up) - Cost: \$30 or 2 for \$50
- June 15th 2 sessions: 9 or 10:30 a.m. Read, Learn, Grow Summer Reading Program (for children ages 3-8) - Cost: \$6.00, no registration required - Runs weekly on Wednesdays through August 3rd
- June 18th 10 a.m. -4 p.m. Father's Day "Make and Take" Gift Basket Event - Cost \$10.00, no registration required
- June 21st 6-7:30 p.m. Kids' Summer Cooking Series -Snack Attack! (for kids ages 9-13) - Cost: \$30.00 per session, registration required. Series Schedule: June 21st: How 'bout them Apples? (Apple Snacks) / July 5th: Make it with a grain of salt (Salty Snacks) / July 19th: I've got a sweet tooth! (Sweet Snacks) / August 2nd: Pop Goes the Popcorn (Movie Night Snacks) / August 16th: What Homework?! (After School Snacks).

Hollabaugh Bros. is located at 545 Carlisle Rd, Biglerville, Pa. Just a 9 mile drive north of Gettysburg! For more information visit www.hollabaughbros.com or call 717-677-8412

June 13 – 18

The world famous Taneytown Volunteer Fire Company Carnival - see ad on page 40

Market & Craft Show - Antiques Dealers, Food, Crafts, Entertainment, over 160 Antiques Dealers plus permanent shops. On Cen-

tion, Pennsylvania is celebrating



UPCOMING EVENTS

Choose When

You Want To Play!

THURSDAY NIGHTS

Great Food! Huge Jackpot! Doors Open @ 5:30 PM

Bingo Starts @ 6:45 PM

of Adams County apple country. Coined "Cider Town" because of its growing cider industry, historic Gettysburg, Pennsylvania welcomes cider makers and enthusiasts to the PA Cider Festival. The festival will welcome cider makers from all over the state to showcase their ciders, provide samples and to sell product to ticket holders. Activities will include special seminars from cider experts focusing on apple pressing, cider apples, cider pairing and tasting tips. With live music and orchard tours, Adams County orchards will offer a picturesque backdrop to taste the finest PA-produced ciders. Taking place rain or shine (no refunds), the festival will also feature foods for purchase from local food trucks and vendors. For more information visit www.paciderfest.com.

Annual monthly meeting of Mack-

enzie's Light, a bereavement and

drug awareness support group for

anyone impacted by family drug

abuse or loss of a loved. Thurmont

Regional Library. For more infor-

mation, call Becky at 301-524-

The most excellent Harney Volun-



TWILIGHT BINGO Fairfie 1st Friday Of Every Month! Food! 3 Jackpots! Larger Payouts! Fire & EMS Doors open @ 5:30 PM Follow Rt. 116 To Fairfield Turn Onto J. Harry Kane Blvd Bingo starts @ 8 PM **CMATC Annual** Central Maryland Antique & Collectibles TractorC Friday, June 10 Auction begins at 5:30 PM In conjunction with The Central Maryland Antique Tractor Club ANNUAL GAS ENGINE, TRACTOR & TRUCK SHOW Located at: Gladhill Tractor Mart

CONSIGNMENTS WANTED!

Tractors, trucks, equipment, farm related items and collectibles will be accepted.

Call now to consign for maximum advertising. Consignments will be accepted on site

Thursday, June 9 - 9am - 7pm Friday, June 10 - 8am - 12pm

Auction Contact: John Roop at 240-674-6815 Auction Terms: Cash, good check or credit card. 6% Maryland sales tax, 3% credit card fee.

All items are sold as is where as CMATC is not responsible for accidents. No Item will be removed before payment. No guarantees, warranties or implications of any kind. Announcements auction day take precedence over any printed, verbal or internet announcements.



For Tractor Show Information Contact: Jeremiah Herbst 443-286-7843 or email cmatc@comcast.net www.auctionzip.com ID #25558



teer Fire Company Carnival - see ad on page 25

For more information on these and other events in our area visit the Upcoming Events section of Emmitsburg.net.

June 29

June 27

8064.

June 27 to July 2

Adams County Master Gardener's Garden Chats - Stop by the Trial Gardens at the Agricultural and Natural Resource Building at 670 Old Harrisburg Road, Gettysburg and tour the gardens! Meet a Master Gardener and learn about the demonstrations and research projects that Penn State Master Gardeners are working on and go home with new ideas to implement in your garden.

St. John's Creagerstown

To Benefit: Bob & Shirley Long and The Family of Don Wolfe

Fried Chicken & Country Ham, Mashed Potatoes, Gravy, Green Beans,

Candied Carrots, Garden Lettuce, Rhubarb Sauce, Apple Sauce, Rolls, Cake.

BENEFIT DINNER

Saturday, June 4, 2016

12:00 - 5:00 pm

St. John's Lutheran Church Parish Hall

8619 Black's Mill Rd., Creagerstown, MD

Mount st. mary's university



Mount St. Mary's Debuts International Security and Intelligence Summer Program

Mount St. Mary's University has partnered with the Cambridge Security Initiative (CSi) to bring an international security and intelligence program previously offered only at the University of Cambridge in England, to the United States for the first time.

International Security and Intelligence (ISI): Twenty-First Century Perspectives on Intelligence and Contemporary Threats will be held at the Mount from July 18–August 5.

The ISI program aims to provide a unique link between the worlds of business, government and academia. With unmatched expertise in security and intelligence issues, CSi integrates long-term historical trends and the experience of security professionals to deliver farsighted analysis of current and future threats.

Participants include Sir Richard Dearlove KCMG, OBE, former Chief of the British Secret Intelligence Service (MI6) and former Master of Pembroke College Cambridge, and Professor Michael Goodman, professor of 'Intelligence and International Affairs' in the Department of War Studies, King's College London and visiting professor at the Norwegian Defense Intelligence School. The program will include a day at the Federal Bureau of Investigation headquarters in Washington D.C., and side trips to Baltimore, Gettysburg, and Frederick.

"This is a one-of-a-kind learning experience and we are honored to work together with this group of high caliber, intelligence experts," said Mount St. Mary's University Acting President Karl Einolf. "We are thrilled to be the first to host CSi and its program in the U.S."

The ISI Program is designed for college undergraduates seeking a degree in security and intelligence, computer science, foreign policy and/or criminal justice, but is open to graduate students and professionals in related fields. Applications are open through June 10.

For more information visit: www.isi.msmary.edu.

Elizabeth DiNunzio MEMORIAL 5K FUN RUN/WALK REUNION WEEKEND • JUNE 4, 2016

100.4

During the Summer there is plenty to do at the Mount!



National Shrine Grotto of Our Lady of Lourdes Summer Hours: 9 a.m.-4:30 p.m. (Gates close at 5 p.m.)



PNC Sports Complex Summer Hours: Monday–Friday, 6 a.m.–8 p.m. Saturday, 8 a.m.–5 p.m. Closed Sundays

PLEASE NOTE: Mount St. Mary's will host high school graduations on June 1, 2, 3, 6, and 8. The ARCC will remain open – however parking will be at a premium.

> For more information, pool hours and fitness class schedules, visit www.msmary.edu/recreation



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Register today!

Race Time: 8:30 a.m.

Race Day Registration: 7-7:30 a.m.

Race Day Check-In: 7:30-8:15 a.m.

Start and finish: Trailhead Plaza (near Tennis Courts), PNC Sports Complex Registration Fee: \$25 Individual, \$10 Children 17 & Under (All Proceeds Benefit the Elizabeth DiNunzio Memorial Trail)

Register at www.msmary.edu/race. Online registration closes June 2.

YOUTH SWIM LESSONS

Session I Wednesday evenings, June 8–July 27 *Register by June 3!

Session II Mornings Monday–Thursday June 27–30 and Tuesday–Friday July 5–8 *Register by June 10 to get the Early Bird price!

Session III Mornings Monday–Thursday, July 11–21 *Register by June 30 to get the Early Bird price!

Session IV Mornings Monday–Thursday, July 25–August 4 *Register by July 14 to get the Early Bird price!

> For more information, visit www.msmary.edu/aquatics